# Skyline High School Family Update 12/17/20

Skyline Family,

From our Skyline Staff to our beloved Skyline Family, we wish you the happiest new year and a restful and joyous winter break. Our Skyline Eagles have given us so much to be proud of this fall their perseverance, presence, and passion - as we have connected and continued learning across our homes and community this fall.

This break we encourage everyone to take time to disconnect, turn off your screens, and step away.

We look forward to welcoming our Eagles back in 2021. School resumes promptly at 8:30 am on Monday, January 4th. We can hardly wait to see you then.

My best wishes of health and happiness to you and yours, Skyline family!

Cory McElmeel, Principal

Skyline High School

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## **Things to Come**

## Our Bell Schedule after Break

Skyline Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Block 1</b> 8:30 - 10:15	<b>Block 2</b> 8:30 - 10:15	٥	<b>Block 1</b> 8:30 - 10:15	<b>Block 2</b> 8:30 - 10:15
Block 3 10:25 - 12:10	Block 4 10:25 - 12:10	Independent Work	<b>Block 3</b> 10:25 - 12:10	<b>Block 4</b> 10:25 - 12:10
<b>Lunch</b> 12:10 - 12:40	<b>Lunch</b> 12:10 - 12:40		<b>Lunch</b> 12:10 - 12:40	<b>Lunch</b> 12:10 - 12:40
Skytime Synchronous 12:45 - 1:25	Skytime Office Hours 12:45 - 1:25	8:30-9:30 am Office Hours	Skytime Office Hours 12:45 - 1:25	Skytime Synchronous 12:45 - 1:25
Block 5 1:35 - 3:21	Block 6 1:35 - 3:21		Block 5 1:35 - 3:21	Block 6 1:35 - 3:21
Block 7 3:30 - 4:35	<b>Block 7</b> 3:30 - 4:35		Block 7 3:30 - 4:35	<b>Block 7</b> 3:30 - 4:35

## **Suggested Asynchronous Wednesday Schedule**

Asynchronous Wednesday - Remote/Virtual Learning Phase Suggested Course Work Schedule			
8:30 - 9:20	Block 1 (50)		
9:25 - 10:15	Block 2 (50)		
10:20 - 11:10	Block 3 (50)		
11:15 - 12:05	Block 4 (50)		
12:05 - 12:35	Lunch (30)		
12:35 - 1:25	Block 5 (50)		
1:40 - 2:20	Block 6 (50)		

## **End of Term Schedule (EOT)**

#### **End of Term (EOT) Week Class Meeting Schedule**

- Monday, 1/25 Students attend Block 1 & 7 Classes
- Tuesday, 1/26 Students attend Block 2 & 4 Classes
- Wednesday, 1/27 Students have typical Asynchronous Instruction Day
- Thursday, 1/28 Students attend Block 3 & 5 Classes
- Friday, 1/29 Students attend Block 6 Class & Optional Make-up Period\*\*

\*\*available for students to schedule makeup assessments upon individual need\*\*

#### **Daily Class Schedule for EOT Week of 1/25/21**

1st EOT Block of the Day: 8:30am - 10:10am Student Break/Transition: 10:10am - 10:30am 2nd EOT Block of the Day: 10:30am - 12:10pm

## **Upcoming Announcements**

### **Catching Up Over Break**

We absolutely want everyone to take time to disconnect and recharge over the winter break. For students who are failing or behind in coursework, it is possible to have a restful break AND catch up on work at the same time. How? By creating and sticking to a plan of action.

Plan of Action: Winter break is 16 days long including weekends. A student who is behind in work can make a plan to complete 1 assignment a day for 10 of those days, get a good amount of back-up work completed, and still take 6 full days off to rest. If you are behind, make your plan. Set a time each day to complete just one assignment. Before you know it much of your backed-up work will be behind you.

The social/emotional health and physical well-being of our students always takes top priority over academics. Please consider this as you build a plan along with your child that supports their individual growth and progress as we continue to navigate these challenging times.

Taking it one challenge at a time, together, we can get every child to the finish line.

