NEW In This Catalog

Freeman - Nature & Art
Cemetery History Tour
LPGA 2 for 1
Mobile Camera Photography

Junior Golf Academy
Starting New At Golf (Adapted)
Biz Kid Camp
Junior Detective Camp

Rec & Ed
Summer 2019
Registration Begins May 29
One Month of Progress in Just One Week

Our Jump Start Clinics are a quick and easy way to get your kids swim ready or to advance to the next level, while learning how to be safer in and around the water.

What?
5 consecutive 30-minute lessons, same time, same instructor, Monday - Friday

When?
Weekly, starting June 17, 2019

Cost?
$110/ members, $135/non-members

Ann Arbor | 734.864.5555 | goldfishswimschool.com | Facebook | Twitter | Instagram
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Summer as a family, all in one
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EXCEPTIONAL

Registration begins May 29, 2019

Rec & Ed Summer Hours:
Monday - Friday 8:00am - 4:30pm
beginning June 17, 2019

Rec & Ed Offices Closed:
May 27 & July 4

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SUMMER CAMPS

SUMMER 2019
# REC & ED SUMMER CLASSES 2019 REGISTRATION FORM

## CLASS SELECTIONS

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<th>Class ID#</th>
<th>Class Title</th>
<th>Fee</th>
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<tbody>
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</tbody>
</table>

Registering a child for camp includes permission for that child to participate in camp field trips.

## PARTICIPANT INFORMATION

First Name ____________________________   Last Name _____________________________________________________
Address ______________________________________________________________________________________________
Phone (___) _______________________________ Email _______________________________________________
Birth Date ____________________  Gender  M  F  Grade ____  School _________________________

**SHIRT SIZE**  
Child:  ❑ S  ❑ M  ❑ L  ❑ XL  2XL  
Adult:  ❑ S  ❑ M  ❑ L  ❑ XL

**PHOTO POLICY**  
I understand and agree that the Ann Arbor Public School’s Rec & Ed Department may take pictures or videos of youth and adult participants in any Rec & Ed activity, including camps, classes, team sports, and childcare. Images may be used in Rec & Ed or school district promotional materials, (brochures, catalog, website, social media). For your safety, names will never be used. My (or my child’s) enrollment in an activity with Rec & Ed indicates my approval. I may opt out by emailing dishman@a2schools.org.

Is your primary residence within the Ann Arbor Public School District?  ❑ Yes  ❑ No
How did you hear about this class/camp/activity?  ❑ Catalog  ❑ Rec & Ed e-Newsletter  ❑ Website  ❑ Other ____________________________

### IF YOU ARE REGISTERING A YOUTH UNDER AGE 18, PLEASE COMPLETE ALL OF THE FOLLOWING QUESTIONS.

Write the name and phone number of an emergency contact person (other than parent/guardian) who can immediately pick your child up in case of an emergency:

______________________________  ( _________ )  ______________________________

Emergency Contact Name  Emergency Contact Phone Number

Please list any allergies, medical, or emotional conditions, our staff should be aware of, or indicate "None" _________________________________________

________________________________________________   _____________________

Parent/Guardian Signature  Date

## PAYOR INFO

(Person paying for class(es) activities)

First Name ____________________________   Last Name _____________________________________________________
Address  

Street  City  State  Zip

Home Phone (___) ___________________ Work Phone ( ___ ) _____________________________________
Email _______________________________________________ Birth Date ____________________  Gender  M  F

**Payment Method:**  ❑ Check  ❑ Credit Card  ❑ Scholarship ID#  ❑ Credit on Rec & Ed Account

## CREDIT CARDS

Please complete entire section

Name (exactly as it appears on the card) ______________________________________________

❑ VISA  ❑ Mastercard  ❑ Am Express  ❑ Other (Sorry we cannot accept debit cards at this time)  Total Fee (Required) $ __________

Card # _______________________________  Exp. Date _____________  CVV# _________________

Cardholder Signature (Required)

---

1. **Make check payable to:**  
   AAPS (Ann Arbor Public School(s). Do not send cash.

2. **Include payment:**  
   Credit from Rec & Ed account: $ _________
   ❑ $1 donation to the Rec & Ed Scholarship Fund
   Amount Paid: $ __________

3. **Mail entire form to:**  
   Rec & Ed Summer 2019  
   1515 S. Seventh St.  
   Ann Arbor, MI 48103

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Register online at AARECED.COM
Traditional Argentine Tango: Beginning
Ages: 15 - Adult. BEGINNING. Learn the basics of traditional Argentine Tango dance including the music and culture. Instructors teach you the cabeceo, how to use your eyes to invite your partner to dance, the milonga, an Argentine Tango dance party, the ronda, the flow of the dancers that allows large numbers of people to dance socially in the tango community and the tanda, and how Argentine music is played to entice dancers to join in the ronda. Registration fee includes the practica where you can practice your technique; ask your instructor for details on dates and times. NO partner required to register! Instructors: Lisa Larkin and Dennis Larkin and Tango Experience Ann Arbor teachers. Fridays - 7 classes.

ID# 2256.801
Fee: $59
6/14 - 7/26
7:00pm to 8:00pm
CAB, Room D

ID# 2256.802
Fee: $59
8/2 - 9/13
7:00pm to 8:00pm
CAB, Room D

Senior discount recipients: $29.50

Traditional Argentine Tango: Intermediate
Ages: 15 - Adult. INTERMEDIATE. Hone your dancing skills, with specific emphasis on improving the structure and mechanics of basic tango techniques like the boleo and sacada. We work on exercises and strategies that lead to improved clarity in the lead, sensitivity in the follow with the goal of finding a comfortable and precise connection on the social dance floor. Registration fee includes the practica where you can practice your technique; ask your instructor for details on dates and times. Prerequisite: experience in traditional Argentine Tango or instructor permission. NO partner required to register! Instructors: Lisa Larkin and Dennis Larkin and Tango Experience Ann Arbor teachers. Fridays - 7 classes.

ID# 2259.801
Fee: $59
6/14 - 7/26
8:00pm to 9:00pm
CAB, Room D

ID# 2259.802
Fee: $59
8/2 - 9/13
8:00pm to 9:00pm
CAB, Room D

Senior discount recipients: $29.50

Wedding Dance
Ages: 18 - Adult. Prepare for that special day. Learn steps that can be used in your bridal dance, at the reception and at other social gatherings. Foxtrot, Rumba and Swing are a few of the dances taught. This class is fun for the entire bridal party and friends and even for partners wanting to learn to dance with each other for social gatherings. No experience necessary, just a willingness to have fun while you learn to dance with a partner of your choice. Enjoy the ambiance of Dorian's Studio as you learn to dance the night away. Fee is per individual, partner required. Instructor: Dorian Deaver, Member of the Imperial Society of Teachers of Dancing. Sundays - 4 classes.

ID# 2264.801
Fee: $55
Sundays, 7/7 - 7/28
5:00pm to 5:55pm
Dorian's Studio

Are you unable to attend an entire session of Traditional Argentine Tango?

Sign up for a 4 class pass for $40! Must have previous Traditional Argentine Tango experience or have taken at least one term of Traditional Argentine Tango to register for the pass.

ID# 2258.801
Fee: $40

Registration begins May 29, 2019
NEW! Wine Down @ Flipside: Paint Your Pet!

Ages: 21 - Adult. Wine down at Flipside! Let's open a bottle and wine down, and enjoy as you paint your pet! Spend the evening with the artists at Flipside Art Studio who help you create a one of a kind portrait of your pet. After signing up for the class we request a picture of your pet; it can be your cat, dog, snake, bird or any other furry, feathery, or scaly friend of yours! Your pet will already be drawn onto the canvas before you arrive, and then you are guided through the steps to paint the exact likeness of your pet. Wine is included in registration but feel free to bring your own beverage and light snacks. You must be 21 or older to participate in the class. Fine art materials are provided. Instructor: Flipside Art Studio staff. **Friday - 1 class.**

<table>
<thead>
<tr>
<th>ID# 2173.801</th>
<th>7/12</th>
<th>6:30pm to 9:30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $49</td>
<td>Friday</td>
<td>Flipside Art Studio, Ann Arbor</td>
</tr>
</tbody>
</table>

