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ANN ARBOR PUBLIC SCHOOLS
LEAD. CARE. INSPIRE.

**Sexual Health Curriculum Materials Recommendation
for
Self-Contained Special Education Settings and General Education
Secondary Health Settings**

**Ann Arbor Public Schools
Board of Education
December 7, 2022**

Sexual Health Education Advisory Committee (SHEAC) Members

SHEAC Co-Chairs:

Kristin Stoops, District Administrative Liaison and AAPS District Department Chair, Physical Education & Health

Jennifer Garcia, AAPS Parent and teacher

SHEAC Committee Members:

Brittany Batell, Community Health Professional

Taryn Gal, Community Health Professional

Anne Bezeau, AAPS Teacher

Dana Levin, AAPS Parent, Community Health Professional

Debby Salem, Community Health Professional

Anna Taylor-McCants, Community Clergy

Michael Whitehead, AAPS Parent

Shalyn Furton, AAPS Coordinator for Differentiation and Inclusion

The Purpose of the AAPS Sexual Health Education Advisory Committee (SHEAC)

The Ann Arbor Public Schools' Sexual Health Education Advisory Committee (AAPS SHEAC) was established in 2007 and is comprised of representatives from the following community groups:

- **AAPS Parents/Guardians**
- **Clergy, Medical Professionals, Students**
- **AAPS Health Teachers**
- **AAPS Administrative Liaison**

The committee meets regularly to review submitted materials and make recommendations to the AAPS Board of Education regarding the sexual health curriculum.

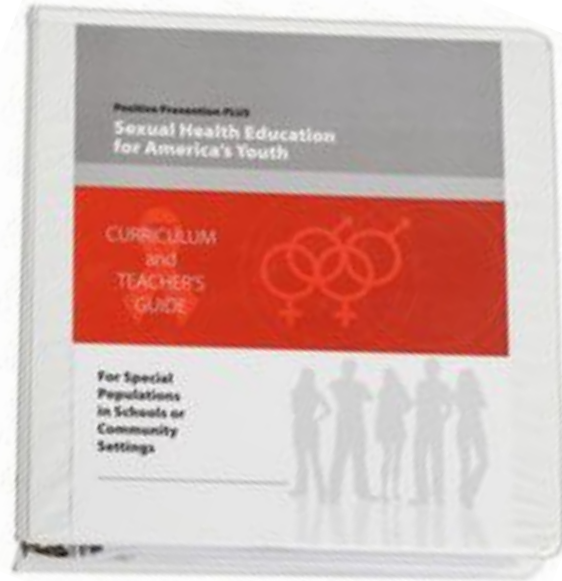
SHEAC functions in accordance with **Michigan legal guidelines** and works to follow best practices in sexual health education while maintaining compliance with state laws and local community priorities.

For more information about SHEAC [please visit the website HERE.](#)

SHEAC Curriculum Review Criteria

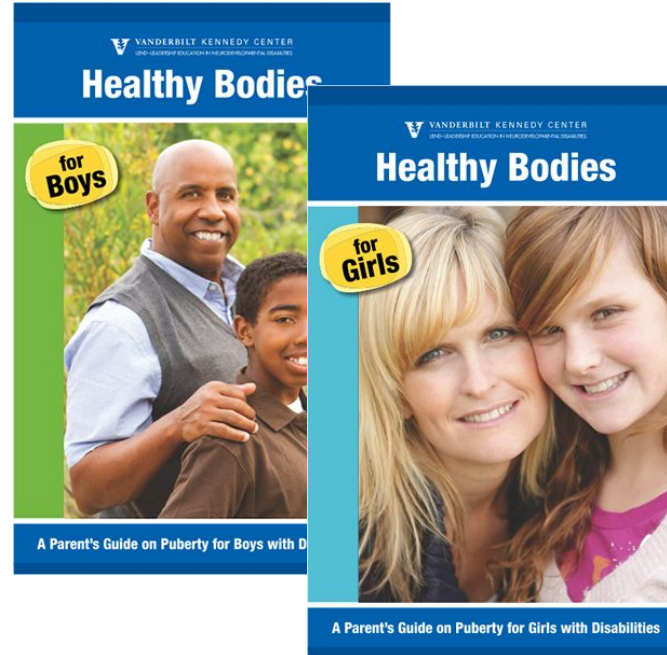
- **Accuracy** - reflects current medical/scientifically accurate information, respectful of but not derived from religious teachings/values.
- **Appropriateness** - methods and materials appropriate for age and developmental level
- **Tone** - approaches sexuality in a manner that is both respectful and engaging of the target audience and seriousness of the topic
- **Inclusiveness** - Is consistent with AAPS non-discrimination policy and is respectful of/applies to all students
- **Quality** - Is of high quality and reflects current, clear, factual and consistent information
- **Teacher Feedback** - Is inclusive of the input of AAPS health and sexual education teachers

