Philosophy
Slauson Middle School physical education teachers strive to provide an activity-based program while teaching lifelong fitness in a safe, fun, and dynamic environment.

Rules/Expectations
1. All rules and expectations in the Student Handbook apply in physical education.
2. Be prepared:
   - On time to class
   - Dressed in appropriate clothing/shoes (not the clothing worn to school, no sagging shorts/pants, shoe laces must be tied, proper shoes: running/court or cleats, no flip flops or sports sandals)
   - Swimsuit/towel - during swimming unit.
3. All students must use his/her own locker and have a combination lock on it (NO sharing lockers).
4. Daily active participation is required.
5. Maintain personal hygiene (soap, deodorant, change, & wash clothes).
6. No jewelry (stud earrings are allowed, but no jewelry is strongly recommended).
7. Respect yourself, your teacher, your peers, your surroundings, & equipment.
8. No food, gum, candy, pop, juice, only bottled water allowed in PE classes/locker rooms.
9. Illness or injury: A note or email written by, dated & signed by a parent/guardian must be given to their teacher within 24 hours. Students are permitted 3 notes per quarter, unless they have a note from their doctor.

Grading
- 80% participation - cooperation - attitude - sportsmanship - effort - knowledge of rules & strategies, sports/activities skills assessments
- 20% homework - fitness logs (2 per quarter = 10% each)

PowerSchool
- Use PowerSchool to monitor student progress. We update PowerSchool each day. Check for teacher comments.

FitnessGram
- This is a fitness assessment program. This is a comprehensive evaluation of core strength, flexibility, muscular strength, and aerobic endurance.

Fitness Logs
- There will be two fitness logs per quarter (one the 1st 4 weeks and one the 2nd 4 weeks). Students are to log their fitness activity for a minimum of 4 weeks, 3 times per week, 30 minutes per session.
- Fitness activities could include - but not limited to: any Slauson Sports practice or game, any outside sports practice or game, dance classes, horseback riding, ice skating, rollerblading, walking with parents, skateboarding, other......
- Students may submit their fitness log via email (use your teacher’s email above) or GoogleForm. Links to the PDF, GoogleDrive version (for editing and digitally sharing with the teacher), and GoogleForm version will be emailed and also available on the Slauson PE website.

Expectations
The expectation is of positive behavior. Negative behavior (put downs/language/etc) will be addressed immediately. Student may be referred to their counselor or principal. Behavior interventions will also result in a reduction of grade for that day. This will be recorded in POWER SCHOOL and have a teacher comment.
SLAUSON PHYSICAL EDUCATION

You need:
1) Change of clothes: shorts or sweats, t-shirt. Even if your school clothes for the day are athletic clothes, still change for PE class.
2) Athletic shoes
3) Swimsuit and towel (swimming unit)
4) Combination lock

STUDENT RESPONSIBILITIES:
1) Follow directions
2) Be on time to class
3) Change clothes for class
4) Do your best
5) Complete and turn in your fitness log
6) Be positive, helpful, and kind
7) Turn in make-up work

“A” & “B” Schedules
Band/Orchestra & PE students
A days: Monday and Thursday
B days: Tuesday and Friday
Alternating Wednesdays
Example: 1(A) PE and 1(B) Orchestra:
PE on Mondays and Thursdays
Orchestra on Tuesdays and Fridays
and alternate Wednesdays

ACTIVITY UNITS:
Potential units include: football, field hockey, wrestling, soccer, swimming, volleyball, floor hockey, basketball, track and field, badminton, speedball, field hockey, lacrosse, flickerball, softball, water polo, fencing, team handball, ultimate frisbee, disc golf, dance, circuit training.

HOW TO REACH US (EMAIL = BEST)
Email and phone: see page header
Please include child’s first and last name, and grade when communicating about your student.

SLAUSON FAX 734-994-1681

Athletic Sports and Clubs Director:
Kim Jaster jasterk@aaps.k12.mi.us

ASSESSMENT/GRADES
*See % of each category (homework, participation, etc.) on previous page, and “how are we graded” next page.
*Grades will be entered into PowerSchool on a 4 point scale, aligned with Assessment Literacy.

*Scale:
A = 4 = Got it! 90-100%
B = 3 = Almost there 80-89%
C = 2 = Moving in the right direction 70-79%
D = 1 = Just getting started 60-69%
E = 0 = No evidence of learning yet 0-59%

*Each day: assessment for participation and behavior. See attached rubric.
*Additional assessments for skills, strategies as applicable.
*Written assessments will occasionally be given, including self-assessment. Peer assessments may also be utilized.

