

Healthy Kids Club Permission Slip



Congratulations! We are so excited your child is going to participate in the Healthy Kids Club! We have been working hard to come up with some delicious healthy snacks and fun activities to do with your child.

As a reminder the club meets on [*day(s) of the week*] from [*time period*], at [*location of club*] students will be found at [*pick up location*] for pick up.

The club is run under the supervision of [*advisor name*], and may be contacted by [*advisor's email or phone number*].

A few notes to consider:

- This is a **free** club.
- On days the club meets, please ensure your child is dressed appropriately for exercising.
- A healthy snack is provided so there is no need to pack one.
- A parent's signature is required for student to be released from the club.
- The club is dismissed at [*time club ends*], a prompt pick-up is greatly appreciated.

-----Keep top part at home and return bottom part to school-----

Please complete and return this by the first healthy kids club session.

I have read, and understand, the procedures for the Healthy Kids Club.

Child's Name: _____

Parent Signature: _____

Student Food Allergies: _____

Emergency Contact 1: _____

Emergency Contact Phone Number: _____

Emergency Contact 2: _____

Emergency Contact Phone Number: _____

Please check the box if you are interested in learning about becoming a volunteer for the Healthy Kids Club and provide your contact information below.

Volunteer Name: _____

Volunteer Email/Phone: _____

List names of who has permission to sign for your child to be released from the club:
