

Skyline High School

Family Update 1/14/21

Skyline Family,

The news and updates we have received over the past week bring great excitement to the Skyline Staff. Recent health and safety mitigation guidance has led us into this invigorating time that will focus our work on planning for our students' safe return to our campus. There is still much work to do in this planning and, again, we will move swiftly in these efforts - while ensuring health and safety remains at the forefront and that we uphold the excellence that we have come to know and expect of Skyline High School and the Ann Arbor Public Schools.

While we will embrace these welcomed opportunities ahead of us, let us be mindful that we will not be returning to the learning environment that we left last March or that we typically picture when we think back to the school campus we so love and miss. The information I share now and in the coming weeks is to help us prepare for the weeks and months to come and, as your Principal, I am committed to continuing to lead our school through these tough times with as much clarity as I can bring.

We will rebuild our warm and welcoming school environment together - with safe engagement that continues to connect us as learners. We will also keep safety as our top priority and employ all necessary mitigation strategies that support the reduction of transmission and the health and safety of our overall student body and broader school community. In alignment with these goals, at this time we are planning an expected return with the following Super 6 Mitigation Strategies employed across all AAPS campuses:

1. Face coverings - worn at all times unless eating or drinking
2. Distancing - adapting traffic flow and modifying classrooms for 6ft distancing
3. Cohorting students - staying in designated small groups
4. Ventilation enhancements
5. Cleaning protocols
6. Public Health Protocols - pre-screening, contact tracing, etc.

We will do what we know as current, research-based best practice to support the ultimate return to the learning environment most of us typically picture when we think of learning at Skyline High School.

Much like where we were last spring, we have entered a time where our school staff will be working diligently to put the plans in place for our next stages - keeping our commitment to our students' engagement, learning, and social/emotional health at the forefront. Please look to Dr. Swift's recent message, linked [HERE](#), for our district's initial announcement of the AAPS Return to In-person/Hybrid Learning plan. I look forward to bringing you additional updates in the weeks to come, along with an additional information session to respond to any questions and/or concerns our families may have (additional details are forthcoming).

These next couple of months will prove to be an exciting, and somewhat exhausting, time for students, families, and staff as we move into another phase of schooling during this pandemic period. Please know the Skyline team understands those feelings and we are here to navigate these times - together.

In partnership,
Cory McElmeel, Principal
Skyline High School

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Things to Come

Next Weeks Bell Schedule

Skyline Schedule				
Monday	Tuesday	Wednesday	Thursday	Friday
No School	Block 2 8:30 - 10:15	 Independent Work 8:30-9:30 am Office Hours	Block 1 8:30 - 10:15	Block 2 8:30 - 10:15
	Block 4 10:25 - 12:10		Block 3 10:25 - 12:10	Block 4 10:25 - 12:10
	Lunch 12:10 - 12:40		Lunch 12:10 - 12:40	Lunch 12:10 - 12:40
	Skytime Office Hours 12:45 - 1:25		Skytime Office Hours 12:45 - 1:25	Skytime Synchronous 12:45 - 1:25
	Block 6 1:35 - 3:20		Block 5 1:35 - 3:20	Block 6 1:35 - 3:20
	Block 7 3:30 - 4:35		Block 7 3:30 - 4:35	Block 7 3:30 - 4:35

Suggested Asynchronous Wednesday Schedule

Asynchronous Wednesday - Remote/Virtual Learning Phase <i>Suggested Course Work Schedule</i>	
8:30 - 9:20	Block 1 (50)
9:25 - 10:15	Block 2 (50)
10:20 - 11:10	Block 3 (50)
11:15 - 12:05	Block 4 (50)
12:05 - 12:35	Lunch (30)
12:35 - 1:25	Block 5 (50)
1:40 - 2:20	Block 6 (50)

****2 weeks until End of Term (EOT)****

End Of Term (EOT) Daily Meeting Schedule Jan. 25 - Jan. 29

	1st Assessment of Day 8:30 - 10:10	Break 10:10 10:30	2nd Assessment of Day 10:30 - 12:10 <small>(start 5 minutes later than normal)</small>
Mon 1/25	1st Hour Block		7th Hour Block
Tue 1/26	2nd Hour Block		4th Hour Block
Wed 1/27	ASync Wednesday		ASync Wednesday
Thur 1/28	3rd Hour Block		5th Hour Block
Fri 1/29	6th Hour Block		Make-Up

