



**Ann Arbor Public Schools**  
**Preschool Activities Menu**  
**Week 8, Date: 6/1/20**

[Weekly Message with JoAnn and Michelle - Let's make some music!](#)

### Week at a Glance

[Snack Mix Math](#) - Make a snack and make it Math! Watch video here: [Snack](#)



[Science and Art](#) - Make and play with Play Dough Watch video here: [Play Dough](#)



[Physical and Language](#) - Get moving with Hide and Seek, exploring different movements and language Watch



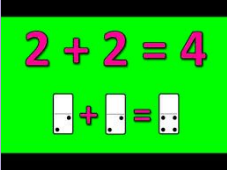

Video here: [hide and seek](#)

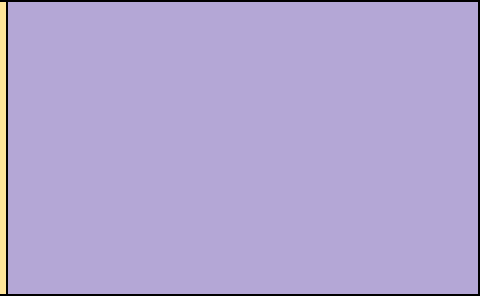


## Snack Mix Math

**Learning Focus of this Activity:** Counting, the concept of more/less, how many all together.

**Overview of Activity:** Create a fun snack mix with items in your pantry. Goldfish, pretzels, chocolate chips, apple slices, cheese sticks, etc.

Ideas:	Early	Middle	Later
<p>Snack Mix Math</p> 	<p>Parents choose items for the snack mix and count each item with their child.</p>	<p>Child chooses items to include with assistance/guidance from parents. Child counts each item.</p> 	<p>Child chooses items to include in the snack mix, decides how many of each item and counts them. Child may engage in conversation of how many all together? How many did you eat? How many are remaining?</p> 
<p>Click here for the <a href="#">Count and Move Song</a></p>  <p>Click here for the <a href="#">Count to 100 by Ones Song</a></p>	<p>Child follows along in the video as long as they want.</p>	<p>Child follows along with the video and does movements and some counting.</p>	<p>Child follows along with the video doing all body movements and accurate counting.</p> 



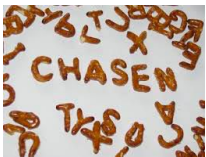
### Ways to Support Your Child:

**Fine Motor Boost:** Encourage your child to pick up small items with their thumb and index finger or their thumb, index, and middle finger. Practice writing the number of snack items (1-10). Another fun way to practice writing numbers is by “air writing” using your index finger.

When writing numbers, encourage your child to use correct number formation: [Number Formation Chart.pdf](#)

**Academic Expansion:** Once you create your snack mixture, the children can sort the items back out, maybe in a few different ways. After sorting the snack foods, children can graph their findings, compare totals, and read their graph to someone. Children can also create patterns out of the snack foods. [Examples of Colored Goldfish Graphs](#); these can be printed or homemade.

**Movement Boost:** Use up your Snack Mix energy to go for a family walk outside!



Below are just some examples of snack food that support literacy and math.

[Meijer Alphabet Pretzels](#)




[Walmart Alphabet Cookies](#)

[Target Colored Goldfish](#)

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**Learning Focus of this Activity:** Children see how ingredients change when mixed together

**Overview of Activity:** Children learn how make playdough with ingredients at home

Ideas:	Early	Middle	Later
<p>Summer Fun Playdough</p> 	<p>Parent gathers ingredients and assists the child with measuring ingredients.</p>	<p>Child picks colors for playdough, assists in gathering ingredients and has an active role in making playdough</p>	<p>Child watches each video and decides which recipe to use. Gathers ingredients with adult support, measures and makes playdough with adult supervision.</p> 
<p>Playdough Fun</p> 	<p>Child feels playdough, squeezes it, rolls it using their hands</p>	<p>Child uses simple tools, cookie cutters, rolling pins, talks about what they are doing.</p>	<p>Child forms letter shapes, numbers, talks about what they are making with the playdough</p>

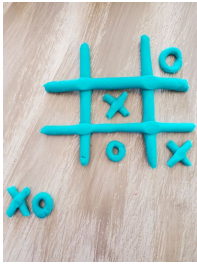


**Ways to Support Your Child:**  
[Easy No Cook Playdough Recipe](#)

[Video - How to Make Playdough - No Cream of Tartar or Cooking](#)

[Video - How to Make Kool Aid Playdough](#)

**Fine Motor Boost:** Playdough is a great way to work on fine motor skills! To work on hand strengthening, knead two different colors of playdough together. To work on using two hands together, use both hands to roll playdough to make a “snake.” Use child size scissors to snip pieces of playdough (make sure the thumb is in the small hole and the fingers in the big hole of scissors, cut with thumb up). Another great way to incorporate fine motor into playdough is to use the thumb and index finger to pinch off pieces of playdough.



**Social Boost:** Have fun playing games with the playdough.

- **Idea #1:** Work together to make a person with playdough. Have your child help you decide what body parts to add, ask what parts are still missing, and have them help make the parts by rolling playdough “snakes” and balls.
- **Idea #2:** Play Tic Tac Toe with play dough, taking turns with your partner. Be creative and instead of X’s and O’s, make and use the first letter in your name.

**Language Boost**

Print out the Household Pictures Playdough Smash Mat and have your child smash the dough on each picture. For a no printing activity hide the playdough near different household items from the list or make up your own list. [play dough SMASH mat here](#)

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## Physical and Language

**Learning Focus of this Activity:** Children move and understand positional words

**Overview of Activity:** Children play hide and seek (indoors or outside as weather permits)

<b>Ideas:</b>	<b>Early</b>	<b>Middle</b>	<b>Later</b>
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### Hide and Seek



Child follows simple directions to find a hidden object. Understands beside, behind, between, next to.

Child guides parent/sibling to find hidden objects using directional words. Behind, beside, between and next to.



Child makes simple sketches or maps to find hidden objects.



### Ways to Support Your Child:

**Social Boost:** While playing hide and seek, add in clues to help your partner by using the words, Hot and Cold. As your partner gets closer to the hidden object, encourage them by saying, “Hot” or “Getting hotter,” and this will help your partner know that he/she is moving toward the right direction. If your partner is not close to the hidden object, you can help him/her by saying, “Cold” or “You’re getting colder.” That will help him/her know that they need to go another direction.

**Movement Boost:** Get extra movement and add a challenge by making rules, such as hiding the object in a different part of the house. Count out loud or set a timer so your child has to move quickly to hide their object and come back in a certain length of time.

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