## **AAPS School Library News**

Curl up with good books over break! District librarians are excited to share school library news with you! Each month they will provide you with highlights of the curriculum and programs to help your student to become a successful 21st Century digital citizen and life-long learner! Here's the link:

AAPS Library Newsletter

## PTSO Meeting with Magnet Presentations (Attention 9th grade families)

If you were unable to attend the Dec. 8th meeting, a recording of our meeting may be found via this LINK.

## Magnet Lottery Process (Attention 9th grade families)

The magnet programs at Skyline provide flexible hands-on learning experiences that empower learners to reach their potential. The theme-based approach promotes many of the factors associated with effective schools, chiefly, innovation in program and practice, staff and curricular coherence, increased parent and community involvement, and greater student engagement, all of which add up to higher student achievement.

9th grade students will be introduced to the four magnet programs within the context of their regular academic core classes during Magnet Exploration Week Jan. 4-8, 2021. There will be a presentation in Skytime on Friday, Jan. 8. This exploration will provide both a chance to better understand the themes and learning environments of the magnets and will also give all students an opportunity to consider their own personal interests so that, whether they select a magnet or not, they will begin to think of the choices and opportunities in their futures. Magnet Applications will be available online this year. The online link will be placed on the Skyline homepage and will open Friday, January 8, 2021. Applications are due by Wednesday, January 20, 2021 at 3:00pm.

The random lottery of magnet applications will take place Monday, January 25, 2021 More information via a link about the magnet programs at Skyline will be forthcoming.

## Update on the 6th annual Skyline Helping Skyline

We would like to thank everyone who helped with the Skyline Helping Skyline project this year. Over 20 Skyline students and their families have been helped by your generosity. Items are being delivered to the families this week and next.

This part of the project was to allow the students to have some fun and get something they wanted instead of needed during this holiday break as well as help their families with some basic needs (food and clothing). We are going to keep the <u>link</u> active year round as the need doesn't stop after the holidays. Whatever we collect throughout the rest of the year will be used to help students get through the summer months with no school support system.

Skyline is such a caring community. We can't thank everyone who helped enough. For those who weren't able to help at this time and would like to donate at another time of the year that is more convenient, please check out the <a href="Link">Link</a>. Monetary donations are used for urgent needs that come up but we can always use what is on the list to help out our students with food or other items they need year round. Please know that any donation you give is used specifically for Skyline students and their families. We support each other at Skyline and try to make the playing field as equitable as possible for those who are less fortunate.

Thank you also to the staff members who helped distribute items to the families. We couldn't have done this without you.

Everyone have a wonderful and as safe as possible winter break. See you in the new year.

## This Week in Athletics

### **Winter Athletics Update**

The state of Michigan remains in a statewide pause in HS activities and athletics. We anticipate the pause being extended to at least January 3rd. The MHSAA and AAPS remain committed to completing the fall season tournaments. We will continue to monitor the district's metrics and will adjust our phases for winter sports in response to the statewide guidelines.

At this time we will continue to be on hold before beginning any practices/workouts. We are asking our coaches to continue contact with their athletes, providing virtual activities, and making sure they are doing well and working hard in the classroom. It may be challenging during these times for some students to maintain interest in academics. As a result, Our coaches are doing their best to provide support and encouragement to our student-athletes to stay focused as we get close to the end of the first semester. Reminding and supporting them so that when we do get started they are academically eligible and able to join in the fun.

In the meantime, we want to reinforce the importance of consistently following all COVID-19 mitigation strategies; consistent use of face coverings, maintaining social distance, hand sanitization, etc. Any athlete experiencing symptoms of COVID-19 - even mild symptoms - should consider a self-quarantine. If your athlete is experiencing any symptoms, please consider getting a COVID-19 test. The WCHD has information about testing locations here.

## **Counselor Connection**

A well deserved Winter Break is upon us. Skyline's Counseling Team would like to wish you the happiest of holidays! We are excited to put 2020 to rest and start 2021 with renewed vigour, optimism and hope.

In an effort to better serve our students in this virtual setting, the Skyline Counseling Department is proud to share our "Virtual Offices". During normal times we do our best to create welcoming environments for our students, while creating a space that is unique to each of our personalities. We all had WAY too much fun creating our own virtual spaces with those thoughts in mind. In our offices, you will find contact information as well as a variety of resources that we each believe are useful that we want to share with you all. Please stop in and check out our new spaces linked here.

If you need any mental health resources during the Winter Break, the Washtenaw Community Mental Health phone number is always open 734-544-3050.

Enjoy the break and we will see you in 2021!

#### **Seniors**

College Update:

We are in the midst of the college application season and the Skyline school counselors are here to help! Please reach out to your school counselor if you have any specific questions about the college application process.

#### 1) FAFSA is now available

- Information about the <u>FAFSA</u> has been posted on the Sky Senior Schoology Class of 2021 group
- Article on steps for preparing to submit the FAFSA.
- Help with the FAFSA there are several workshop opportunities posted on Sky Senior Schoology Class of 2021 group
- Earn a chance at a \$1,000 scholarship for completing the FAFSA.
  - 200 Complete the FAFSA scholarships will be awarded in October, November, and December.
  - ii) <a href="https://opportunity.collegeboard.org/">https://opportunity.collegeboard.org/</a>

#### 2) Scholarship Applications - Start now!

- Start applying for scholarships at prospective colleges.
- Scholarship search is available on Naviance and can be found within the "Colleges" section under "Scholarships and Money."

Please remember to review the <u>senior presentation</u> for details on how to request transcripts and letters of recommendation in Naviance.

#### **Juniors and Seniors**

College representatives are available to meet virtually! You can review an updated college visit list here. In addition, review the Sky Senior Schoology Class of 2021 group for important updates.

## **USA Gap Years Fairs**

AAPS will be promoting and participating in the 2021 Gap Year Fair lineup, although virtually this year. Please add the dates to your calendars. This will be our 8th year of participation!

<u>USA Gap Year Fairs</u> is hosting 40 virtual events to connect students, families, and counselors with the most up to date information about gap year options and summer opportunities in 2021. As our 14th year of offering free educational events, we're excited to make this information even more accessible this year by embracing a virtual format. Plus, this year, **we'll be announcing over \$10,000+ in scholarships,** so be sure to share this link with your friends and family, especially those aiming to take gap time in 2021!

## Register to attend a fair with your community!

Join classmates and neighbors at a virtual gap year event tailored to your local community. In addition to offering events across multiple time zones, we'll ensure that the gap year counselors, programs, and alumni will come prepared to meet the needs of your region.

\*Click on any fair below to learn more.

- Jan 23: NATIONAL Virtual Gap Year Fair
- Feb 6: NATIONAL Virtual Gap Year Fair
- Mar 13: NATIONAL Virtual Gap Year Fair

Learn more HERE

**Skyline CUBE Update** 

## **Weekly Virtual College Visits**

## Skyline High School Virtual College Visit Procedure

- Notify your classroom teacher(s) before signing up for the Virtual College Visit Make sure
  you are not missing important information (Exam, Experiment, etc.) <u>Note</u>: If the visit will run
  into another class period notify that teacher prior to attending the visit. Do not interrupt the
  class/teacher when returning to class.
- Have a plan in place to recover the information you will be missing before attending the Virtual College Visit
- Secure permission from your parent(s). Provide your parents with the date and time of the Virtual College Visit.
- The day of the visit check-in with your classroom teacher(s) and attend the visit via the zoom link provided.
- The Cube will validate your attendance at the end of the period.
- At your next class meeting request any missed assignments/exam. Secure the deadline to submit the missed assignment/test/experiment prior to attending the Virtual College Visit.

Please note: An updated list of all virtual college visits can be found at:

https://www.a2schools.org/Page/16484

## **Skyline Family Reminders**

## **Skyline Student/Family Guidebook**

### **Click HERE**

As a reminder to our families, please review our virtual student/family guidebook for Skyline High School 2020-21 school year. Our handbook is a great place to go if you have questions about Skyline High School.

## **Skyline Academic Calendar**

Are you the type that likes to load your calendar with all the events for the year? Maybe you plan ahead. Well look no further...

## Skyline's Academic Calendar is linked HERE

The beginning of this year was quite busy and we have noticed our Academic Calendar may have been overlooked by some families amongst all of our new, virtual orientation materials this year. Please spread the word and share this great resource with your friends. Also, please be mindful that this calendar is live/active. As events are planned and revised our calendar is as well, so please check back or set up google doc update notifications so you are notified of changes.