Upcoming Announcements

No School on MLK Day Monday, January 18th

AAPS High School MLK Celebration

**Theme: “Getting Into Good Trouble”
Skytime Webinar
Friday, January 15th
(12:45-1:25)**

This year, all AAPS high schools will be collectively celebrating Dr. King via a webinar on Friday, January 15 at 12:45pm, during the advisory period. The theme for the celebration this year is “Getting into Good Trouble”, a quote made famous by the late Congressman, John Lewis. All five AAPS high school teams have collaborated to put together a meaningful celebration including inspirational video clips, AAPS student voice, state representative Felicia Brabec bringing the message home to our AAPS students, and an opportunity for each student to reflect and commit to how they plan to keep Dr. King’s legacy alive by getting into “Good Trouble.”

Note: Students will attend their Friday Skytime, receive the link to attend the webinar and then return to their Skytime for wrap-up.

A video of the webinar will be made available on our school’s website.

MLK DAY EVENTS

We encourage students and families to take advantage of the opportunities to celebrate the life and work of Dr. Martin Luther King on this day off of school.

Click [HERE](#) for a list of MLK DAY webinars, lectures and events in the surrounding area. Please note that some of these events require registration.

**Magnet Applications due 1/20/21
(Attention 9th grade families)**

If you were unable to attend the Dec. 8th PTSO Magnet Presentation meeting, a recording of our meeting may be found via this [LINK](#). Magnet Applications are available online linked [here](#) and are due by Wednesday, January 20, 2021 at 3:00pm. Magnet Lottery will take place on Jan. 25 and results will be emailed to students on Jan. 28.

American Mathematics Competition Feb. 4 and Feb. 10

In the past Skyline has hosted the American Mathematics Competition, a 75-minute-long exam taken by students across the nation. This year, the competition will be hosted online, and registration is completely free. Skyline students can take their tests with Ann Arbor Math Olympiad

Co-Op, a local math education non-profit. We encourage any interested students to register, as it is free. Top scorers will be invited to take the selective AIME exam. If you are interested, please fill out this form by January 15th. <https://forms.gle/Qpgk414CMzx3Avs46>

This Week in Athletics

Winter Athletics Update

For winter athletics, with the latest update from the MHDSS and Governor Whitmer, the MHSAA has planned for all non-contact sports such as Boys and Girls Bowling, Figure Skating, Gymnastics, PomPon and Boys Swim, to begin on Jan. 16th as scheduled. Contact sports such as Boys and Girls Hockey, Boys and Girls Basketball and Wrestling may begin conditioning on the 16th with 6 ft social distancing taking place at all times. With the Approval from AAPS winter sports will begin, see the schedule below. AAPS has continued to put the health and safety of our students and staff in the forefront of any decisions they have made. The coaches and staff will continue to follow all of the protocols put in place by the MHDSS, MHSAA and AAPS.

We want to reinforce the importance of consistently following all COVID-19 mitigation strategies; consistent use of face coverings, maintaining social distance, hand sanitization, etc. Any athlete experiencing symptoms of COVID-19 - even mild symptoms - should consider a self-quarantine. If your athlete is experiencing any symptoms, please consider getting a COVID-19 test. The WCHD has information about testing locations [here](#).

**If Practices are approved to begin on Saturday, Jan. 16th - the schedule would be as follows:

Boys Varsity Basketball - Man gym 9:00 am - 12:00 pm or contact Mike Lovelace lovelace@aaps.k12.mi.us

Boys JV Basketball - Main Gym 12:00 pm - 2:15 pm or contact Coach Sims simsja@aaps.k12.mi.us

Boys 9th Basketball - Aux Gym 12:00 pm - 2:15 pm or contact Coach Bond drebond1005@gmail.com

Girls JV/Varsity Basketball - Main Gym 4:30 pm-6:30 pm or contact Johnnie Horne skylinegirlsbball@gmail.com

Bowling will have optional practice at BelMark on Sunday or contact Coach Ratkowski ratkowskir@gmail.com

Boys Hockey will have times communicated by Coach Jake Stripp jake_stripp@yahoo.com

Girls Hockey - contact coach Coach Dionne pauldionne78@gmail.com

Gymnastics - please contact Coach Gavin Kress gavenkress13@gmail.com

Figure Skating - please contact Emily Buckeridge emilybuckeridge123@gmail.com

Wrestling - Wrestling room 7:00 am -12:30 pm or contact Coach Mason skylinewrestlingcoach@gmail.com

Boys Swim will begin on Monday at 3:00 pm or contact Mojo murrettm@aaps.k12.mi.us

Pompon - see below and or contact coach McDevitt skylinepompon@gmail.com

Winter Pom Tryout Information:

January 20th and 21st from 6:00-8:00 pm in the Skyline Commons - BOTH Tryout dates are required. Previous dance experience is preferred but not required. Bring your Skyline school spirit and desire to support athletics and the whole community! Please wear black bottoms, black top, and earloop mask, and sneakers. There will be a health questionnaire to fill out before tryouts start.

Practices will be held on Wednesday's and Thursday's from 6:00-8:00 pm starting January 27th. If you have any questions please email Coach Meredith at skylinepompon@gmail.com . Go Eagles!

The 2021 MIAAA Scholarship application process is open. Please follow the guidelines here:

<https://www.miaaa.com/Scholarships/tabid/143/Default.aspx>

Each high school in Michigan may select one male and one female student-athlete.

Student-athletes must meet the following criteria to be nominated:

- A minimum cumulative GPA of 3.50 on a 4.0 scale
- One Letter of Support from a school staff member
- Must have earned a Varsity Letter in at least two different sports during their high school career
- Application must be typed
- Submit the Application to Mr. Wellman, wellmanr@aaps.k2.mi.us

Deadline for applications is February 1st.

Notification of selection will be made in late February. Scholarship winners will need to provide a wallet size photograph suitable for reproduction.

Counselor Connection

Career Day, February 1, 2021- Day 1 of Semester 2

Your counseling team here at Skyline is teaming up with counselors from Community High School and Pathways to Success to host a virtual career day on Monday, February 1, 2021. We are still in the planning stages but we are very excited to be able to offer this virtually to our students. We are working with many community members and stakeholders to bring a fun yet meaningful program to our students. There will be a modified schedule for the day:

- 8:30 - 9:00am Begin in Skytime
 - Attendance, share career journey, distribute schedules for the day
- 9:15 - 11am Naviance info- grade level webinar, EDP completion
- 11:00- 11:30 Breakout #1
- 11:40 - 12:10 Breakout #2
- 12:10 - 12:40 Lunch
- 12:40 - 1:00 Skytime- Attendance, school business for sem 2
- 1:15 - 1:45 1st block
- 2:00 - 2:30 3rd block
- 2:45 - 3:15 5th block
- 3:30 - 4:35 7th block

- Breakout sessions will include college, financial aid, and career presentations from community members

Greetings from your Skyline Counseling team! In the wake of a stressful week, we would like to remind you that we are here for you. We do our very best to create welcoming and supportive environments and counseling services that promote personal, social, and academic wellbeing. Please feel welcome to connect with us. We love hearing from you!

Ms. Dedvukaj's caseload coverage while she is on leave- Ms. Dedvukaj will be on leave through March 15. While she is out, the rest of the counselors will be taking care of her caseload as follows by student last names. Please reach out if you need any assistance in her absence:

Dennis Brunzell (brunzelld@aaps.k12.mi.us): I-Ju

Dave Almassy (almassyd@aaps.k12.mi.us): K-Ko

Jacinta Nafziger (nafzigerj@aaps.k12.mi.us): Kr-La

Tiffany Kincaid (kincaidt@aaps.k12.mi.us): Le-Lo

Heather Schimmel (schimmel@aaps.k12.mi.us): Lu-Ma

Charis Bass (brownbassc@aaps.k12.mi.us): Mc-Mi

TRAILS groups- Last month the counselors sent invites to students to participate in TRAILS groups. TRAILS (Transforming Research into Action to Improve the Lives of Students) is a program designed by Elizabeth Koschmann, PhD and her team at the University of Michigan that brings mental health support for students struggling with anxiety and depression into the schools. We have yet to hear back from many of our students. If you think that your student could benefit from this support, please reach out to their counselor.

