



## Adult Tennis - Summer 2024 Classes & Clinics

**Updated 06/27/2024 Some classes relocated to Pioneer High School, 601 W. Stadium Blvd.**

Rec & Ed Tennis offers a rewarding Adult recreational pathway that allows players to develop skills in a fun and social environment. For all classes, no running shoes please. If a player does not have a racquet, instructors will have loaners at class. All classes are held outdoors. No indoor backup. Rec & Ed Tennis follows the USTA Code of Conduct. Scholarship copays vary from \$5 to \$50 depending on class fee. To learn more about NTRP ratings and our program, visit our homepage: [a2schools.org/recedtennis](http://a2schools.org/recedtennis)

**Learn To Play / Return to Play** Tennis 101 and Tennis 201 are specifically designed for adult beginners, or adults returning to the game after a prolonged hiatus. Classes offer fun, progressive drills & games, singles & doubles play, and introduce basic rules & etiquette.

**TENNIS 101 Beginner NTRP 2.0 (Previously Start/Restart)** Tennis 101 is for new players or those returning to the game after a lengthy break. Players learn fundamentals -- groundstrokes, volleys and serving, as well as general rules of play -- in a fun group environment. Even if you've never picked up a racquet, Tennis 101 will get you playing right away, and get you started on your tennis journey.

**TENNIS 201 Beginner/Adv Beginner NTRP 2.0-2.5** Tennis 201 is for 'graduates' of Tennis 101 or advanced beginner level players returning to tennis. Refine your strokes, gain consistency, and generate more spin, depth and power from the baseline. *This is the "bridge" between beginners and our 2.5-3.0 level clinics and leagues.*

**TENNIS 301 Advanced (Coed, NTRP 3.0)** Ideal for the advanced players wanting more point play at a faster pace, Focuses more on drill and play while hitting a lot of balls on the move with some instruction, and introducing specialty shots. This class is for people who want to improve and be challenged along with having matchplay opportunities. **NOT A BEGINNER CLASS, REQUIREMENT is 201 or INSTRUCTOR APPROVAL.**

Class ID	Class	Days	Time	Dates	# Classes	Location	Fee	Instructor
<a href="#">3610.461</a>	Tennis 101	Sat	11:00AM-12:30PM	6/15-7/20 NO CLASS 7/6	5	<i>Pioneer</i>	\$150	Staff
<a href="#">3610.462</a>	Tennis 101	Sat	11:00AM-12:30PM	7/27-8/24	5	<i>Scarlett</i>	\$150	Staff
<a href="#">3610.411</a>	Tennis 201	<b>TUES</b>	6:00PM - 7:00PM	6/11-8/6 NO CLASS 7/2	8	<i>Pioneer</i>	\$160	Renee Hand
<a href="#">3610.431</a>	Tennis 201	Wed	9:00AM-10:30AM	8/14-9/11	5	Skyline	\$150	Fode Camera
<a href="#">3610.412</a>	Tennis 301	<b>TUES</b>	7:00PM - 8:00PM	6/11-8/6 NO CLASS 7/2	8	<i>Pioneer</i>	\$160	Renee Hand

**Cardio Drill & Play NTRP 2.5-3.0** (Advanced Beginner/Intern) and NTRP 3.5-4.0 (Intermediate/Advanced)

Develop your strokes and competitive skills in this 50/50 combination of intensive cardio drilling along with plenty of live ball games and match play.

Class ID	Class	Days	Time	Dates	# of Classes	Location	Fee	Instructor
<a href="#">3604.421</a>	Cardio Drill & Play Coed NTRP 3.5-4.0	Tues	9:00AM-10:30AM	8/13-9/10	5	VTC	\$200	Fode Camara
<a href="#">3604.441</a>	Cardio Drill & Play Coed NTRP 2.5-3.0	Thurs	9:00AM-10:30AM	8/15-9/12	5	VTC	\$200	Fode Camara
<a href="#">3604.431</a>	Cardio Drill & Play NTRP 2.5-3.0	Wed	5:00PM - 6:30PM	8/14-9/11	5	VTC	\$200	Fode Camara
<a href="#">3604.432</a>	Cardio Drill & Play NTRP 3.5 - 4.0	Wed	6:30PM - 8:00PM	8/14-9/11	5	VTC	\$200	Fode Camara

**Men's Clinics**

Continue developing your game through instructional drilling, coaching, live ball feeding games and doubles match play. Great for league players! *Instructor's permission required.*

Class ID	Class	Day	Time	Dates	#Classes	Location	Fee	Instructor
<a href="#">3602.441</a>	Men's Clinic NTRP 3.5-4.0	Thurs	1030AM-12:00PM	8/15-9/12	5	VTC	\$200	Fode Camara

**Women's Clinics**

Continue developing your game through instructional drilling, coaching, live ball feeding games and doubles match play. Great for league players! *Instructor's permission required.*

Class ID	Class	Day	Time	Dates	#Classes	Location	Fee	Instructor
<a href="#">3602.411</a>	Women's Clinic NTRP 3.0	Mon	9:00AM-10:30AM	8/12-9/16 NO CLASS 9/2	5	VTC	\$200	Fode Camara
<a href="#">3602.412</a>	Women's Clinic NTRP 2.5	Mon	10:30AM-12:00PM	8/12-9/16 NO CLASS 9/2	5	VTC	\$200	Fode Camara
<a href="#">3602.451</a>	Women's Clinic NTRP 3.0	Fri	9:00AM-10:30AM	8/16-9/13	5	VTC	\$200	Fode Camara
<a href="#">3602.452</a>	Women's Clinic NTRP 4.0	Fri	10:30AM-12:00PM	8/16-9/13	5	VTC	\$200	Fode Camara

**Rec & Ed Summer 2024 Registration begins Tuesday, May 21st, 2024 at 10am**  
**For more information, visit our website: [www.a2schools.org/recedtennis](http://www.a2schools.org/recedtennis) or contact [adulttennis@a2school.org](mailto:adulttennis@a2school.org)**