Philosophy
Slauson Middle School physical education teachers strive to provide an activity based program while teaching lifelong fitness in a safe, fun, and dynamic environment.

Rules/Expectations
1. All rules and expectations in the Student Handbook apply in physical education.
2. Be prepared:
   - On time to class
   - Dressed in appropriate clothing/shoes (not the clothing worn to school, no sagging shorts/pants, shoe laces must be tied, proper shoes: running/court or cleats, no flip flops or sports sandals)
   - Athletic clothing and athletic shoes are expected for PE participation. Jeans, twill, dress pants ("khakis"), leggings with patch pockets are not considered athletic clothes.
   - Swimsuit/towel - during swimming unit, 6th grade only.
3. All students must use his/her own locker and have a combination lock on it (NO sharing lockers).
4. Daily active participation is required.
5. Maintain personal hygiene (soap, deodorant, change, & wash clothes).
6. No jewelry (stud earrings are allowed, but no jewelry is strongly recommended).
7. Respect yourself, your teacher, your peers, your surroundings, & equipment.
8. No food, gum, candy, pop, juice; only bottled water allowed in PE/locker rooms. See Locker Room behavior contract for more information.
9. Illness or injury: A note or email written by, dated & signed by a parent/guardian must be given to the PE teacher within 24 hours. Students are permitted 3 notes per quarter, unless they have a note from their doctor.

Grading
- 55% participation - cooperation - attitude - sportsmanship - effort - knowledge of rules & strategies
- 15% homework - bringing/buying a lock, maintaining a gym locker, fitness logs
- 15% quizzes - knowledge of activities, rules, strategies
- 15% skills - sports/activities skills assessments

PowerSchool
- Use PowerSchool to monitor student progress. PowerSchool is updated at least once per week.

FitnessGram: 6th grade only
- This is a fitness assessment program. This is a comprehensive evaluation of core strength, flexibility, muscular strength, and aerobic endurance.

Fitness Logs
- **New January 2020: There will be ONE fitness log per quarter. Students are to log their fitness activity for a minimum of 12 sessions, 30 minutes per session.
- Fitness activities could include - but not limited to: any Slauson Sports practice or game, any outside sports practice or game, dance classes, horseback riding, ice skating, rollerblading, walking with parents, skateboarding, other........
- Students may submit their fitness log via email (use your teacher’s email above) or GoogleForm. Links to the PDF, GoogleDrive version (for editing and digitally sharing with the teacher), and GoogleForm version will be emailed and also available on the Slauson PE website.
Walk with PRIDE. This is GOLDEN BEAR COUNTRY!

SLAUSON PHYSICAL EDUCATION
You need:
1) Change of clothes: shorts or sweats, t-shirt. Even if your school clothes for the day are athletic clothes, still change for PE class.
2) Athletic shoes
3) Swimsuit and towel (swimming unit - 6th grade only)
4) Combination lock

STUDENT RESPONSIBILITIES:
1) Follow directions
2) Be on time to class
3) Change clothes for class
4) Do your best
5) Complete and turn in your fitness log
6) Be positive, helpful, and kind

“A” & “B” Schedules
Band/Orgchestra & PE students
A days: Monday and Thursday
B days: Tuesday and Friday
Alternating Wednesdays
Example: 1(A) PE and 1(B) Orchestra: PE on Mondays and Thursdays Orchestra on Tuesdays and Fridays and alternate Wednesdays

ACTIVITY UNITS:
Potential units include: football, field hockey, wrestling, soccer, swimming, volleyball, floor hockey, basketball, track and field, badminton, speedball, field hockey, lacrosse, flickerball, softball, water polo, fencing, team handball, ultimate frisbee, disc golf, dance, circuit training.

HOW TO REACH MRS. STOOPS
(EMAIL = BEST)
Email and phone: see page header
Please include child’s first and last name, and grade when communicating about your student.

SLAUSON FAX  734-994-1681

ASSESSMENT/GRADES
*See % of each category (homework, participation, etc.) on previous page, and “how are we graded” next page.
*Grades will be entered into PowerSchool on a 4 point scale, aligned with Assessment Literacy.

*Scale:
A = 4 = Got it! 90-100%
B = 3 = Almost there 80-89%
C = 2 = Moving in the right direction =70-79%
D = 1 = Just getting started = 60-69%
E = 0 = No evidence of learning yet = 0-59%

*Each day: assessment for participation and behavior. See attached rubric.
*Additional assessments for skills, strategies as applicable.
*Written assessments will occasionally be given, including self-assessment. Peer assessments may also be utilized.

*Reasons for a "less than" A grade for participation/behavior may include:
-Talking/distracting behavior during directions/instruction
-Not changing for class
-Not participating with the class
-Leaving class without permission
-Tardy to class
-Poor participation with class, poor effort
-Not following directions
-Poor behavior/being a poor sport

CITIZENSHIP: Refer to the GoogleForm regarding citizenship.
*Bullying, put-downs, and swearing will not be tolerated. Refer to the student planner for more information.

How to earn a 1 in PE citizenship:
- Change for class everyday
- Be on time
- Play hard and play fair
- Ask and answer questions
- Turn in fitness logs on time

PE Citizenship Marks
1: No points off, no tardies, no participation/behavior points off, all fitness logs in on time
2: 1-3 points off, 1-3 tardies, 1-3 participation/behavior points off, 1 Fitness log late
3: 4-6 points off, 4-6 tardies, 4-6 participation/behavior points off, 2 fitness logs late or not turned in
4: 7-10 points off, 7-10 tardies, 7-10 participation/behavior points off, 3 fitness logs late or not turned in
5: 11 or more points off, 11 or more tardies, 11 or more participation/behavior points off, all fitness logs not turned in or late

*Students set a citizenship goal at the start of each quarter.

