



# Ann Arbor Elementary Lunch Menu: October 2019

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
| <b>Whole Grain Pancakes</b><br>Turkey Sausage<br>Hash Brown Patty<br><br><b>Sunbutter, Pretzel &amp; String Cheese</b><br><br>Grape Tomatoes, Celery Sticks<br>Baby Carrots<br>Chilled Diced Peaches<br>Fresh Pears, Fresh Apples   | <b>Whole Grain Soft Taco</b><br>Beef Taco Meat, Refried Beans<br>Shredded Cheddar, Salsa<br><br><b>Hummus, Tortilla, String Cheese &amp; Red Bell Peppers</b><br><br>Tossed Salad, Cucumber Slices<br>Green Bell Peppers<br>Cinnamon Apple Sauce<br>Orange Wedges, Fresh Pears      | <b>Lasagna Roll Up</b><br>Whole Grain Breadstick<br>Steamed Green Beans<br><br><b>Cheesy Whole Grain Wrap with Honey Mustard</b><br><br>Spinach, Baby Carrots<br>Garbanzo Beans<br>Chilled Pineapple Tidbits<br>Red Grapes, Fresh Apple                                     | <b>Shredded BBQ Chicken Sandwich on Whole Grain Bun</b><br>Oven Baked Curly Fries<br><br><b>Bagel, Cream Cheese &amp; Hard Boiled Egg</b><br><br>Cucumber Slices, Ceasar Salad<br>Confetti Coleslaw<br>Chilled Tropical Fruit<br>Sliced Apples, Petite Bananas  | <b>Crispy Chicken Patty Sandwich on Whole Grain Bun</b><br>Seasoned Green Peas<br><br><b>Egg Salad Wrap w/ Seedless Grapes</b><br><br>Sliced Red Bell Peppers<br>Broccoli Florets, Celery Sticks<br>Chilled Fruit Cocktail<br>Orange Wedges, Petite Bananas                          |
| <b>Macaroni and Cheese</b><br>Whole Grain Breadstick<br>Seasoned Green Beans<br><br><b>Yogurt, String Cheese &amp; Pretzel</b><br><br>Tossed Salad, Cucumber Slices<br>Baby Carrots<br>Chilled Apricots<br>Fresh Pears, Fresh Apples  | <b>Classic Hamburger, Classic Cheeseburger or Garden Burger on Whole Grain Bun</b><br>Baked Crinkle Fries<br><br><b>Bagel, Sunbutter &amp; Yogurt</b><br><br>Grape Tomatoes, Celery Sticks<br>Green Bell Peppers<br>Chilled Pineapple Tidbits<br>Orange Wedges, Fresh Apple         | <b>Cheese Stuffed Bosco Breadstick</b><br>Cheddar Goldfish, Tomato Soup<br>Steamed Green Peas<br><br><b>Garden Salad w/ Cheddar Cheese &amp; Breadstick</b><br>Green Bean Salad<br>Cucumber Slices, Ceasar Salad<br>Chilled Fruit Cocktail<br>Sliced Apples, Petite Bananas | <b>Popcorn Chicken</b><br>Whole Grain Dinner Roll<br>Mashed Potatoes, Gravy<br>Seasoned Corn<br><br><b>Roasted Italian Vegetable Wrap</b><br><br>Baby Carrots, Spinach<br>Garbanzo Beans<br>Chilled Apple Sauce<br>Orange Wedges, Fresh Pear                    | <b>Nacho Supreme</b><br>Seasoned Beef, Refried Beans<br>Tortilla Chips, Cheddar Cheese<br>Salsa, Steamed Brown Rice<br><br><b>Bagel, Cream Cheese &amp; Hard Boiled Egg</b><br><br>Broccoli, Celery Sticks<br>Red Bell Peppers<br>Chilled Diced Pears<br>Petite Bananas, Fresh Apple |
