



Ann Arbor STEAM Lunch Menu: October 7th – October 11th 2019

Monday	Tuesday	Wednesday	Thursday	Friday
create				
Macaroni and Cheese Whole Grain Breadstick Seasoned Green Beans	Classic Hamburger, Classic Cheeseburger or Garden Burger on Whole Grain Bun Baked Crinkle Fries	Domino's Cheese Pizza Steamed Broccoli	Popcorn Chicken Whole Grain Dinner Roll Mashed Potatoes, Gravy Seasoned Corn	Nacho Supreme Seasoned Beef, Refried Beans Tortilla Chips, Cheddar Cheese Salsa, Steamed Brown Rice
<i>Alternate Entrée</i>				
Yogurt, String Cheese & Pretzel	Bagel, Sunbutter & Yogurt	Garden Salad w/ Cheddar Cheese & Breadstick	Roasted Italian Vegetable Wrap	Bagel, Cream Cheese & Hard Boiled Egg
<i>ITEMS BELOW ARE AVAILABLE FOR 7TH – 8TH GRADERS</i>				
Mozzarella & Roasted Vegetable Panini Tater Tots	Chicken Tenders Whole Grain Breadstick Seasoned Waffle Fries	Italian Meatball Sub Seasoned Potato Wedges	Sloppy Joe Baked Crinkle Fries	Chicken Caesar Wrap Tater Tots
extra				
Tossed Salad Cucumber Slices Baby Carrots Chilled Apricots Fresh Pears & Fresh Apples	Grape Tomatoes Celery Sticks Green Bell Peppers Chilled Pineapple Tidbits Orange Wedges & Fresh Apple	Green Bean Salad Cucumber Slices Ceasar Salad Chilled Fruit Cocktail Sliced Apples & Petite Bananas	Baby Carrots Spinach Garbanzo Beans Chilled Apple Sauce Orange Wedges & Fresh Pear	Broccoli Celery Sticks Red Bell Peppers Chilled Diced Pears Petite Bananas & Fresh Apple

LUNCH: A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dishes, fruit dishes and choice of milk. Milk choices include Fat Free White, 1% White and 1% Chocolate.

chartwells  We support Local Farmers!

Yogurt, Fruit and Granola Parfaits available daily!
 * Available for 7th – 8th Graders

This Institution is an equal opportunity provider.