Watercolor: Beginning & Continuing

Ages: 13 - Adult. **BEGINNING:** Explore a variety of techniques using this dynamic medium. Challenge your mind while developing a solid foundation in watercolor painting. Each week, the instructor introduces a new watercolor technique and design concepts such as color integration, tonal contrast and composition. **CONTINUING:** Work on independent projects in a supportive, encouraging environment. Instructor offers guidance as needed, including technical help, problem solving and goal setting. Prerequisite: You must have completed one semester of beginner instruction or the equivalent and must be able to work independently. See receipt for supply list. Instructor: Nancy Lybrink. **Thursdays - 8 classes.**

<table>
<thead>
<tr>
<th>ID# 2182.801</th>
<th>6/20 - 8/15</th>
<th>6:30pm to 8:30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $155</td>
<td>Thursdays - No class 7/4</td>
<td>CAB, Room B</td>
</tr>
</tbody>
</table>

NEW! Nature & Art Workshop

Ages: 18 - Adult. Join a naturalist and art instructor for a duo-workshop at the AAPS Freeman Environmental Education Center: spend the first portion taking a walk through the woods, learning about the plants and environment around you. Then use your inspiration from nature in a guided outdoor drawing workshop. No experience required, just an interest in learning about the natural world and drawing! Note, this workshop takes place outdoors, please dress accordingly and bring a portable stool, chair, or blanket to sit on while you are drawing, and also a filled water bottle. Restrooms are available on site. All supplies and materials are provided. Instructors: Kim Ulrich, Naturalist and Flipside Art Studio Staff. **Saturday - 1 class.**

<table>
<thead>
<tr>
<th>ID# 2189.801</th>
<th>6/22</th>
<th>10:00am to 12:30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $49</td>
<td>Saturday</td>
<td>Freeman Environmental Education Center</td>
</tr>
</tbody>
</table>

Drawing: Beginning/Intermediate

Ages: 18 - Adult. While learning the steps to realistic drawing using dry mediums such as graphite, charcoal, and Prismacolor Pencils, you are instructed in the breaking down of objects into shapes, shadows, and details. Beginners and those who haven't drawn in a while learn new skills, while intermediate students build upon what they know with challenging projects. All materials are provided during class. Optional supply list is provided on the first day of class. Instructor: Flipside Art Studio Staff. **Tuesdays - 7 classes.**

<table>
<thead>
<tr>
<th>ID# 2186.801</th>
<th>6/25 - 8/6</th>
<th>6:30pm to 8:30pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $139</td>
<td>Tuesdays</td>
<td>Pioneer, E105</td>
</tr>
</tbody>
</table>

Pottery

Grades: 7th - Adult. In this open studio format, create pieces to be proud of with the help of William Schultz answering your questions and guiding you through your projects. Create as many as 4-6 medium to large pieces incorporating techniques such as tile making, slab construction, sculpture, press molding, wheel throwing, coiling, extrusions and glazes depending on your interest. Some experience is helpful, but not required. William can guide both beginning or continuing students in any class. Class size is limited to allow access to equipment and assistance from the instructor. Instructor: William Schultz. **Sundays, Tuesdays, Wednesdays, or Thursdays - 10 classes.**

Exploring Clay Together*

<table>
<thead>
<tr>
<th>ID# 2199.801</th>
<th>7/7 - 9/8</th>
<th>10:00am to Noon</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $235</td>
<td>Sundays</td>
<td>CAB, Room A</td>
</tr>
</tbody>
</table>

* Fee is for 1 adult and 1 child (Grades K-6). See page 30 for more details on Exploring Clay Together.

Adult Pottery

<table>
<thead>
<tr>
<th>ID# 2198.801</th>
<th>7/7 - 9/8</th>
<th>Noon to 3:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $305</td>
<td>Sundays</td>
<td>CAB, Room A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ID# 2198.802</th>
<th>7/9 - 9/10</th>
<th>6:00pm to 9:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $305</td>
<td>Tuesdays</td>
<td>CAB, Room A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ID# 2198.803</th>
<th>7/10 - 9/11</th>
<th>6:00pm to 9:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $305</td>
<td>Wednesdays</td>
<td>CAB, Room A</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ID# 2198.804</th>
<th>7/11 - 9/12</th>
<th>6:00pm to 9:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fee: $305</td>
<td>Thursdays</td>
<td>CAB, Room A</td>
</tr>
</tbody>
</table>