Google Doc Notification Tutorial Linked <u>HERE</u>

## **Student Attendance Reporting**

Students are expected to fully participate in class each day. To ensure student success in reaching the learning targets, we need your support to make sure students are present daily and on time for class. We understand some absences are unavoidable. However, given the structure of the program, missing a week or several days will make it difficult for a student. It is important for students to understand that grades will be issued for all classes this year whether we are virtual or in person.

Parents please call the attendance line and report/excuse student absences.

\*\*It's is not necessary to report absences on fully-asynchronous school days\*\*

Skyline Attendance Line: 734-994-7842

## **Schoology and Powerschool Parent Information**

#### **Schoology for Parents**

Here is a link where you will find information with instructions on how to create, log into, and use your Schoology account. You should have received a unique access code from your student's Skytime teacher. If not, please contact them.

If you require additional technical support please contact:

- Call Schoology Support Available 7am 7pm 734-997-1222
- Email Schoology Support Available 7am-7pm <a href="mailto:family\_techsupport@aaps.k12.mi.us">family\_techsupport@aaps.k12.mi.us</a>

#### **Powerschool for Parents**

The Ann Arbor Public Schools encourages all parents to set up Single-Sign On accounts to access the PowerSchool parent portal. Please watch for updates here as well information mailed from your school(s) and the central office.

PDF: Instructions for Setting Up Your Single Sign-On Account

Video: https://youtu.be/UEWSNbR7Qzg

Limited technical support for parents having difficulty setting up their accounts is available by emailing psparent@aaps.k12.mi.us. NOTE: ITD cannot create accounts nor provide access keys.

PowerSchool Mobile App available for Android and iOS. The video below shows you how to get started.

Video: https://www.youtube.com/watch?v=vA8gl-gTIMI

District Code for PowerSchool app for iPhone/Android: GGFF

## **Resources for Students & Families**

## Racism, Bias or Bigotry Complaints or Concerns

AAPS Helpline at 734-545-2321 hosted by Dr. Eaddy-Richardson

#### **Academic Resources for Families**

#### **Free Academic Support Resources**

A number of local groups and organizations are offering free academic support for AAPS students. These free resources are primarily provided by U-M students and community volunteers. <u>View Free Academic Support Resources Here.</u>

#### **Connections+ Guidelines and Tips**

AAPS has created a Guide to support families who have created learning groups for AAPS students. The Guide includes hints and tips, safety information and free community resources. View the Connections+ Guide here.

#### **Expectations in Learning for Students with Specialized Learning Needs**

The AAPS is sharing what students with special needs and their families can expect during virtual learning, and importantly, steps to take if these expectations are not met. This information can be found HERE.

#### **Connecting Together: An AAPS Parent/Guardian Support Group**

This AAPS Parent/Guardian Support Group will provide an opportunity for parents to connect to find support and get ideas about how to face the challenges of 2020. Last year, parents who participated in an AAPS parent support group consistently reported that they found it helpful, and appreciated hearing from and connecting with other parents going through similar struggles.

#### Groups meet:

- 2nd Tuesday of the month 7:30 8:30 PM
- 4th Thursday of the month 1-2 PM

Register HERE

#### Help! Who's this Pre-Teen/Teenager in My House?

Parents will learn ways to build and strengthen their relationships with their pre-teen/teen(s) as well as understand ways to navigate those difficult moments when your teen's view on life totally contradicts all that you have instilled in them. The pre-teen/teen parent group will run the third Wednesday of each month from 6:00 - 7:00 p.m., beginning November 18, 2020 through April 21, 2021. Parents can join the group via Zoom by going to:

https://a2schools.zoom.us/my/haroldwimberly and using Passcode: 072866.