Already Approved Self-Contained Sexual Health Materials 2018-2019



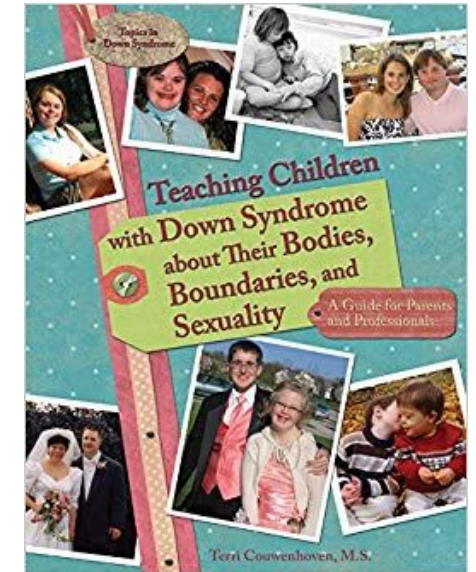
Positive Prevention Plus

- Evidence-Based MS/HS Curriculum from the state of California
- Differentiated student workbooks
- Online materials



Healthy Bodies Toolkit

Vanderbilt University



Teaching Children with Down Syndrome about Their Bodies, Boundaries, and Sexuality

Terri Couwenhoven

**Segments of this book

Already Approved Secondary Sexual Education and Health Materials 2021

The Amaze resources approved in 2021 will also be used in self-contained settings.

Puberty:

- [Anatomy: Assigned Sex at Birth \(Female\)](#)
- [Anatomy: Assigned Sex at Birth \(Male\)](#)
- [Puberty in Girls: Boobs & More](#)
- [Top Signs Boys are in Puberty](#)
- [Menstruation: What to Expect](#)
- [What is a Wet Dream?](#)
- [OH NO B.O.](#)
- [Pregnancy & Reproduction Explained](#)

Consent:

- [Understanding Sexual Consent and the Law](#)
- [What is Sexual Assault](#)

HIV/Contraceptives

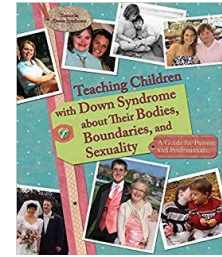
- [STD Prevention Beyond Condoms](#)
- [What Are STDs #FactCheck](#)
- [Birth Control Basics: Condoms, The Pill, & The Patch](#)

LGBTQIA+

- [What is Sexual Orientation?](#)

Recommendation - Self-Contained Middle and High School Special Education Settings

- To approve the recommended additional specific activities from the supplemental resource *Teaching Children with Down Syndrome About Their Bodies, Boundaries, and Sexuality* for use in self-contained HIV/AIDS education, grades 6 - 12
- To approve the use of *National Council on Independent Living (NCIL) Videos*



Recommendation - General Education Middle and High School Setting

- To approve the use of *Understanding HIV/AIDS*, *Meet a Person Living with HIV*, and *What's it Like to be Intersex* videos to support secondary health education