Scholarship recipients: $55 adult, $50 youth
Seniors and 50% scholarship recipients: $173 for adult pottery
NEW!
Ann Arbor Civic Chorus: Community Sing

Ages: 18 - Adult. Join the Ann Arbor Civic Chorus for a Community Sing this summer. Sing engaging SATB repertoire with an enthusiastic group. Each session has a specific and unique theme:
- **A Capella** (1769.801), featuring pieces from Renaissance madrigals to Pentatonix-style contemporary;
- **American Music** (1769.802), featuring pieces of African-American, Native American and European-American origin;
- **World Folksongs** (1769.803), introducing singers to a variety of pieces from around the globe;
- **Social Justice** (1769.804), featuring LGBTQ issues and themes past and present around the civil rights movement;
- **Vocal Jazz** (1769.805), featuring classic and contemporary jazz arrangements;
- **Musical Theatre** (1769.806), featuring classic and contemporary selections from shows.

Sign up for one or all six (ID 1768.801) depending on your interests and schedule! Director: Karen TenBrink. **Mondays or Wednesdays - 1 class.**

### A Capella
- **ID# 1769.801**
  - **Fee:** $10
  - **6/19, 6/26, 7/10, 7/17, 7/24, 7/31 7:00pm to 9:00pm
  - **Fee:** $10
  - **Wednesday Skyline, Orchestra Room**

### American Music
- **ID# 1769.802**
  - **Fee:** $10
  - **6/26 7:00pm to 9:00pm
  - **Fee:** $10
  - **Wednesday Skyline, Orchestra Room**

### World Folksongs
- **ID# 1769.803**
  - **Fee:** $10
  - **7/10 7:00pm to 9:00pm
  - **Fee:** $10
  - **Wednesday Skyline, Orchestra Room**

### Social Justice
- **ID# 1769.804**
  - **Fee:** $10
  - **7/17 7:00pm to 9:00pm
  - **Fee:** $10
  - **Wednesday Skyline, Orchestra Room**

### Vocal Jazz
- **ID# 1769.805**
  - **Fee:** $10
  - **7/24 7:00pm to 9:00pm
  - **Fee:** $10
  - **Wednesday Skyline, Orchestra Room**

### Musical Theatre
- **ID# 1769.806**
  - **Fee:** $10
  - **7/29 7:00pm to 8:00pm
  - **Fee:** $10
  - **Monday Skyline, Orchestra Room**

### Community Sing Series - 6 classes
- **ID# 1768.801**
  - **Fee:** $60
  - **6/19, 6/26, 7/10, 7/17, 7/24, 7/29 7:00pm to 9:00pm
  - **Fee:** $60
  - **Mondays & Wednesdays Skyline, Orchestra Room**

**Senior discount recipients: $30; Scholarship recipients: $15.**

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### Guitar Instruction: Beginning
**Grades: 9th - Adult.** Do you have an old guitar sitting in the corner gathering dust? Have you recently bought a new instrument, but don’t know where to begin? Well, pick up that guitar and let’s start playing! Your musical dream is closer than you think. Learn the fundamentals of guitar from the ground up, including strumming technique, chord shapes and basic music theory that will have you playing your favorite songs in no time. We also focus on how to practice and help you overcome common roadblocks you may encounter along the way. Bring your own guitar. Instructor modifies the class according to the group so the class can be repeated. Instructor: Spencer Michaud is an experienced songwriter, performer and teacher. **Mondays - 8 classes.**

- **ID# 1762.801**
  - **Fee:** $169
  - **6/17 - 8/5 6:00pm to 7:00pm
  - **Fee:** $169
  - **Mondays Pioneer, Room C222**

### Ukulele: Beginning
**Grades: 9th - Adult.** This enjoyable class is designed for the beginning ukulele player. No musical background is needed to learn this simple instrument. Learn strum patterns and chords and be playing songs at your first lesson. Bring your own ukulele. Materials fee ($10, cash only) due to the instructor at the first class. Come and join the fun! Instructor: Mary Bigler, has been a music teacher, K-12 teacher, and university professor for many years. She is an active member of several ukulele clubs and enjoys sharing her enthusiasm for the ukulele with others. **Tuesdays - 6 classes.**