Please use <u>this calendar</u> of upcoming parent support groups, including the Connecting Together Groups that will be in Spanish, Chinese, Arabic, Japanese, and Korean

#### **Food Distribution**

\*\*Note: AAPS will distribute seven days worth of food on December 21 & 28 at all locations.\*\*

- Fall Food Distribution will continue on a Monday & Thursday schedule.
- Pick-up times are from 11:30-3:00pm and 4:30-6:00pm at Skyline.
- These meals are intended for children up to 18 years old and any child with special needs up to 26 years old. AAPS will distribute these meals to children, and parents/guardians.
- AAPS Food Service Hotline If you have food allergy needs or cannot make it to a pick-up location please call 734-994-2265.
- Food Service / Free & Reduced Meal Application
- Additional details on food distribution and food assistance and be found Linked <u>HERE</u>

#### **AAPS Fall & Winter Break Food Distribution Schedule**

#### Winter Break

Monday, December 21 - 7 days of food Monday, December 28 - 7 days of food

## **AAPS Technology Distribution & Assistance**

Please remember that all AAPS students will have the opportunity to receive a district-provided device to support remote learning while we are in the virtual learning phase of schooling. At the high school level this will be a chromebook. Following is information on how to attain your child's district-provide device as well as links and contact info for tech and wifi troubleshooting. See the hyperlink for information on how to navigate parental controls on district issued devices.

#### **TECHNOLOGY ASSISTANCE**

Students & Families 734-997-1222 Hours of Operation: 7:30am - 5:00pm (M-Fr)

Technology Help Desk email address: family\_techsupport@aaps.k12.mi.us

#### Internet/wifi access support resources

- To request a mobile hotspot: click <u>HERE</u>
- Free/low cost internet options: click <u>HERE</u>
   Technology Request Form: click <u>HERE</u>

#### Also see:

Technology FAQ's and Troubleshooting Schoology Support

# **NEW!** Change in Balas Technology Pick-Up/Drop-Off - November & December To keep all stakeholders safe during the current COVID uptick, ITD will move to an "appointment only" device pick-up/drop-off process for the remainder of November and all of December.

- When staff and families fill out the existing tech forms and/or call one of the Help Desks for device or hotspot needs, the Help Desks will schedule an "appointment window" pick-up/drop-off time for either Balas or at one of our locked kiosk locations.
- Staff and Families coming to Balas, will call 734-994-9001 when they arrive at the back doors of Balas and MUST stay in their car.
- A Tech Team member will roll out a cart with their technology needs or a bin to collect returning technology and then will go back inside Balas.
- The Staff or Family member will get out of their car to pick-up their technology and leave.
- The Tech Team member will come back out to retrieve the cart, clean the cart and prepare for the next appointment time.

#### **NEW STUDENT - District Device Issuance Instructions**

New Students:

- 1. In advance of pickup of any district technology, please complete the AAPS 1:1 Form Linked HERE
- 2. Families that still need to submit InfoSnap or Immunization paperwork must be ready to submit this paperwork when you arrive at technology distribution
- 3. If you cannot complete this form online, please call 734-997-1222 or email family techsupport@aaps.k12.mi.

<sup>\*\*</sup>Additional details on district technology distribution can be found - Linked HERE\*\*

## **Social Emotional & Mental Health Supports**

#### **Supporting Children and Teens During this Holiday Season**

Are you looking for ways to successfully attend to your children's needs? This article specifically addresses the unique challenges of Covid and the holidays.

Click HERE for article.

#### Listen and Connect: How Parents Can Support Teens' Mental Health Right Now

A great article as we head into the holiday season... a time that can be particularly difficult for teens.

Free and fee-based AAPS <u>AAPS Rec & Ed programs</u>.

#### **Skills for Stress Resilience and Supporting Mental Health**

With funding provided by the Miles Jeffrey Roberts Foundation, and with support from the Washtenaw ISD and Washtenaw County Community Mental Health, the AAPS is providing all families with the opportunity to view **Screenagers Next Chapter: Uncovering Skills for Stress Resilience**. For more information, please see the district's <u>website</u>, or click <u>HERE</u> to register for ondemand access to the documentary.

AAPS invites you to attend a Facebook Live event on Tuesday, January 12, 2021, at 7:00
 PM. Complete details about this event will be shared when we return from winter break, yet you may want to mark your calendar now.

