



Food Focus: Yogurt which has adequate nutrition plays a major role in the prevention and treatment of osteoporosis, and the micronutrients of greatest importance are calcium and Vitamin D. The combination of calcium and vitamin D has a clear skeletal benefit. So grab some yogurt for breakfast and lunch enjoy.

Community High School & Pathways To Success Lunch Menu: April 15 - April 19, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
grilled create	Potato Bar <i>Baked Potato</i> <i>Broccoli Cheese Sauce</i> <i>Bacon Bits</i>	Domino's Pizza	Chef Dan's Sloppy Joe <i>Homemade Sloppy Joe</i> <i>Seasoned Peas</i> <i>Baked Fries</i>	Nachos	BBQ Chicken <i>Mashed Potatoes</i> <i>Mixed Vegetables</i> <i>Dinner Roll</i>
	Hamburger and Cheese Burgers Offered Daily				
	Spicy Chicken Sandwich <i>Tater Tots</i>	BBQ Rib Sandwich <i>Baked Fries</i>	Grilled Chicken and Bacon <i>Baked Fries</i>	Chicken Tender Basket w/Dinner Roll <i>Baked Fries</i>	Ham & Cheese Cubano <i>Tater Tots</i>
EXTRA! EXTRA!	Corn & Black Bean Salsa <i>Power Peas</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>	Potato Salad <i>Cherry Tomatoes</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>	Hearty Spinach & Vegetable Salad <i>Garbanzo Beans</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>	Lettuce and Tomato Salad <i>Celery Stick</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>	Broccoli and Ranch Salad <i>Fresh Baby Carrots</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>

This Institution is an equal opportunity provider.



= "Farm to School" Local Produce

"Simply Good" Food Focuses: All items in color are our "Simply Good" Food Focuses for April This month our nutrition education focuses are on the health benefits of

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

