

**Lunch Prices**  
**Full Lunch: \$3.50**  
**Reduced: \$0.40**  
**Milk Only: \$0.50**



A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit side dishes, and a choice of milk: 1% White, Skim White, Skim Chocolate.

**Ann Arbor Schools Middle School Lunch Menu: Sept 30 - Oct 4, 2019**

	Monday	Tuesday	Wednesday	Thursday	Friday	
	<b>Pasta Bar</b> <i>Marinara Sauce or Alfredo Sauce</i> <i>Whole Grain Breadstick</i> <i>Steamed Broccoli</i>	<b>Beef Tacos</b> <i>Flour Tortilla or Nachos</i> <i>Shredded Cheddar Cheese</i> <i>Salsa</i>	<b>Chicken &amp; Waffles</b> <i>Chicken Tenders</i> <i>Whole Grain Waffle</i> <i>Peach Compote</i>	<b>Sloppy Joe</b> <i>Seasoned Beef on Whole Grain Bun</i> <i>Tater Tots</i> <i>Seasoned Carrots</i>	<b>Mashed Potato Bowl</b> <i>Popcorn Chicken</i> <i>Cheddar Cheese</i> <i>Biscuit</i> <i>Steamed Corn</i>	
	<b>Classic Cheese and Pepperoni Pizza Serve Daily</b>					
		<b>Aloha Pizza</b>	<b>Bosco Sticks with Marinaria</b>	<b>Veggie Pizza</b>	<b>Bosco Sticks with Marinaria</b>	<b>Meatball Pizza</b>
		<b>Classic Hamburgers and Cheeseburgers Served Daily</b>				
	<b>Chicken Philly</b> <i>Twister Fries</i>	<b>Garden Burger</b> <i>Potato Wedges</i>	<b>Turkey &amp; Cheese Flatbread</b> <i>Waffle Fries</i>	<b>Spicy Chicken Sandwich</b> <i>Crinkle Fries</i>	<b>Ham &amp; Cheese Cubano</b> <i>Tater Tots</i>	
	<b>Build Your Salad or Sub Sandwich on Wrap or Fresh Baked Bread</b> <b>Sliced Turkey, Sliced Ham, Chicken Strips, Hard-Boiled Eggs. American, Provolone, Cheddar and Swiss. Tomatoes, Cucumbers, Sliced Onions, Bell Peppers. Italian, Ranch, Balsamic, Mustard and Mayo.</b> <b>or Try the Special offered Mondays, Wednesdays and Fridays</b>					
	<b>Chicken Ranch Wrap</b>	<b>Homemade Tuna Salad</b>	<b>Roasted Italian Vegetable Wrap</b>	<b>Turkey Ham Chef Salad</b>	<b>Chicken Cesar Wrap</b>	
	<b>ON-GO</b>					
	<b>Apple Cinnamon Parfait with Granola</b>	<b>Strawberry Parfait with Granola</b>	<b>Peach Parfait with Granola</b>	<b>Berry Parfait with Granola</b>	<b>Blueberry Parfait with Granola</b>	
	<i>Marinated Cucumber Salad</i> <i>Baby Carrots</i> <i>Cinnamon Applesauce</i>	<i>Spinach and Strawberry Salad</i> <i>Garbanzo Beans</i> <i>Tropical Fruit Cocktail</i>	<i>Hearty Greens Salad</i> <i>Fresh Broccoli Florets</i> <i>Chilled Peaches</i>	<i>Tossed Salad</i> <i>Red Bell Pepper Strips</i> <i>Diced Pears</i>	<i>Citrus Chickpea Salad</i> <i>Sliced Cucumbers</i> <i>Fruit Cocktail</i>	
	<b>Fresh Whole Fruit</b>	<b>Fresh Whole Fruit</b>	<b>Fresh Whole Fruit</b>	<b>Fresh Whole Fruit</b>	<b>Fresh Whole Fruit</b>	

\*Menu is Subject to Change



= "Farm to School" Local Produce

This Institution is an equal opportunity provider.