









Food Focus Yogurt which has adequate nutrition plays a major role in the prevention and treatment of osteoporosis. Micronutrients of the greatest importance are calcium and Vitamin D. This combination of calcium and vitamin D has a clear skeletal benefit. Grab some yogurt during breakfast or lunch.


Ann Arbor Schools Middle School Lunch Menu: April 8 - April 12, 2019

Monday Tuesday Wednesday Thursday Friday

create	Pasta Bar	Nachos	WG French Toast Sticks	Nachos	General Tso's Chicken
	<i>Marinara Sauce Alfredo Sauce Seasoned Peas Dinner Roll</i>		<i>Sausage Scrambles eggs</i>		<i>Brown Rice Asian Vegetables Sesame Breadstick</i>
Cheese and Pepperoni Pizza made Daily					
2^{mate}	Three Cheese and Spinach Stromboli	Brooklyn Style Pepperoni Flatbread	Supreme Pizza	Bosco w/Pizza Sauce	Sicilian Calzone
Hamburger and Cheeseburgers made Daily					
grilled	Swedish Meatball Sub	Mini Corn Dog w/Dinner Roll	Crispy Chicken Sandwich	Ham and Cheese Panini	Crispy Fish Sandwich
	<i>Tater Tots</i>	<i>Baked Fries</i>	<i>Baked Fries</i>	<i>Baked Fries</i>	<i>Reuben Sandwich Happy St. Patrick's Tater Tots</i>
SO DELI	<p><u>Made To Order Sandwiches & Salads Available Daily</u> <u>Turkey, Ham, Chicken, Boiled Egg,</u> <u>American Yellow or White Cheese, Shredded Cheddar and Mozzarella</u> <u>Greens, Tomatoes, Sliced Onion, Cucumbers, Shredded Carrots, Peppers, Pickles</u> <u>Mayo and Mustard, Ranch, Caesar and Italian Dressings</u> <u>Homemade Sub Buns, Wraps, Sliced Bread</u> <u>Daily Specials</u></p>				
	Tuna Salad w/Dinner Roll	Buffalo Popcorn Chicken Salad w/Dinner Roll	Mediterranean Hummus Panini	Chicken Caesar Salad Wrap	Roasted Vegetable Wrap
ON THE GO	Strawberry Parfait w/Granola	Berry Granola w/Granola	Strawberry Parfait with Granola	Berry Granola w/Granola	Strawberry Parfait with Granola

	<i>Mixed Green Salad</i>	<i>Sesame Broccoli Salad</i>	<i>Corn & Pepper Salad</i>	<i>Chilled Kidney Bean Salad</i>	<i>Mixed Green Salad</i>
	<i>Fresh Carrots</i>	<i>Red Bell Peppers Strip</i>	<i>Garbanzo Beans</i>	<i>Fresh Green Peppers</i>	<i>Sliced Cucumbers</i>
	<i>Assorted Chilled Fruit</i>	<i>Assorted Chilled Fruit</i>	<i>Assorted Chilled Fruit</i>	<i>Assorted Chilled Fruit</i>	<i>Assorted Chilled Fruit</i>
	 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>	 <i>Fresh Whole Fruit</i>

. This Institution is an equal opportunity provider.

 = "Farm to School" Local Produce

"Simply Good" Food Focuses: All items in color are our "Simply Good" Food Focuses for **April**

This month our nutrition education focuses are on the health benefits of **Yogurt**

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

Made to Order Nachos & Tacos Soft and Hard
Daily

Shells Available