| <b>Ravioli in Zesty Marinara</b><br>Whole Grain Breadstick<br>Seasoned Carrot Coins<br><br><b>Hummus, Tortilla, String Cheese &amp; Red Bell Peppers</b><br><br>Spinach, Garbanzo Beans<br>Cucumber Slices<br>Cinnamon Apple Sauce<br>Orange Wedges, Fresh Pears                  | <b>Beef Meatballs in Gravy</b><br>Mashed Potatoes<br>Whole Grain Dinner Roll<br>Steamed Green Peas<br><br><b>Sunbutter &amp; Banana Roll-Up w/ Baby Carrots</b><br><br>Baby Carrots, Ceasar Salad<br>Slices Red Bell Peppers<br>Chilled Tropical Fruit<br>Fresh Apples, Fresh Pears | <b>Whole Grain French Toast</b><br>Scrambled Eggs<br>Home Fried Potatoes<br><br><b>Sunbutter, Pretzel Roll &amp; String Cheese</b><br><br>Cucumber Slices, Celery Sticks<br>Grape Tomatoes<br>Frozen Strawberries<br>Petite Bananas, Orange Wedges                          | <b>Turkey Corn Dog</b><br>Steamed Brown Rice<br>Seasoned Green Beans<br><br><b>Vegetable &amp; Cream Cheese Pinwheels w/ Hardboiled Egg</b><br><br>Tossed Salad, Green Peas<br>Sliced Green Bell Peppers<br>Chilled Diced Peaches<br>Sliced Apples, Fresh Pear  | <b>Sweet &amp; Sour Chicken</b><br>Steamed Brown Rice<br>Steamed Peas and Carrots<br>Veggie Egg Roll<br><br><b>Sunbutter &amp; Grape Jelly Sandwich</b><br><br>Broccoli Salad, Baby Carrots<br>Celery Sticks<br>Chilled Fruit Cocktail<br>Petite Bananas, Fresh Apples               |
| <b>Penne Pasta</b><br>Spaghetti Sauce, Meat Sauce<br>Whole Grain Breadstick<br>Parmesan, Green Beans<br><br><b>Bagel, Cream Cheese &amp; Hard Boiled Egg</b><br><br>Tossed Salad, Cucumber Slices<br>Green Bell Peppers<br>Chilled Pineapple Tidbits<br>Fresh Pears, Fresh Apples | <b>Beef Hot Dog on a Whole Grain Bun</b><br>Vegetarian Baked Beans<br><br><b>Hummus &amp; Feta Wrap w/ Carrot &amp; Broccoli Medley</b><br>Corn and Ranch Salad<br>Baby Carrots, Ceasar Salad<br>Cinnamon Apple Sauce<br>Orange Wedges, Fresh Pears                                 | <b>Cheese Stuffed Bosco Breadsticks</b><br>Marinara Sauce<br>Steamed Green Peas<br><br><b>Sunbutter &amp; Grape Jelly Sandwich</b><br><br>Grape Tomatoes, Celery Sticks<br>Cucumber Slices<br>Chilled Fruit Cocktail<br>Petite Bananas, Fresh Apples                        | <b>Chicken &amp; Waffle</b><br>Crispy Chicken Tenders<br>Whole Grain Waffle<br>Baked Apple Slices<br><br><b>Cheesy Whole Grain Wrap with Honey Mustard</b><br><br>Spinach, Baby Carrots<br>Garbanzo Beans<br>Chilled Diced Pears<br>Orange Wedges, Fresh Grapes | <b>Breaded Chicken Drumstick</b><br>Steamed Brown Rice<br>Cinnamon Glazed Carrots<br>Whole Grain Dinner Roll<br><br><b>Southwest Corn and Black Bean Wrap</b><br><br>Sliced Red Bell Peppers<br>Broccoli Florets, Green Peas<br>Chilled Peaches<br>Sliced Apples, Petite Bananas     |

**LUNCH PRICE:**

\$ 2.50 PAID

\$ .40 REDUCED

FREE\* (\*IF QUALIFIED)

Milk only- \$.50

**LUNCH:** A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dish and choice of milk. Milk choices include Skim White, 1% White and 1% Chocolate.

**Domino's Smart Slice Pizza**

We will now be offering Domino's Smart Slice Pizza weekly, please see below for your school's Domino's Smart Slice Pizza Day! Pizza will be served in place of the Main Entrée for the day along with the listed hot side dish(s) and fruit/veggie bar options.

**MONDAY:** A2 Open, Abbot, Dicken, Eberwhite, Logan **TUESDAY:** Allen Angell, Bach, Haisley, King, Mitchell, Pittsfield  
**WEDNESDAY:** Bryant, Carpenter, Lakewood, Lawton, STEAM **THURSDAY:** Burns Park, Pattengill, Thurston, Wines

We support Local Farmers!