BEHAVIOR ISSUES
Generally:
1: Reminder
2: Sit out
3: Phone call home
4: VOE

*Some issues do not follow this order of interventions depending on the incident, safety, injuries, etc.
*Tardies: 3 tardies = VOE and phone call home
*See Locker Room Behavior for more specific information

GRADES, QUESTIONS, CONCERNS
*Check PowerSchool!! PowerSchool should be checked AT LEAST weekly.
*If you aren’t sure why your grade is what it is on any day, please ask me.
*I make mistakes sometimes, and want to make it right.
*I am happy to explain more about “why” on grades, assessments, game rules, etc. - individually!
*Your grades are you and your family’s private information.

QUESTIONS ABOUT ATHLETICS/CLUBS?
Kim Jaster, Athletic Director
kjaster@aaps.k12.mi.us
**Slauson Physical Education**

**Slauson PE Participation Rubric Scale**

<table>
<thead>
<tr>
<th>0 pts</th>
<th>1 pt</th>
<th>2 pts</th>
<th>3 pts</th>
<th>4 pts</th>
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<tbody>
<tr>
<td>E</td>
<td>D</td>
<td>C</td>
<td>B</td>
<td>A</td>
</tr>
</tbody>
</table>

- **E** (Late)
  - No clothes
  - Poor effort
  - Poor attitude
  - Poor behavior
  - Poor listener
  - Poor performance

- **D** (Follow directions sometimes)
  - Not dressed in athletic clothes, but participates in activities
  - Actively on task sometimes
  - Takes care of equipment sometimes
  - Moderate participation
  - Talking/distractions during directions

- **C** (Late)
  - Shows etiquette, respect for facilities, safe behaviors, cooperates with classmates, includes others and supporting classmates, accepts responsibility for improving own fitness, shows motivation in participating in activities in and outside of physical education class, effectively self-monitors physical activity.

- **B** (On time)
  - Dressed: athletic clothes & shoes
  - Follows directions consistently
  - Actively on task consistently
  - Takes care of equipment
  - Working to max ability
  - Applying strategies
  - Excellent sportsmanship

**Participation: How Are We Graded?**

**Summary of National PE Standards:**

**S4.M1 & 2 Personal responsibility:** Shows etiquette, respect for facilities, safe behaviors, cooperates with classmates, includes others and supporting classmates, accepts responsibility for improving own fitness, shows motivation in participating in activities in and outside of physical education class, effectively self-monitors physical activity.

**S4.M3 Accepting feedback:** Implements specific corrective feedback to improve performance, provides corrective feedback to a classmate (appropriate tone), encouragement and appropriate feedback to peers.

**S4.M4 & 5 Working with others:** Accepts differences among classmates, provides encouragement and positive feedback to classmates, establishes rules and guidelines for resolving conflicts, responds appropriately to classmates ethical/unethical (right/wrong) behavior during games/activities, cooperates with small groups of classmates, problem-solves during challenge activities, large group activities, and games.

**S4.M6 Rules and etiquette:** Identifies rules and etiquette for games and activities, demonstrates knowledge of rules and etiquette, self-officiates, applies rules and etiquette.

**S4.M7 Safety:** Uses equipment safely and appropriately, and identifies specific safety concerns associated with the activity.
Skills Assessments: How Are We Graded?

4=A=GOT IT!
- Always shows correct form when performing skill fundamentals
- Consistently apply skills in new ways during game play
- Strategizes with teammates to maximize success
- Understands rules of the game/activity, AND always applies/understands adaptations to the rules when needed
- Helps peers with game/activity basics

3=B=Almost there!
- Usually shows correct form when performing skill fundamentals
- Applies skills during game play to effectively be a part of the team
- Understands rules of the game/activity, and usually applies/understands adaptations to the rules when needed

2=C=Moving in the right direction!
- With reminders and assistance, demonstrates good form when performing skill fundamentals
- Applies skills during game play
- Understand some of the rules of the game/activity
- With reminders, plays the game effectively

1=D=Just getting started!
- Working toward demonstrating correct form for skill fundamentals
- With many reminders and prompts, working to understand game/activity rules and guidelines

0=E=No evidence of learning yet.
# How to Read a Student Schedule

This student has Orchestra 1st hour on B days, and Physical Ed 1st hour on A days. (B) Orchestra meets on B days. (A) Physical Ed meets on A days.

**A Days:** Monday & Thursday  
**B Days:** Tuesday & Friday  
**Wednesdays:** Alternate A and B

Occasionally, A/B days may be changed due to special class needs (rehearsal, field trips, etc.) which will be communicated, whenever possible, in advance.

<table>
<thead>
<tr>
<th>Exp</th>
<th>Trm</th>
<th>Crs-Sec</th>
<th>Course</th>
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<tr>
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<td>Johnson, Sarah D</td>
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The rest of this student's classes (2nd thru 7th hours) meet every day of the week, noted with the A-B next to each class hour. These classes meet on A days AND B days.

The term is how long the course is. 18-19 means the course is the entire school year. This student's Expl Spanish is only first quarter, noted with Q1 under "Term" (Trm). Each quarter is approximately 9 weeks.

Advisory is listed as every student's 4th hour, but meets (for 6th and 7th graders) AFTER (not before) 5th hour. The order of a 6th & 7th grader's day is:
1. 1st hr
2. 2nd hr
3. 3rd hr
4. 5th hr
5. 4th hr ADVISORY
6. 6th hr
LUNCH