



YOUTH TENNIS WINTER 2022 @ UM Varsity Tennis Center

Rec & Ed offers a USTA accredited youth tennis program for players starting at any age, providing a solid skill set to play this great sport for life. Our program follows the Youth Progression developmental pathway with Red, Orange, Green and Yellow ball progressions (www.netgeneration.com). All classes are held at UM Varsity Tennis Center, and are subject to change.

Participants must comply with mask and check-in policies.

Red (Ages: 4-7) Beginner -- 36' court, Red Ball, Racquet size 19", 21", 23" Kids get excited to learn their tennis ABC's (agility, balance, coordination skills), ball tracking, receiving, hitting, and playing fun games! Age-appropriate racquets and balls provided.

Class ID	Class	Days	Time	Dates	# Classes	Fee
3603.275	Red (Ages 4-5)	Sun	11:00AM - 11:45AM	1/30-3/6 No class 2/20	5	\$85
3603.276	Red (Ages 6-7)	Sun	11:00AM - 11:45AM	1/30-3/6 No class 2/20	5	\$85

Orange (Ages: 8-10) 60' court, Orange Ball, Racquet size 23" or 25" Level 1: Beginner; Level 2: AdvBeg/Intermediate (Instructor Recommendation) Orange balls fly faster and kids move faster, cover more distance, and use a wider selection of shots. Players love the Orange court! Players repeat Level 1 until the Instructor recommends Level 2. Age-appropriate racquets available.

Class ID	Class	Days	Time	Dates	# Classes	Fee
3601.275	Orange Level 1 + Level 2	Sun	11:45AM - 12:45PM	1/30-3/6 No class 2/20	5	\$99

Fast Track Tennis Level 1 (Ages 11-16) Beginner Various Court Sizes/Balls, Racquet size 25" - 27"

It's not too late to start playing tennis! Instructors "fast track" learning essential tennis skills in a fun, yet relaxed environment. Players repeat Fast Track 1 until they are comfortable playing full court with green "dot" ball and coach recommends FTT2. Extra racquets available for use during class.

Class ID	Class	Days	Time	Dates	# Classes	Fee
3607.275	Fast Track 1 (Beginner)	Sun	12:45PM - 2:00PM	1/30-3/6 No class 2/20	5	\$119

Fast Track Tennis Level 2 (Ages 11-16), Advanced Beginner/Interm (previously Green) - Green Ball, 78' (Full) Court, Racquet size 26"- 27"

Prerequisite: Fast Track Tennis 1 or equivalent skill. Players have defined groundstrokes, can rally and serve full court. No beginners, please. Precursor to Junior Team Tennis. Goals include refining strokes, improving consistency, and working on fundamentals of singles and doubles match play.

Class ID	Class	Days	Time	Dates	# Classes	Fee
3607.255	Fast Track 2 (Adv Beginner/Interm)	Fri	6:00PM - 7:30PM	1/28-3/18 No class 2/11, 2/25	6	\$169

JUNIOR TEAM TENNIS (Ages 11-16) Intermediate/Advanced, Yellow Ball, Full (78') court

Prerequisite: FTT2/Green, JV high school tennis experience, or equivalent.

Goals include improving consistency, stroke technique and strategy. Practices include instruction and coaching, drilling, live ball feeding games, and singles and doubles match play. Players are encouraged to develop both skills and sportsmanship while having fun in a team setting. *Instructor permission required.*

Class ID	Class	Days	Time	Dates	# Classes	Fee
3608.255	Jr. Team Tennis (Interm/Adv)	Fri	7:30PM - 9:00PM	1/28-3/18 No class 2/11, 2/25	6	\$169

**Players must adhere to current AAPS and University of Michigan policies and procedures at time of program regarding social distancing measures and mask requirements.

Registered participants will be notified by email with policy and procedure updates.

For weather or facility related cancellations, view the [Tennis Calendar](#) and check your email.**

University of Michigan Varsity Tennis Center is located at 2250 S. State Street, Ann Arbor.

Rec & Ed Winter Indoor 2022 Registration begins December 13, 2021

For more information, visit: www.a2schools.org/recedtennis or contact youthtennis@a2school.org