



Chartwells School Dining Services at Ann Arbor Schools Preschool Lunch Menu Sept. 30th - Oct. 25th, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
30 Crispy Chicken Patty Sandwich Shredded Lettuce Corn on the Cob Fresh Apple 1% or Fat Free Milk	1 Macaroni & Cheese Whole Grain Dinner Roll Steamed Broccoli Fresh Orange 1% or Fat Free Milk	2 Cheese Stuffed Bosco Breadsticks Pizza Dipping Sauce Steamed Green Beans Fresh Petite Banana 1% or Fat Free Milk	3 Sloppy Joe on a Whole Grain Bun Steamed Peas & Carrots Fresh Pear 1% or Fat Free Milk	4
7 Meatballs in Spaghetti Sauce Soft Breadstick Steamed Green Beans Fresh Apple 1% or Fat Free Milk	8 "Make Your Own" Sunbutter & Jelly String Cheese Carrots & Celery Fresh Orange 1% or Fat Free Milk	9 Diced BBQ Chicken Whole Grain Dinner Roll Herb Roasted Redskin Potatoes Fresh Petite Banana 1% or Fat Free Milk	10 Waffle w/Syrup Turkey Sausage Patties Hash Brown Patty Blueberries 1% or Fat Free Milk	11
14 Pasta w/ Breadstick Meat Sauce or Spaghetti Sauce Steamed Broccoli Fresh Apple 1% or Fat Free Milk	15 Soft Shell Turkey Tacos Vegetarian Refried Shredded Cheddar Shredded Lettuce Fresh Orange 1% or Fat Free Milk	16 Domino's Smart Slice Cheese Pizza Tossed Salad w/ Light Dressing Fresh Petite Banana 1% or Fat Free Milk	17 Cheeseburger on a Whole Grain Bun Steamed Corn Fresh Pear 1% or Fat Free Milk	18
21 Diced BBQ Chicken Whole Grain Dinner Roll Steamed Carrots Fresh Apple 1% or Fat Free Milk	22 Cheese Stuffed Bosco Breadsticks Tomato Soup Fresh Orange 1% or Fat Free Milk	23 Sliced Turkey Sliced American Cheese Whole Grain Tortilla Carrots, Cucumbers Fresh Petite Banana 1% or Fat Free Milk	24 Beef Ravioli Soft Breadstick Steamed Broccoli Blueberries 1% or Fat Free Milk	25

This Institution is an equal opportunity provider.

Vegetarian options are available on days when menu items are not or can not be made vegetarian. These options consist of: **Cheese Stuffed Bosco Breadsticks, Cheese Roll-Up, Sunbutter & Jelly Sandwich, Bean Burrito, Veggie Burger, Cheese Quesadilla and Grilled Cheese.**