#### RAHS Clinic - Michigan Medicine's Regional Alliance for Healthy Schools

Providing substance use prevention group sessions at Pathways for Success Academic Campus throughout this school year. Each session includes 4 sessions of education and group activities with a goal to improve knowledge and decision making processes especially as it relates to substance use. To be eligible for the group, participants must complete a RAHS registration and consent form and a group questionnaire which are available <a href="https://example.com/hERE">hERE</a>. If you have any questions or concerns you would like to discuss, please contact Lisa Anderson, LMSW at <a href="https://example.com/here-the-processes-especially-as-it relates to substance use.">https://example.com/here-the-processes-especially-as-it relates to substance use.</a> To be eligible for the group, participants must complete a RAHS registration and consent form and a group questionnaire which are available <a href="https://example.com/hERE-the-processes-especially-as-it relates to substance use.">https://example.com/here-the-processes-especially-as-it relates to substance use.</a> To be eligible for the group, participants must complete a RAHS registration and consent form and a group questionnaire which are available <a href="https://example.com/hERE-the-processes-especially-as-it-relates-the-processes-es

#### **New Oakland Family Center**

Our own *Master's level therapists* are just a phone call away through our **24-Hour Emergency Hotline**, **877-800-1650**, a resource designed to help people in mental and social-emotional crises any time, day or night, seven days a week, 52 weeks a year. In this way, we are able to assist people in real time according to our philosophy of the right care at the right time.

#### COMMUNITY MENTAL HEALTH SERVICES AND SUPPORTS

Psychiatric Emergency Services

- Michigan Medicine Psychiatric Emergency Service (Ann Arbor) 734-936-5900 or 734-996-4747 (24/7)
- St. Joseph Mercy Psychiatric Access line (Ann Arbor) 734-712-2762 (24/7)
- Washtenaw County Community Mental Health (WCCMH) crisis line and access
- For Medicaid and uninsured 734-544-3050 (24/7)

#### MENTAL HEALTH HOTLINES AND SUPPORT RESOURCES (Call & Text)

- Suicide Prevention Hotline (24/7): 1-800-273-8255 (1-800-273-TALK)
- Ozone House
  - o Crisis Line (24/7): 734-662-2222
  - Ozone Text Line: text "ozone" to 734-662-2222 M-TH 10-7and Fri 10-4
  - o Crisis Text Line (24/7): text HELLO to 741741
- Counseling and Psychological Services (CAPS) After Hours Crisis Hotline: 734-487-1118
- Disaster Distress Helpline, Call (800) 985-5990, Text TalkWithUs to 66746
- National Suicide Prevention Lifeline, Call (800) 273-8255, Chat with Lifeline
- Trevor Project Lifeline (866) 488-7386 (crisis support for LGBTQ youth)
- 7 Cups; Free, anonymous and confidential online text chat with trained listeners, online therapists & counselors; <a href="https://www.7cups.com">https://www.7cups.com</a>
- Safe House 734-995-5444 (24/7)
- Rape, Abuse, and Incest National Network (RAINN) 800-656-HOPE (4673)
- Sexual Assault Prevention and Awareness Center (SAPAC) 24-hour Crisis Line National Domestic Violence Hotline 800-799-SAFE (7233)

#### Other Resources for Families in Need

#### Get Help: Community Resources for Students and Families

Looking for support or assistance with food, housing, health care and more? The AAPS Community Resource page lists free resources available to students and families. Visit the Community Resource Page today. This page is frequently updated.

#### **HOMELESS SUPPORT**

Alicia Maylone, District Liaison - maylonea@a2schools.org

#### **SNAP/EBT Benefits**

If you have recently lost income and need assistance with food, you may be eligible for a benefit through the Supplemental Nutrition Assistance Program (SNAP). SNAP provides a monthly benefit on an Electronic Benefit Transfer (EBT) card (known as the MI Bridge Card) that can be used to buy food at grocery stores, <u>farmers' markets</u> (see attached), and any food store with the USDA sign "EBT Accepted."

If you are eligible, you could begin receiving benefits within 30 days. The card is mailed to your house and benefits are uploaded each month directly on the card. Applying is quick and confidential. If you have general questions or want more information, please visit <a href="https://www.michigan.gov/mibridges">www.michigan.gov/mibridges</a> or call 888-544-8773.

**Poison Control** Hotline (24/7): 1-800-222-1222

## Go Eagles!