*Reasons for a "less than" A grade for participation/behavior may include:
-Not changing for class
-Not participating with the class
-Leaving class without permission
-Tardy to class
-Poor participation with class, poor effort
-Not following directions
-Poor behavior/being a poor sport
-Language

CITIZENSHIP: Refer to the student planner for citizenship grade information.
*Bullying, put-downs, and swearing will not be tolerated. Refer to the student planner for more information.

How to earn a 1 in PE citizenship:
- Change for class everyday
- Be on time
- Play hard and play fair
- Ask and answer questions
- Turn in fitness logs on time

PE Citizenship Marks
1: No points off, no tardies, no participation/behavior points off, all fitness logs in on time
2: 1-3 points off, 1-3 tardies, 1-3 participation/behavior points off, 1 Fitness log late
3: 4-6 points off, 4-6 tardies, 4-6 participation/behavior points off, 2 fitness logs late or not turned in
4: 7-10 points off, 7-10 tardies, 7-10 participation/behavior points off, 3 fitness logs late or not turned in
5: 11 or more points off, 11 or more tardies, 11 or more participation/behavior points off, all fitness logs not turned in or late

SLAUSON SPORTS TEAMS
To participate on the team, athletes must turn in:
*Current Physical
*Athletic Registration (online)
*Pay to participate (online - Rec & Ed)

Season One (Sept/Oct)
Cross Country (B & G, 6 7 8)
Soccer (B & G, 6 7 8)
Field Hockey (B & G, 7 8)

Season Two (Nov/Dec)
8 Girls Basketball
7 Girls Basketball
6 Girls Basketball
7/8 Girls Sports Basketball
Wrestling (B & G, 6 7 8)

Season Three (Jan/Feb)
Synchronized Swimming (B & G, 6 7 8)
8 Boys Basketball
7 Boys Basketball
6 Boys Basketball
7/8 Boys Sports Basketball

Season Four (March/April)
Swim Team (B&G, 6 7 8)
7/8 Girls Volleyball
7/8 Boys Volleyball
6 Girls Volleyball
6 Boys Volleyball
7/8 Boys Sports Basketball

Season 5 (April/May/June)
Track (B & G, 6 7 8)
Softball (G, 7 8)
Baseball (7 8)
Tennis - Instructional (B & G, 6)
Participation: How Are We Graded?

**Summary of National PE Standards:**

**S4.M1 & 2 Personal responsibility:** Shows etiquette, respect for facilities, safe behaviors, cooperates with classmates, includes others and supporting classmates, accepts responsibility for improving own fitness, shows motivation in participating in activities in and outside of physical education class, effectively self-monitors physical activity.

**S4.M3 Accepting feedback:** Implements specific corrective feedback to improve performance, provides corrective feedback to a classmate (appropriate tone), encouragement and appropriate feedback to peers.

**S4.M4 & 5 Working with others:** Accepts differences among classmates, provides encouragement and positive feedback to classmates, establishes rules and guidelines for resolving conflicts, responds appropriately to classmates ethical/unethical (right/wrong) behavior during games/activities, cooperates with small groups of classmates, problem-solves during challenge activities, large group activities, and games.

**S4.M6 Rules and etiquette:** Identifies rules and etiquette for games and activities, demonstrates knowledge of rules and etiquette, self-officiates, applies rules and etiquette.

**S4.M7 Safety:** Uses equipment safely and appropriately, and identifies specific safety concerns associated with the activity.
Skills Assessments: How Are We Graded?

4=A=GOT IT!
• Always shows correct form when performing skill fundamentals
• Consistently apply skills in new ways during game play
• Strategizes with teammates to maximize success
• Understands rules of the game/activity, AND always applies/understands adaptations to the rules when needed
• Helps peers with game/activity basics

3=B=Almost there!
• Usually shows correct form when performing skill fundamentals
• Applies skills during game play to effectively be a part of the team
• Understands rules of the game/activity, and usually applies/understands adaptations to the rules when needed

2=C=Moving in the right direction!
• With reminders and assistance, demonstrates good form when performing skill fundamentals
• Applies skills during game play
• Understand some of the rules of the game/activity
• With reminders, plays the game effectively

1=D=Just getting started!
• Working toward demonstrating correct form for skill fundamentals
• With many reminders and prompts, working to understand game/activity rules and guidelines

0=E=No evidence of learning yet.