

## Walk & Bike to School Day @ A2 STEAM Wednesday, May 8th



(Rain date Thursday, May 9)

It's that time of year again! Pull out your bike, dust off your helmet, choose your favorite walking shoes! Students at A2 STEAM will join as thousands of schools across America celebrate the benefits of Active Transport to School on International Bike and Walk to School Day.

Consider planning a group walk or bike with other families in your neighborhood. AAPS buses will drop students off at Bethel AME church parking lot to walk together to school! Free healthy snacks will be provided at school, by the rear entrance, for all participants between 8:00 - 8:20 AM!

**Volunteers needed!** We need volunteers to join the fun and hand out snacks and stickers! We need adult volunteers to help at key crosswalks and help setting up bike racks after school on May 7th. Sign up for a short shift here: <a href="https://www.signupgenius.com/go/60b0a4cacac22a3fe3-bike1">https://www.signupgenius.com/go/60b0a4cacac22a3fe3-bike1</a>

## Walk and Bike Safety Tips

- Parents/guardians are responsible for children's safety traveling between home and school, so please accompany your young walkers and bikers to school.
- Bikers should wear a helmet and a bike lock is strongly recommended. A2 STEAM is not responsible for unsecured bikes. Please do not leave bikes at school overnight.
- Let your bus driver know if your child won't be riding.
- The National Center for Safe Routes to School provides helpful information, including safe route planning, at walkbiketoschool.org/
- Riding with kids slows you down, and that's not a bad thing! Biking with kids is fun and here are tips about to make the most of it: <a href="http://pfb.peopleforbikes.org/take-a-brake/coasting-with-kids/">http://pfb.peopleforbikes.org/take-a-brake/coasting-with-kids/</a>
- PARENT REMINDER Please be a good example and use crosswalks, sidewalks, and wear a helmet too!

**Bike Trains:** A2 STEAM has two organized bike trains this spring! Each train will have adult volunteers and parents/guardians are encouraged to join! Contact the bike conductor to let them know you plan to join. Contact us if you live in Northwood and want to join others.

- 1 Carrot Way Commuter BIKE TRAIN From Carrot Way down Pontiac Trail.
  - Bike conductors Mr. Willard & Elissa Trumbull, elissatrumbull@gmail.com, 734-395-8418
  - Starting location 1 Carrot Way @ 7:25 AM (Carrot Way and Dhu Varren)
  - First stop Pontiac Trail and Knightsbridge @ 7:40 AM
  - Second stop AATA inbound bus stop near Pontiac Trail and Arrowwood @ 7:50 AM
  - Link to Google Map Route: https://drive.google.com/open?id=1Bu0WzEk3KFiF853abHRLvbyUQWrTwuM8&usp=sharing
- 2 Vets Water Zephyr BIKE TRAIN from Vets Park Parking Lot on Jackson Road
  - Bike conductor John Beeson, emailme0617@yahoo.com, 734-945-0442
  - Starting location Vets Park, 2310 Jackson Rd.
  - Meet at starting point: 7:25 AM
  - Ride start time 7:30 AM; Return from school by 4pm
  - Link to Google Map Route: <a href="https://tinyurl.com/VetsWaterZephyr">https://tinyurl.com/VetsWaterZephyr</a>

**Questions?** John Beeson, WBTS Day Coordinator <a href="mailto:emailme0617@yahoo.com">emailme0617@yahoo.com</a>, c: 734/945.0442 or A2 STEAM Safe Routes to School Committee, <a href="mailto:srtsa2steam@gmail.com">srtsa2steam@gmail.com</a>.



Foster CONFIDENCE! Encourage INDEPENDENCE! Empower kids to be GUARDIANS of their HEALTH!