Self-Contained Curriculum Review Committee

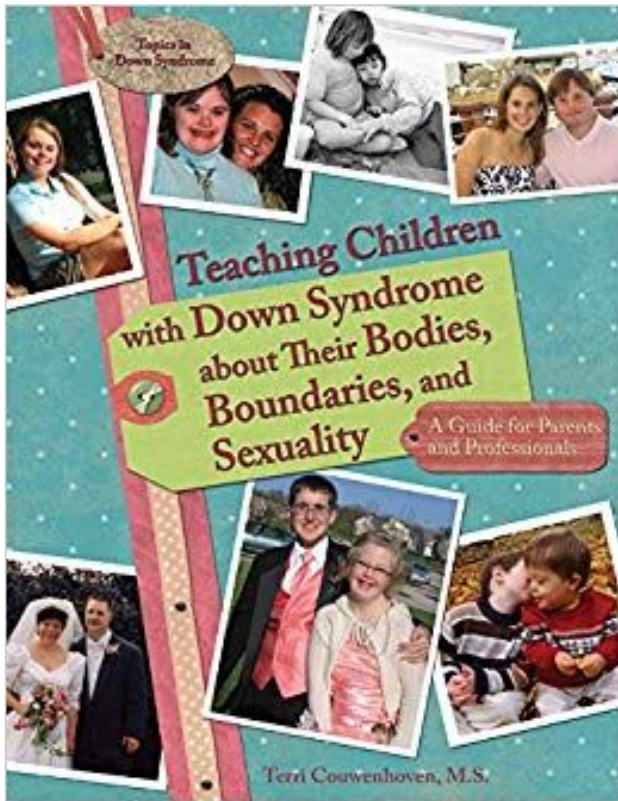
Summer Workgroup 2021

- Mary Rayford Palmer, Middle School Self-Contained Teacher
- Susan Bowes, High School Self-Contained Teacher
- Anne Bezeau, High School Health Teacher
- Kristin Stoops, District Department PE/Health Chair & Middle School PE/Health Teacher

Spring 2022

- SHEAC Committee Members - comprehensive review of resources

Self-Contained Resource: Teaching Children with Down Syndrome



Activities and visuals found on specific pages throughout the book (pgs. 93 to 309).

Link to all of these resources is [here](#).

All teachers have this resource.
If approved, all resources will also be accessible in Schoology

Self-Contained Videos: National Council on Independent Living

If approved, all videos will be housed and accessible in Schoology and pacing guides

- [Sex Ed for People with I/DD: Puberty](#)
- [Sex Ed for People with I/DD: Sex, Gender, and Genitals](#)
- [Sex Ed for People with Disabilities: Masturbation](#)
- [Sex Ed for People With I/DD: Healthy Relationships](#)
- [Sex Ed for People with I/DD: Consent](#)
- [Sex Ed for People with I/DD: Condom How To \(High School only\)](#)
- [Sex Ed for People with I/DD: Sexually Transmitted Diseases and Infections](#)



General Education Videos: Middle (7th grade) and High School Health

100% of Teachers Support the Addition of Three Videos

The videos were requested by teachers, reviewed and recommended by SHEAC.

Middle School (7th grade):
Understanding HIV/ AIDS



Middle School (7th grade):
Meet a Person Living With HIV



High School Only: What's
It's Like to Be Intersex



**If approved,
all videos
will be
housed and
accessible
in
Schoology.**

General Education Video Teacher/SHEAC Feedback

Middle School (7th grade): Understanding HIV/ AIDS



Teacher Feedback:

“This is a good overall explanation - it's accurate, updated, in kid friendly language, and easy to understand.”

“This material provides a wealth of information, delivered in a middle school friendly manner.”

“It was upbeat with good information that was shared both verbally and visually. They used the Bitmojis and other visuals that are teen appropriate. The language used was easy to understand. The guests that they had that were HIV+ were a diverse group and had different stories.”

SHEAC Committee Members feedback:

“This video is long but has natural breaks for conversation. It is medically accurate and engaging for middle schoolers.”

“Provides a lot of good information. Approachable and personal.”

General Education Video Teacher/SHEAC Feedback

Teacher Feedback

Middle School (7th grade): Meet a Person Living With HIV



“This was very well done. It's in kid-friendly language, and the discussions were open and honest. The students had very well formulated questions and were able to have appropriate conversation. I think this is one that would be good for students to see other kids handling these topics with maturity and sensitivity, but still able to get their questions answered.”

“I thought this video was excellent! It showed the human side of the disease. It wasn't just statistics, it was real person with living with the virus. Additionally, it showed authentic questions from curious teens who also demonstrated compassion and understanding.”

SHEAC Committee Members feedback:

“This video helps dissolve the stigma kids may have around people with HIV. This video helps model how kids can approach people who have a different lived experience they do.”

“Very appealing, humanizing video.”

General Education Video Teacher/SHEAC Feedback

High School Only: What's It's Like to Be Intersex



Teacher feedback

“I am eager to have access to this for my classes and feel it is important information for our students.”

“It makes students more aware of experiences their peers who are intersex and some of the struggles they encounter.”

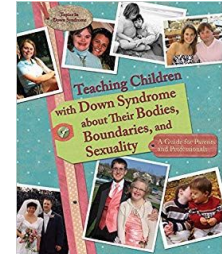
SHEAC Committee Members feedback

“This video helps make intersex identities real for students who may not know people who are intersex.”

“This is a wonderful video. It is accurate, respectful, compelling, relatable, and moving. I think it will make an excellent resource for high school students”

Recommendation - Self-Contained Middle and High School Special Education Settings

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