Wish You Knew - Sometimes, a thing as simple as listening, sharing, or knowing that others are feeling the same way can help us cope with the things that weigh on us. With this in mind, #WishYouKnew would love to hear what you wish someone knew. If you're comfortable, please share what you wish someone knew [here](#).

Here are a few examples of what community members have shared so far:

"Support isn't only for a crisis."

"10 deep breaths won't fix it."

"I don't want to be a burden."

"Guys can feel down too."

"I'm ready to listen."

Check Wish You Knew out on Instagram [@wishyouknewwashtenaw](#) to see more of what people have shared! Also check out their playlists to help stave off the winter blues on [Spotify!](#)



Corner Health Center and Ford Motor Company Fund Present

YOU ARE NOT YOUR THOUGHTS



Join us for a **FREE** virtual interactive conversation about stress and anxiety. At this event you will watch some videos and have open discussion about the topic. Plus, you will learn some strategies for coping.

**Thursday, January 28, 2021
6:30 pm – 8:00 pm**

All youth and young adults 12-25 will be **entered for a chance to win gift cards and other great prizes!**

Registration will close on Wednesday, January 27 @ 12:00 midnight.

[Register Now](#)

Questions? Email Outreach@cornerhealth.org or visit www.cornerhealth.org for more information.

Seniors

College Update:

We are in the midst of the college application season and the Skyline school counselors are here to help! Please reach out to your school counselor if you have any specific questions about the college application process.

1) FAFSA is now available

- Information about the [FAFSA](#) has been posted on the Sky Senior Schoology Class of 2021 group
- [Article](#) on steps for preparing to submit the FAFSA.

- Help with the FAFSA - there are several workshop opportunities posted on Sky Senior Schoology Class of 2021 group
 - Earn a chance at a \$1,000 scholarship for completing the FAFSA.
 - i) 200 Complete the FAFSA scholarships will be awarded in October, November, and December.
 - ii) <https://opportunity.collegeboard.org/>
- 2) Scholarship Applications - Start now!
- Start applying for scholarships at prospective colleges.
 - Scholarship search is available on Naviance and can be found within the “Colleges” section under “Scholarships and Money.”

Please remember to review the [senior presentation](#) for details on how to request transcripts and letters of recommendation in Naviance.

Juniors and Seniors

College representatives are available to meet virtually! You can review an updated college visit list [here](#). In addition, review the Sky Senior Schoology Class of 2021 group for important updates.

Attend NACAC Virtual College Fairs

Find the college that fits you at an upcoming NACAC Virtual College Fair. It's easy! Just drop in on Zoom sessions offered by hundreds of colleges. It's one day to explore your options and get started on your college dreams. Hear about student life, majors and programs, financial aid, scholarships, and more, plus ask questions and text chat. Sign up now for free at: virtualcollegefairs.org and start exploring. Families invited, too.

Virtual Fair Dates

On each fair date, hundreds of colleges will offer Zoom sessions for high school students like you. Students everywhere can log in, drop in, and ask questions. Sign up now at virtualcollegefairs.org and register for one or more fairs. Click below to see which colleges will be at each fair. For the most up-to-date listing, please check online.

- Jan. 31 Fair: Download PDF | [View online](#)
- Feb. 28 Fair: Download PDF | [View online](#)
- March 21 Fair: Download PDF | [View online](#)
- May 2 Fair: Download PDF | [View online](#)

Quick Start Video and Guide

This [short video](#) and this [quick start guide](#) provide an overview of how to make the most of your fair experience.

Pro Tip: Click the "Remind Me" button whenever you see a Zoom session that will be offered by a college that interests you. The reminder will get added to your "My Schedule" tab and you'll receive

a text when the session is about to start.

