



WHAT IF I CAN'T AFFORD THERAPY?

FREE + LOW-COST COUNSELING SERVICES IN WASHTENAW COUNTY

Some of the providers on this list may not be taking new patients right away and only have a wait list available. If you want to get services there and you don't need immediate care, ask to be put on the wait list.

Keep calling around to find an appointment sooner if you need it. **Don't give up!** You may need to call several places before you find something that works for you.

WE RECOMMEND...

Asking for a provider who is LGBTQ+ affirming and/or has been trained on LGBTQ+ issues.

Changing providers if the person you get is not a good fit.

FREE COUNSELING SERVICES

Ozone House - Ann Arbor + Ypsi

Call (734) 622-2222 for more information and to schedule.

Corner Health Center - Ypsi

Call (734) 484-3600 for more information and to schedule.

Regional Alliance for Healthy Schools - Ann Arbor + Ypsi

Don't have to be a student! Can use services up to your 22nd birthday.

Call (734) 484-3600 for more information and to schedule.

Women's Center of SE Michigan - Ann Arbor

All Genders Welcome! Call (734) 973-6779 for more information and to schedule.

Community Mental Health - Ann Arbor + Ypsi

Call (734) 544-3050 for more information and to schedule.

LOW-COST + SLIDING SCALE SERVICES

Amplify Colectivo - Ann Arbor + Ypsi

Call (734) 585-6966 for more information and to schedule.

Eastern Michigan University Psychology Clinic - Ypsi

Don't have to be an EMU student! Call (734) 487-4987 for more information and to schedule non-urgent appointments only.

Open Path Psychotherapy Collective

Visit www.openpathcollective.org to find a therapist. They offer in-person and online sessions.

Jewish Family Services - Ann Arbor

Call (734) 436-4249 for more information and to schedule.

Integrative Empowerment - Ann Arbor

Call (734) 945-6210 for more information and to schedule.

ONLINE SERVICES

Pride Counseling - www.pridecounseling.com

Talkspace - www.talkspace.com/online-therapy/lgbtq/



Community Health
Access Initiative