



# Adult Tennis - Spring 2021 Schedule

Rec & Ed Tennis offers a rewarding Adult Recreational Pathway that allows players to develop skills in a fun and social environment. For all classes, no running shoes please. If players do not have a racquet, instructors will have loaners at class. All classes are held outdoors on AAPS courts. No indoor backup. Rec & Ed Tennis follows the USTA Code of Conduct. Scholarship participants have \$5 co-pay. To learn more about NTRP ratings and our program, visit our homepage: [a2schools.org/recedtennis](http://a2schools.org/recedtennis)

## Learn To Play Tennis

Tennis 101 is specifically designed for adult beginners, or adults returning to the game after a prolonged hiatus. Classes will offer fun progressions, drills, and games with the goal of playing full court tennis, learning basic rules, etiquette, and positioning for singles and doubles play. In addition to Tennis 101, players can sign up for Beginner Social League (offered below) to get more match play experience.

### TENNIS 101 Beginner NTRP 2.0 (Previously Start/Restart)

Tennis 101 is designed to teach basic skills quickly in a fun group environment. Focusing on the fundamentals of the game – forehand, backhand, serving, and basic strategy – this class will help players build a solid foundation to launch their game.

Class ID	Day	Time	Dates	# Classes	Location	Fee
<a href="#">3610.721</a>	Tues	10:00AM-11:30AM	4/13-5/11	5	Forsythe	\$115
<a href="#">3610.741</a>	Thurs	6:30PM-8:30PM	4/15-5/13	5	Tappan	\$115
<a href="#">3610.761</a>	Sat	10:00AM-11:30AM	4/17-5/15	5	Tappan	\$115

## Social & USTA Leagues

### Social Leagues

Meet new players, build match play skills in a fun, low key, social setting while using a variety of match play formats. Beginner Social League for “graduates” or current Start/Restart or Tennis 101 players. Social League for experienced players (NTRP 3.0-4.5). Outdoors. No rain make-ups, registration fee will be refunded if canceled.

### Beginner Social League NTRP 2.0 - 2.5 (Beg./Adv Beginner)

<a href="#">ID# 3622.772</a>	Sun	1:00PM - 2:30PM	4/25	Pioneer	\$13
<a href="#">ID# 3622.773</a>	Sun	1:00PM - 2:30PM	5/2	Pioneer	\$13
<a href="#">ID# 3622.774</a>	Sun	1:00PM - 2:30PM	5/9	Pioneer	\$13
<a href="#">ID# 3622.775</a>	Sun	1:00PM - 2:30PM	5/16	Pioneer	\$13
<a href="#">ID# 3622.776</a>	Sun	1:00PM - 2:30PM	5/23	Pioneer	\$13

### Social League NTRP 3.0 - 4.5 (Intermediate/Advanced)

<a href="#">ID# 3622.781</a>	Sun	2:30PM - 4:00PM	4/18	Pioneer	\$13
<a href="#">ID# 3622.782</a>	Sun	2:30PM - 4:00PM	4/25	Pioneer	\$13
<a href="#">ID# 3622.783</a>	Sun	2:30PM - 4:00PM	5/2	Pioneer	\$13
<a href="#">ID# 3622.784</a>	Sun	2:30PM - 4:00PM	5/9	Pioneer	\$13
<a href="#">ID# 3622.785</a>	Sun	2:30PM - 4:00PM	5/16	Pioneer	\$13
<a href="#">ID# 3622.786</a>	Sun	2:30PM - 4:00PM	5/23	Pioneer	\$13

### Summer USTA Leagues

Teams are forming **NOW**, and match play occurs May through July. We offer Men’s and Women’s teams NTRP levels 2.5-4.5 and mixed doubles teams 6.0-9.0. Captains, looking for a host facility (we use our local HS courts for home matches) or players looking for a team, email: [adulttennis@a2schools.org](mailto:adulttennis@a2schools.org)

## Clinics & Classes

Continue developing your game through instructional drilling, coaching, live ball feeding games and doubles match play. Great for league players! *Instructor's permission required.*

### Cardio Drill & Play

Develop your strokes and competitive skills in this combination of 45 minutes of intensive drilling and 45 minutes of fun point play, games, and match play. (Listed in table below)

### Cardio Tennis & Cardio Tennis Blast -- Not offered for Spring 2021

*Instructor: Vanda Shadigian & Certified Staff*

Class ID	Level	Day	Time	Dates	#Classes	Location	Fee
<a href="#">3602.722</a>	Coed NTRP 2.5-3.0	Tues	11:30AM-1:00PM	4/13-5/11	5	Forsythe	\$125
<a href="#">3602.731</a>	Women's Clinic NTRP 2.5-3.0	Wed	10:00AM-11:30AM	4/14-5/12	5	Forsythe	\$125
<a href="#">3602.761</a>	Coed NTRP 2.5-3.0	Sat	11:30AM-1:00PM	4/17-5/15	5	Tappan	\$125

*Instructor: Fode Camara*

Class ID	Level	Day	Time	Dates	#Classes	Location	Fee
<a href="#">3602.712</a>	Women's Clinic NTRP 3.0	Mon	10:00AM-11:30AM	4/12-5/10	5	Skyline	\$125
<a href="#">3602.713</a>	Women's Clinic NTRP 2.5	Mon	11:30AM-1:00PM	4/12-5/10	5	Skyline	\$125
<a href="#">3604.721</a>	Cardio Drill & Play Coed NTRP 3.5-4.0	Tues	10:00AM-11:30AM	4/13-5/11	5	Skyline	\$125
<a href="#">3604.731</a>	Cardio Drill & Play Coed NTRP 2.5-3.0	Wed	5:00PM-6:30PM	4/14-5/12	5	Forsythe	\$135
<a href="#">3604.732</a>	Cardio Drill & Play Coed NTRP 3.5-4.0	Wed	6:30PM-8:00PM	4/14-5/12	5	Forsythe	\$135
<a href="#">3604.741</a>	Cardio Drill & Play Coed NTRP 2.5-3.0	Thurs	10:00AM-11:30AM	4/15-5/13	5	Skyline	\$125
<a href="#">3602.742</a>	Men's Players Clinic NTRP 3.5-4.0	Thurs	11:30AM-1:00PM	4/15-5/13	5	Skyline	\$125
<a href="#">3602.751</a>	Women's Clinic NTRP 3.0	Fri	10:00AM-11:30AM	4/16-5/14	5	Skyline	\$125
<a href="#">3602.752</a>	Women's Clinic Coed NTRP 4.0	Fri	11:30AM-1:00PM	4/16-5/14	5	Skyline	\$125

**Rec & Ed Spring 2021 Registration begins March 22, 2021**

For more information, visit our website: [www.a2schools.org/recedtennis](http://www.a2schools.org/recedtennis) or contact [adulttennis@a2school.org](mailto:adulttennis@a2school.org)