Scheduled Meetings and Text Chat

You can schedule a one-on-one meeting with a college admission representative. Just go to the college's profile page and click on the "Schedule a Meeting" button to choose a date and time. Also available is text chat with a college.

Additional Learning Opportunities

NACAC Workshops: In addition to colleges' Zoom sessions, NACAC also offers Zoom workshops for students and families. These are general, 30-minute information sessions. Enter "nacac" in the "search by college" to find workshops scheduled for each fair.

Sponsored Sessions: Sponsorship support for NACAC Virtual College Fairs is provided by PNC Bank, which offers informative Zoom sessions at each fair. Enter "pnc" in the "search by college" to find workshops scheduled for each fair.

Tell Me More

NACAC Virtual College Fairs are offered by the association that has represented counseling and admission professionals worldwide since 1937. NACAC and its members are dedicated to ethical and inclusive service to students as they make choices about their higher education future.

USA Gap Years Fairs

AAPS will be promoting and participating in the 2021 Gap Year Fair lineup, although virtually this year. Please add the dates to your calendars. This will be our 8th year of participation!

[USA Gap Year Fairs](#) is hosting 40 virtual events to connect students, families, and counselors with the most up to date information about gap year options and summer opportunities in 2021. As our 14th year of offering free educational events, we're excited to make this information even more accessible this year by embracing a virtual format. Plus, this year, **we'll be announcing over \$10,000+ in scholarships**, so be sure to share this link with your friends and family, especially those aiming to take gap time in 2021!

Register to attend a fair with your community!

Join classmates and neighbors at a virtual gap year event tailored to your local community. In addition to offering events across multiple time zones, we'll ensure that the gap year counselors, programs, and alumni will come prepared to meet the needs of your region.

**Click on any fair below to learn more.*

- **Jan 23:** [NATIONAL Virtual Gap Year Fair](#)
- **Feb 6:** [NATIONAL Virtual Gap Year Fair](#)

- **Mar 13:** NATIONAL Virtual Gap Year Fair

Learn more [HERE](#)

Skyline CUBE Update

Weekly Virtual College Visits

Skyline High School Virtual College Visit Procedure

- Notify your classroom teacher(s) before signing up for the Virtual College Visit - Make sure you are not missing important information (Exam, Experiment, etc.) Note: If the visit will run into another class period notify that teacher prior to attending the visit. Do not interrupt the class/teacher when returning to class.
- Have a plan in place to recover the information you will be missing before attending the Virtual College Visit
- Secure permission from your parent(s). Provide your parents with the date and time of the Virtual College Visit.
- The day of the visit check-in with your classroom teacher(s) and attend the visit via the zoom link provided.
- The Cube will validate your attendance at the end of the period.
- At your next class meeting request any missed assignments/exam. Secure the deadline to submit the missed assignment/test/experiment prior to attending the Virtual College Visit.

Please note: An updated list of all virtual college visits can be found at:

<https://www.a2schools.org/Page/16484>

Skyline Family Reminders

Skyline Student/Family Guidebook

Click [HERE](#)

Skyline Academic Calendar

Click [HERE](#)

Google Doc Notification Tutorial Linked [HERE](#)

Student Attendance Reporting

Students are expected to fully participate in class each day. To ensure student success in reaching the learning targets, we need your support to make sure students are present daily and on time for class. We understand some absences are unavoidable. However, given the structure of the program, missing a week or several days will make it difficult for a student. It is important for students to understand that grades will be issued for all classes this year whether we are virtual or in person.

Parents please call the attendance line and report/excuse student absences.

****It's is not necessary to report absences on fully-asynchronous school days****

Skyline Attendance Line: 734-994-7842

Schoology and Powerschool Parent Information

Schoology for Parents

Here is a link where you will find information with instructions on [how to create, log into, and use your Schoology account](#). You should have received a unique access code from your student's Skytime teacher. If not, please contact them.

If you require additional technical support please contact:

- Call Schoology Support - Available 7am - 7pm **734-997-1222**
- Email Schoology Support - Available 7am-7pm family_techsupport@aaps.k12.mi.us

Powerschool for Parents

The Ann Arbor Public Schools encourages all parents to set up Single-Sign On accounts to access the PowerSchool parent portal. Please watch for updates here as well information mailed from your school(s) and the central office.

