

Starting Soon!

The Healthy Kids Club:

A Free After-School Program



As a part of Ann Arbor Open's participation in the Building Healthy Communities Program we will be starting an afterschool program open to all K-5 students on 10/8/2019. This program will add to our efforts in creating a school-wide focus on health, which is already occurring in our classrooms, on our playground and in our gym!

This afterschool program offers a free safe, supervised and noncompetitive setting where students can learn about healthy eating and be physically active with friends while practicing making healthy choices!

This club will operate under the leadership of Sid Levitt-Phillips.

Activities Included:

- Walking Club
- Healthy Snack & Discussion
- Noncompetitive Physically Active Game
- Cool Down

When: The after-school Healthy Kids Club meets on Tuesday from 3:30-4:30pm.

Where: The Healthy Kids Club will meet in room 115/117 and students will be taken to the pool lobby for pick up.

How do you get your child(ren) involved? If you want your child(ren) to participate, please fill out the Healthy Kids Club Permission Slip and return the form to your child's teacher.