## **Rec & Ed Sand Volleyball Covid 19 Protocol**

5/6/2021

Derived from CDC guidelines, MHSAA and USA Volleyball's "Return to play" guidelines, and other recreation agency resources.

- 1. All players, spectators, and staff must do daily symptom self-assessment. Anyone experiencing symptoms must stay home.
- 2. Mask use: Players must wear masks when gathering before and after the match, but <u>may remove masks when actively playing</u>. Spectators must social distance and are encouraged to wear masks.
- 3. Teams provide their own hand sanitizer to use before and after each set.
- 4. Site staff will sanitize the game ball before and after each set.
- 5. Captains sign in their own players before each match and complete the scoresheet before leaving the site. Site staff are encouraged to verbally verify results after each match to ensure accuracy.
- 6. Players coming for the next match may warm up on the grass as long as they remain 6' from all others. Players finishing play should move away from the court area promptly so that the next teams can get on the court. Teams must take all trash with them.
- 7. It is recommended that players limit bringing spectators. Children may not attend without a non-playing adult to supervise them. Spectators bring their own chairs, sit away from others not in their own household, and may not enter the court.
- 8. No team handshakes before / after sets (a 'friendly wave).
- 9. Side changes should still take place, but teams **maintain physical distance during side changes**
- 10. Rock / paper/ scissors done from 6' apart at the net. No high fives or team "huddles" step back to talk.
- 11. Port a john use is available "at your own risk".