



**Ann Arbor Public Schools
Preschool Activities Menu
Week 4, Date: 5/4/20**

[Weekly Message with JoAnn and Michelle](#)

Welcome to the Week

As we go into Week 4 of our Activity Menus and contacts we want to focus on how you are doing at home. Last week's Menu included some tips to structure your day and develop routines that support you and your child/children. We are continuing with that same focus this week. We know many of you are struggling to get older children set up and doing their work, struggling to keep your preschooler busy, struggling to get your work done, etc. We want to help you any way we can. Your teacher will be reaching out to you this week asking you some questions about this. Please let them know

- What are your days like?
- Do you have a daily schedule, can we help you make it visual?
- Are you doing ok with helping your older children with their schoolwork?
- What are some of the hardest parts of your day, how can we help you?

We have a long road ahead of us and we want to help you navigate it the best we can, so please let us know what you need!

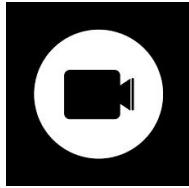
If you are looking to connect and get support from other parents please check out

[AAPS Parent Support Group](#)

From the Media Center: Here are two of the online activities your Preschooler has used at school

[tvokids.com](#) and [starfall.com](#)





Watch a Quick Video Explaining ALL Activities!

[Check this out!](#)



[Make A Grocery List](#)

[Egg Carton Math](#)

[Color and Shape Hunt](#)

***See page 5 for links to online learning ideas

Literacy/Fine Motor

Learning Focus of this Activity: Create a grocery list

Overview of Activity: Children will use items around the house to create a grocery list.

Ideas:	Early	Middle	Later
Cut out photos from junk mail	Family helps children look for photos of food & help cut them out.	Children find photos of food and have some help cutting.	Children find photos of food, cut and glue them onto a piece of paper.
Write a list	Child draws pictures of foods. Family writes down words.	Family helps the child write the first letter of each food.	Family helps child sound out words & write them together.

Ways to Support Your Child:

Social Skills Boost: Create a “pretend” grocery store at your house with items from the pantry. Take turns with your child pretending to be the customer or the grocery store clerk at the check out!

Fine Motor Boost:

- When writing letters, encourage your child to use correct letter formation.
[Capital Letter Formation Chart.pdf](#)
[Lowercase Letter Formation Chart.pdf](#)
- Use short pencils or broken crayons to help encourage your child to use an age appropriate grasp.
- When using scissors, encourage your child to cut with their thumb up (thumb should be in the little hole and fingers in the big hole of the scissors). Your child’s elbow should also be tucked by the side of the body and the helper hand should turn/rotate the paper.

Speech Language Boost: Name & describe the parts of food (for example: an apple is a fruit, it is red, is round, it has skin, seeds, a stem, you find it on a tree or a grocery store)

Math/Cognitive

Learning Focus of this Activity: Egg carton math

Overview of Activity: Children will use egg cartons to sort & count small objects (rocks, cereal, beans, candy, etc.)

Ideas:	Early	Middle	Later
Sort small objects	Family helps children find objects that are the same color.	Children put objects that are the same color together.	Children sort by color and shape.
Count small objects	Family draws dots for numbers 1-12 on egg carton. Child counts dots & puts the same number of	Family writes numbers 1-12 on egg carton and helps child count that number of objects.	Child writes numbers 1-12 on egg carton and matches the same number of objects to each

	objects in.		number.
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Ways to Support Your Child:

Fine Motor Boost:

- When picking up objects, encourage your child to use a thumb and fingertip type grasp.
- To strengthen muscles in the hand, use tongs, tweezers, or chopsticks to grasp objects.
- When writing numbers, encourage your child to use correct number formation: [Number Formation Chart.pdf](#)

Gross Motor Boost:

- Clap, jump or stomp out the numbers while they count during the activity if your child needs some movement and to work on coordination.

Speech Language Boost:: Use words to describe objects such as: bigger/smallest, more/most, round/oval, same/different

Physical/Creativity

Learning Focus of this Activity: I Spy

Overview of Activity: Children will go for a walk to find colors and shapes in their neighborhood.

Ideas:	Early	Middle	Later
Look for colors	Family names color and the child tries to guess the object. May give extra clues.	Family & child take turns looking for and guessing colors.	Family & child take turns. Look for unique colors (turquoise, lavender, chartreuse)

Look for shapes	Family names shape and the child tries to guess the object. May give extra clues.	Family & child take turns looking for and guessing shapes.	Family & child take turns. Look for unique shapes (cone, cylinder, rectangular prism)
<p>Ways to Support Your Child:</p> <ul style="list-style-type: none"> ● Social Skills Boost: Use a spoon, stick or toilet paper roll tube as a “microphone” on your walk. Take turns being the announcer and telling the color or shape you see. Hand the microphone back and forth and say “your turn”. ● Gross Motor Boost: Rainy day? Play inside! Add some extra movement by asking your child to go “tag” something that is a certain color or shape, either by touching it or putting a sticky note on it. ● Fine Motor Boost: Practice drawing shapes (circle, square, triangle). After drawing the shape, color it! ● Speech Language Boost: Practice saying the colors by counting and clapping syllables (For example: clap 1x for RED, clap 2x for YELLOW) 			

Online Learning Ideas:

- Storytelling with author Robert Munsch [The Paper Bag Princess](#)
- The Hungry Caterpillar read aloud in Spanish [La Oruga muy Hambrienta](#)
- Drawing with illustrator Mo Willems [Lunch Doodles with Mo](#)
- Jack Hartman’s [Silly Pirate Song](#)
- Do yoga together as a family - [Cosmic Kids Yoga](#)

- Learn how to meditate - [Learn to Meditate here](#)
- Learning games for kids - [tvokids.com](#) and [starfall.com](#)
- Watch the Beluga Whales, live, at the Georgia Aquarium- [Beluga Whales at the Georgia Aquarium - LIVE](#)
- Connect with Family and Friends through video chats - [Zoom](#)
- Explore Africa with African wildlife cam - [African Wildlife Cam- LIVE](#)
- Watch the Puppy Playroom at Warrior Canine Connection - [Puppy Cam - LIVE](#)