PDF: [Instructions for Setting Up Your Single Sign-On Account](#)

Video: <https://youtu.be/UEWSNbR7Qzg>

Limited technical support for parents having difficulty setting up their accounts is available by emailing psparent@aaps.k12.mi.us. NOTE: ITD cannot create accounts nor provide access keys.

PowerSchool Mobile App available for Android and iOS. The video below shows you how to get started.

Video: <https://www.youtube.com/watch?v=vA8gl-gTIMI>

District Code for PowerSchool app for iPhone/Android: GGFF

Resources for Students & Families

Racism, Bias or Bigotry Complaints or Concerns

AAPS Helpline at 734-545-2321
hosted by Dr. Eaddy-Richardson

Academic Resources for Families

Free Academic Support Resources

A number of local groups and organizations are offering free academic support for AAPS students. These free resources are primarily provided by U-M students and community volunteers. [View Free Academic Support Resources Here.](#)

Connections+ Guidelines and Tips

AAPS has created a Guide to support families who have created learning groups for AAPS students. The Guide includes hints and tips, safety information and free community resources. [View the Connections+ Guide here.](#)

Expectations in Learning for Students with Specialized Learning Needs

The AAPS is sharing what students with special needs and their families can expect during virtual learning, and importantly, steps to take if these expectations are not met. This information can be found [HERE](#).

Connecting Together: An AAPS Parent/Guardian Support Group

This AAPS Parent/Guardian Support Group will provide an opportunity for parents to connect to find support and get ideas about how to face the challenges of 2020. Last year, parents who participated in an AAPS parent support group consistently reported that they found it helpful, and appreciated hearing from and connecting with other parents going through similar struggles.

Groups meet:

- 2nd Tuesday of the month - 7:30 - 8:30 PM
- 4th Thursday of the month - 1-2 PM

Register [HERE](#)

Help! Who's this Pre-Teen/Teenager in My House?

Parents will learn ways to build and strengthen their relationships with their pre-teen/teen(s) as well as understand ways to navigate those difficult moments when your teen's view on life totally contradicts all that you have instilled in them. The pre-teen/teen parent group will run the third Wednesday of each month from 6:00 - 7:00 p.m., beginning November 18, 2020 through April 21, 2021. Parents can join the group via Zoom by going to:

<https://a2schools.zoom.us/my/haroldwimberly> and using Passcode: 072866.

Please use [this calendar](#) of upcoming parent support groups, including the Connecting Together Groups that will be in Spanish, Chinese, Arabic, Japanese, and Korean

Food Distribution

- Fall Food Distribution will continue on a Monday & Thursday schedule.
- Pick-up times are from 11:30-3:00pm and 4:30-6:00pm at Skyline.
- These meals are intended for children up to 18 years old and any child with special needs up to 26 years old. AAPS will distribute these meals to children, and parents/guardians.
- AAPS Food Service Hotline – If you have food allergy needs or cannot make it to a pick-up location please call 734-994-2265.
- [Food Service / Free & Reduced Meal Application](#)
- Additional details on food distribution and food assistance and be found - Linked [HERE](#)

AAPS Technology Distribution & Assistance

Please remember that all AAPS students will have the opportunity to receive a district-provided device to support remote learning while we are in the virtual learning phase of schooling. At the high school level this will be a chromebook. Following is information on how to attain your child's district-provide device as well as links and contact info for tech and wifi troubleshooting. See the hyperlink for information on how to navigate [parental controls on district issued devices](#).

TECHNOLOGY ASSISTANCE

Students & Families

734-997-1222

Hours of Operation:

7:30am - 5:00pm (M-Fr)

Technology Help Desk **email address:** family_techsupport@aaps.k12.mi.us

Internet/wifi access support resources

- To request a mobile hotspot: click [HERE](#)
- Free/low cost internet options: click [HERE](#)

Technology Request Form: click [HERE](#)

Also see:

[Technology FAQ's and Troubleshooting](#)
[Schology Support](#)

New Students:

1. In advance of pickup of any district technology, please complete the AAPS 1:1 Form - Linked [HERE](#)
2. Families that still need to submit InfoSnap or Immunization paperwork must be ready to submit this paperwork when you arrive at technology distribution
3. If you cannot complete this form online, please call 734-997-1222 or email family_techsupport@aaps.k12.mi.

