Screen Yourself Before Coming to
Rec & Ed Tennis Practices/Classes/Match Play

**DO NOT ATTEND** tennis programming if you or a member of your household:

1. Are experiencing any of the following COVID-19 symptoms:
   - Fever of 100.4 or higher, or feeling very warm and flushed
   - Chills
   - Cough
   - Shortness of breath or difficulty breathing
   - Fatigue (very tired)
   - Muscle or body aches
   - Headache
   - New loss of taste or smell
   - Sore throat
   - Congestion or runny nose
   - Nausea or vomiting
   - Diarrhea

2. Have been advised within the last 14 days to quarantine or self-isolate due to symptoms of COVID-19 and/or while awaiting results of a COVID-19 test.

3. Have been in close contact with a person diagnosed with COVID-19 or under quarantine for possible COVID-19.

4. Are not feeling well for any reason.

5. **Are immunocompromised or have an underlying medical condition that puts you at higher risk.**

6. Have travelled domestically or internationally, including on a cruise ship, within the past two weeks.

★ By attending Rec & Ed Tennis programming, you are acknowledging that none of the above applies to you.

★ If you are experiencing COVID-19 symptoms, contact your healthcare provider.