

Your counselor can help...

- You understand yourself and others.
- When you need someone to listen.
- With family changes.
- When you are faced with personal and difficult situations.
- With career development and healthy decision-making.
- When you are **stressed out**

How does a student see a counselor

- Self referral
- Parent request
- Request of the counselor
- Administrative referral
- Referral by friend(s)
- Teacher or staff referral



Slauson Counseling Team

Kevin Chung, MA, LPC
6th grade
chung@aaps.k12.mi.us

Stacia Weeks, MA, LPC, NCC
7th grade
weeks@aaps.k12.mi.us

Julie Monan, MA, LPC
8th grade
Monanj@aaps.k12.mi.us

Slauson Counseling Department



Building Healthy Relationships

*Slauson Middle School
Home of the Golden Bears
1019 West Washington
Ann Arbor, MI 48103
734-994-2017*

Mission Statement

Advocate for the overall development of the child, which includes the academic, social and career aspects of our program through collaborative relationships with parents, students, community and faculty.

.....
Groups that are currently being offered:

- **Positive Peer Relationships**
- **Growth Mindsets/ Goal setting and study skills**
- **CBT in the schools**
- **P2P Depression Awareness**

Counseling services:

- **Small group settings**
- **Classroom lessons**
- **Individual counseling**
- **Parent consultations**
- **Community resource referrals**

**Please note we do not provide "therapy" or "traditional counseling" services. Counseling that takes place in a school setting will be brief and solution focused. All groups are educational and skills based. Referrals for outside counseling services are available if students need additional support.*



Counselor meets with students to:

- Listen
- Problem-solve issues of concern
- Provide support when dealing with personal problems
- Create a plan for academic success
- Explore career awareness

Counselor meets with parents/ guardians to:

- Provide support for parents seeking help
- Provide information regarding available community resources
- Share information about their child within the boundaries of the counselor's professional ethics
- Review student academic performance

Counselor consults with staff and other professionals to:

- Help identify and assist students with academic difficulties
- Assist administration in coordinating activities such as orientation, testing, and registration
- Assist staff in teaching curriculum dealing with the Comprehensive School Counseling Program
- Make referrals to community agencies when necessary

Common Concerns Dealt with in a School Counselor's Office

"I just need to talk to someone."

"My best friend hates me and now everyone is against me."

"My homework isn't done because school is hard."

"Something happened to me and I need to tell someone."

"My friend is having thoughts of suicide."

"One of my parents left last night and I don't feel very good."

"I don't have anyone to sit with at lunch."

Counselor may meet with students about...

Behavior issues

Problems with grades

Missing too many school days

Promotion/Retention

Healthy peer relationships

Helping with transitions