



Food Focus: Yogurt which has adequate nutrition plays a major role in the prevention and treatment of osteoporosis, and micronutrients of greatest importance are calcium and Vitamin D. The combination of calcium and vitamin D has a clear skeletal benefit. So grab some yogurt for breakfast and lunch enjoy.

Community High School & Pathways To Success Lunch Menu April 22 - April 26, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Fried Chicken <i>Oven Fried Chicken Drum</i> <i>Potatoes Au Gratin</i>	Domino's Pizza	Chickendipity w/Dipping Sauce <i>Chicken Tenders</i> <i>Spicy Southwestern Ranch Dipping Sauce</i>	Nachos	KFC Bowl <i>Popcorn Chicken</i> <i>Sweet Corn on the Cob</i>
	<i>Sesame Green Beans</i> <i>Dinner Roll</i>		<i>Sweet & Sour Sauce</i> <i>Baked Fries</i>		<i>Potatoes and Gravy</i> <i>Dinner Roll</i>
	Hamburger and Cheeseburger offered Daily				
grilled	Italian Supreme Turkey Panini <i>Tatar Tots</i>	Chickendipity Cajun Wrap <i>Baked Fries</i>	Ham & Swiss on Ciabatta <i>Baked Fries</i>	Chicken Bacon Cheddar Melt <i>Baked Fries</i>	Bosco w/Pizza Sauce <i>Tater Tots</i>
	EXTRA! EXTRA!	<i>Lettuce & Tomato Salad</i> <i>Garbanzo Beans</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>	<i>Broccoli Ranch Salad with Carrots</i> <i>Red Bell Pepper Strips</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>	<i>Green Bean Salad</i> <i>Fresh Celery Sticks</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>	<i>Caesar Salad</i> <i>Green Peas</i> <i>Assorted Chill Fruit</i> <i>Fresh Whole Fruit</i>

This Institution is an equal opportunity provider.

= "Farm to School" Local Produce

"Simply Good" Food Focuses: All items in color are our "Simply Good" Food Focuses for April. This month our nutrition education focuses are on the health benefits of

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

