










# SIMPLY GOOD

## Community High School Lunch Menu: October 14 - October 18, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Chicken Alfredo Pasta</b>  Roasted Bell Peppers  Whole Grain Breadstick	<b>Domino's Pizza</b>  <i>Mixed Vegetables</i>	<b>Bonless Chicken Wings</b>  <i>BBQ Sauce</i> <i>Hot Sauce</i> <i>Twister Fries</i>	<b>Beef Tacos</b>  <i>Flour Tortilla</i>  <i>Shredded Cheddar Cheese</i> <i>Salsa</i>	<b>Turkey Corn Dogs</b>  <i>Seasoned Carrots</i>  <i>Brown Rice</i>
	<b>Hamburgers and Cheese Burgers Offered Daily</b>				
	<b>Buffalo Ranch Chicken Sandwich</b>  Tater Tots	<b>Philly Cheese Steak</b>  Potatoe Wedges	<b>Riblett Sandwich</b>  Waffle Fries	<b>Italian Chicken Parm Wrap</b>  Steak Fries	<b>BLT Burger</b>  Crinkle Fries
	<b>Ham and Cheese or Turkey and Cheese Deli Sandwiches Offered Daily</b>				
	<i>Side Salad</i>	<i>Sesame Broccoli Salad</i>	<i>Citrus Chiipea Salad</i>	<i>Baby Carrots</i>	<i>Marinated Cucumbers</i>
	<i>Broccoli Florets</i>	<i>Garbanzo Beans</i>	<i>Cherry Tomatoes</i>	<i>Green Peas</i>	<i>Celery Sticks</i>
<i>Cinnamon Applesauce</i>	<i>Fruit Cocktail</i>	<i>Chilled Pears</i>	<i>Tropical Fruit</i>	<i>Pineapple Tidbits</i>	
 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>	

\*Menu is Subject to Change



= "Farm to School" Local Produce

This Institution is an equal opportunity provider.

