

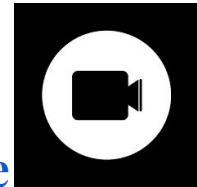


**Ann Arbor Public Schools
Preschool Activities Menu
Week 5, Date: 5/11/20**

[Weekly Message with JoAnn and Michelle - More Special Guests](#)



Watch a Quick Video Explaining ALL Activities! [click here](#)



Online Resources for families listed below

Music & Movement/Social-Emotional

Learning Focus of this Activity: Create a family dance

Overview of Activity: Children will work together with their family to make up a dance routine.

Ideas:	Early	Middle	Later
Copy a favorite video	Watch a favorite video. Family member shows the child how to do a few steps of the dance.	Family and child follow the dance steps together while watching the video.	Family and child do the dance routine with only the music playing. Take a video & share.
Create a new dance	Family puts together a few basic dance moves. Child follows along.	Child adds their own moves to the routine.	Family creates a dance routine to a song. May assign roles (Dancers, DJ, videographer) Take a video & share.

Ways to Support Your Child:

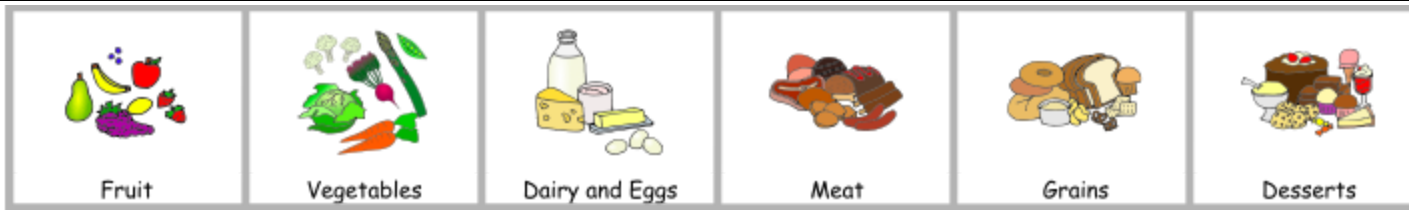
- Here are some dance videos to get you started!
 - [Family Dance Party](#)
 - [Pop See Ko](#)
 - [Can't Stop the Feeling](#)
 - [I Like to Move It](#)
- **Language Boost:** Describe the dance moves using positional words (e.g. Arm up/down, hand between, turn around, stand behind/in front, jump high/low). Model the words by describing the moves your child is making and encourage him/her to give directions as well.

Science/Language

Learning Focus of this Activity: Using your senses in the kitchen

Overview of Activity: Children will use their sense of smell, taste and touch to explore different foods.

Ideas:	Early	Middle	Later
Taste foods that are salty, sweet & sour	Child smells & tastes foods. Adult asks questions. May tell child if it's sweet, salty or sour.	Child smells, tastes and describes foods. Tells which he likes/doesn't like.	Child creates a graph of the foods and puts them into groups: salty, sweet, sour
Guess what's in the bag	Adult selects foods with different textures and asks child to touch them & describe how they feel. Adult models words soft, hard, slimy, smooth.	Child selects foods with different textures. Adult tries to guess what the food is by closing her eyes and touching. Child may give clues.	Adult selects foods with different textures. Child tries to guess what the food is by closing his eyes and touching. Adult may give clues.



Ways to Support Your Child:

Social Skill Boost: Have part of the game be taking turns. Pass the bag with the surprise food in it back and forth between you saying “It’s your turn” as you pass it.

Fine Motor Boost: Encourage your child to open/close ziplock bags using a pincer grasp pattern (thumb and index finger).

Language Boost: Use the visual above to help your child categorize the types of food (e.g., Apple is a fruit, bagel is a grain)

Visual for Food Tastes & Textures: [Words that Describe Foods](#)

Writing/Cognitive

Learning Focus of this Activity: Pen Pal

Overview of Activity: Children will write to a family member or friend. If you're able, put the letter in the mail & ask the person to write back.

Ideas:	Early	Middle	Later
Draw a picture	Child draws scribbles, lines or shapes. Adult labels the markings.	Child draws a picture and asks adult to write down the words.	Child draws a detailed picture and adds letters to represent ideas.
Write a letter	Child decides who to write to. Adult may help the child think of what to say. Adult writes the letter for the child.	Child tells the adult what to write. Adult writes the letter. Child may try to write some letters/words.	Child sounds out words and writes them on the paper with adult help.

Ways to Support Your Child:

Social Boost: Talk about how you are feeling as you write the letter or note. Are you sad that you miss Grandma? How will she feel when she gets the letter? If you cannot think of someone to write to, you can make a note or picture for US Postal, UPS, FedEx, and Amazon delivery workers and post it on or near your mailbox for them to enjoy.

Fine Motor Boost:

- Use short pencils or broken crayons to help your child use a more age appropriate (fingertip) grasp.
- Encourage use of two hands together by folding paper and producing a crease. If your child is just learning how to fold paper, a visual (such as numbers or shapes) can be drawn. For example #1 on the top two corners, fold and match numbers or a circle drawn on the top two corners, fold and match shape.

Language Boost: Use words to teach directions in the multi-step process of mailing a letter: First put the letter in the envelope, next seal the envelope, then put the stamp on it, finally put it in the mail box and the postal worker will pick it up

Online Resources for families

- Free audio books [Audible](#)
- [Sesame Street](#) videos & activities
- [Scholastic](#) Learn at Home classes
- Authors & Illustrators reading online [Story Time](#)
- Dolly Parton's reads books from her [Imagination Library](#)
- Helping children understand [Covid 19](#)
- Helping children manage [feelings](#)
- [Free Virtual Field Trips](#) and [More field trips](#)
- [San Diego Zoo](#) online education
- [Science Experiments](#)
- Books read by [famous actors](#)
- Free performances from the [Detroit Symphony Orchestra](#)
- Free media library from [NASA](#)
- [Astronauts](#) read from Space
- [Jellyfish Meditation](#) at Monterey Aquarium
- Free online fitness classes [YMCA](#)
- Art activities [Detroit Institute of Arts](#)
- View famous artwork from the [Art Institute of Chicago](#)