



Ann Arbor STEAM Lunch Menu: October 21st – October 25th 2019

Monday	Tuesday	Wednesday	Thursday	Friday
create				
Penne Pasta Spaghetti Sauce, Meat Sauce Whole Grain Breadstick Parmesan, Green Beans	Beef Hot Dog on a Whole Grain Bun Vegetarian Baked Beans	Domino's Cheese Pizza Seasoned Carrots	Chicken & Waffle Crispy Chicken Tenders Whole Grain Waffle Baked Apple Slices	Breaded Chicken Drumstick Steamed Brown Rice Glazed Carrots Dinner Roll
<i>Alternate Entrée</i>				
Bagel, Cream Cheese & Hard Boiled Egg	Hummus & Feta Wrap w/ Carrot & Broccoli Medley	Sunbutter & Grape Jelly Sandwich	Cheesy Whole Grain Wrap with Honey Mustard	Southwest Corn and Black Bean Wrap
<small>ITEMS BELOW ARE AVAILABLE FOR 7TH – 8TH GRADERS</small>				
Chicken & Swiss Sub Tater Tots	Tuna Melt Seasoned Potato Wedges	Crispy Chicken Patty Sandwich Seasoned Waffle Fries	BBQ Turkey Burger Baked Crinkle Fries	Philly Cheese Steak Tater Tots
extra. extra.				
Tossed Salad	Corn and Ranch Salad	Grape Tomatoes	Spinach	Sliced Red Bell Peppers
Cucumber Slices	Baby Carrots	Celery Sticks	Baby Carrots	Broccoli Florets
Green Bell Peppers	Cesar Salad	Cucumber Slices	Garbanzo Beans	Green Peas
Chilled Pineapple Tidbits	Cinnamon Apple Sauce	Chilled Fruit Cocktail	Chilled Diced Pears	Chilled Peaches
Fresh Pears & Fresh Apples	Orange Wedges & Fresh Pears	Petite Bananas & Fresh Apples	Orange Wedges & Fresh Grapes	Sliced Apples & Petite Bananas

LUNCH: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit dishes and choice of milk. Milk choices include Fat Free White, 1% White and 1% Chocolate.

chartwells  We support Local Farmers!

Yogurt, Fruit and Granola Parfaits available daily!
 * Available for 7th – 8th Graders

This Institution is an equal opportunity provider.