Additional details on district technology distribution can be found - Linked [HERE](#)

Social Emotional & Mental Health Supports

Free and fee-based AAPS [AAPS Rec & Ed programs](#).

RAHS Clinic - Michigan Medicine's Regional Alliance for Healthy Schools

Providing substance use prevention group sessions at Pathways for Success Academic Campus throughout this school year. Each session includes 4 sessions of education and group activities with a goal to improve knowledge and decision making processes especially as it relates to substance use. To be eligible for the group, participants must complete a RAHS registration and consent form and a group questionnaire which are available [HERE](#). If you have any questions or concerns you would like to discuss, please contact Lisa Anderson, LMSW at lfattori@med.umich.edu or by phone (734) 997-3625.

New Oakland Family Center

Our own *Master's level therapists* are just a phone call away through our **24-Hour Emergency Hotline, 877-800-1650**, a resource designed to help people in mental and social-emotional crises any time, day or night, seven days a week, 52 weeks a year. In this way, we are able to assist people in real time according to our philosophy of the right care at the right time.

COMMUNITY MENTAL HEALTH SERVICES AND SUPPORTS

Psychiatric Emergency Services

- Michigan Medicine Psychiatric Emergency Service (Ann Arbor) 734-936-5900 or 734-996-4747 (24/7)
- St. Joseph Mercy Psychiatric Access line (Ann Arbor) 734-712-2762 (24/7)
- Washtenaw County Community Mental Health (WCCMH) crisis line and access
- For Medicaid and uninsured 734-544-3050 (24/7)

MENTAL HEALTH HOTLINES AND SUPPORT RESOURCES (Call & Text)

- Suicide Prevention Hotline (24/7): 1-800-273-8255 (1-800-273-TALK)
- Ozone House
 - Crisis Line (24/7): 734-662-2222
 - Ozone Text Line: text "ozone" to 734-662-2222 M-TH 10-7 and Fri 10-4
 - Crisis Text Line (24/7): text HELLO to 741741
- Counseling and Psychological Services (CAPS) After Hours Crisis Hotline: 734-487-1118
- Disaster Distress Helpline, Call (800) 985-5990, Text TalkWithUs to 66746
- National Suicide Prevention Lifeline, Call (800) 273-8255, [Chat with Lifeline](#)
- Trevor Project Lifeline (866) 488-7386 (crisis support for LGBTQ youth)

- 7 Cups; Free, anonymous and confidential online text chat with trained listeners, online therapists & counselors; <https://www.7cups.com>
- Safe House 734-995-5444 (24/7)
- Rape, Abuse, and Incest National Network (RAINN) 800-656-HOPE (4673)
- Sexual Assault Prevention and Awareness Center (SAPAC) 24-hour Crisis Line National Domestic Violence Hotline 800-799-SAFE (7233)

Other Resources for Families in Need

Get Help: Community Resources for Students and Families

Looking for support or assistance with food, housing, health care and more? [The AAPS Community Resource page](#) lists free resources available to students and families. [Visit the Community Resource Page today](#). This page is frequently updated.

HOMELESS SUPPORT

Alicia Maylone, District Liaison - maylonea@a2schools.org

SNAP/EBT Benefits

If you have recently lost income and need assistance with food, you may be eligible for a benefit through the Supplemental Nutrition Assistance Program (SNAP). SNAP provides a monthly benefit on an Electronic Benefit Transfer (EBT) card (known as the MI Bridge Card) that can be used to buy food at grocery stores, [farmers' markets](#) (see attached), and any food store with the USDA sign "EBT Accepted."

If you are eligible, you could begin receiving benefits within 30 days. The card is mailed to your house and benefits are uploaded each month directly on the card. Applying is quick and confidential. If you have general questions or want more information, please visit www.michigan.gov/mibridges or call 888-544-8773.

Poison Control Hotline (24/7): 1-800-222-1222

Go Eagles!