- **ID# 1747.801**
  - **Fee:** $125
  - **6/18 - 7/23 6:00pm to 7:00pm
  - **Fee:** $125
  - **Tuesdays Pioneer, Room C211**

### Ukulele: Continuing
**Grades: 9th - Adult.** This class is designed for those who completed the Beginning Ukulele class or those who have a knowledge of basic chords and simple strum patterns. We learn additional chords, barre chords and more complex strum patterns. Learn how to read tablature to play simple melody lines. Come join people of all ages to play and sing familiar and fun songs. Materials fee ($10, cash only) due to the instructor at the first class. Instructor: Mary Bigler has been a music teacher, K-12 teacher, and university professor for many years. She is an active member of several ukulele clubs, and enjoys sharing her enthusiasm for the ukulele with others. **Tuesdays - 6 classes.**

- **ID# 1746.801**
  - **Fee:** $125
  - **6/18 - 7/23 7:15pm to 8:15pm
  - **Fee:** $125
  - **Tuesdays Pioneer, Room C211**

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**Questions? Call 734-994-2300, ext. 53234**
Summer Salads the Italian Way

**Grades: 10th - Adult. DEMO.** Join Francesca as she prepares chicken salad with grilled marinated chicken served over a bed of fresh greens. Next she prepares marinated shrimp and calamari salad served with Italian potato salad. Lastly she prepares *panzanella*, a Tuscan style salad of toasted bread, mixed vegetables, sweet olives and tossed in a vinaigrette dressing. Feel free to bring beer or wine to accompany your meal, if desired. Instructor: Francesca Giarraffa. **Wednesday - 1 class.**

**ID # 1688.801** 7/24 6:00pm to 8:30pm
Fee: $65  Wednesday Casa di Cesca
Scholarship recipients: $29; Senior discount recipients: $45.

Woodworking With Power: Open Lab

**Ages: 18 - Adult.** Do you have a project you are working on but need access to machines and tools? Perhaps you have taken Woodworking with Power 101 and want to further develop your woodworking skills? This open-ended workshop provides supervised access to saws (band, miter, radial arm, table), routers, lathes, a drill press and a jointer. Experienced woodcrafter Joe Kyle is on hand as a friendly resource to answer questions and give guidance, but the choice of what to create is yours. Class size is limited to allow more access to machines and work benches. The ability to safely and independently operate power tools is expected. Bring all your own materials to class. **Prerequisite: Woodworking with Power 101 or supervisor’s approval. Thursdays - 7 classes.**

**ID # 1713.801** 6/20 - 8/8 6:30pm to 9:00pm
Fee: $149  Thursdays - No class 7/4 Slauson, Room 142

No discounts or scholarships for this class except Staff Passes/BOEs.

Woodworking With Hand Tools

**Ages: 18 - Adult.** Discover the satisfaction that comes from shaping beautiful objects out of wood using just 3 versatile hand tools: the chisel, plane and saw. Learn the craft of woodworking and practice essential techniques that have been handed down through the centuries. The first half covers selection, construction, maintenance and use of all three tools. The second half covers dovetail joinery, which creates a strong, snug fit without nails, glue or screws. Leave this class knowing how to achieve better results with your woodworking projects. Option to work on a simple box or picture frame. No prior woodworking experience necessary. All materials and tools are provided. Instructor: Ken Ray. **Mondays - 8 classes.**

**ID # 1715.801** 6/17 - 8/5 6:30pm to 9:00pm
Fee: $155  Mondays Slauson, Room 142

Grilling Meat & Vegetables

**Grades: 10th - Adult. DEMO.** Grilling with Francesca is much more than hamburgers and hotdogs. Francesca starts with grilled strip steak served on a bed of spinach. Next she prepares a marinated rack of lamb. To accompany the dishes, try marinated grilled zucchini and eggplant along with a grilled bell pepper salad. Bring your appetite! Feel free to bring beer or wine to accompany your meal, if desired. Leave this class with the recipes to recreate at home. Instructor: Francesca Giarraffa. **Thursday - 1 class.**

**ID # 1685.801** 8/8 6:00pm to 8:30pm
Fee: $65  Thursday Casa di Cesca
Scholarship recipients: $29; Senior discount recipients: $45.
NEW! Cemetery History Tour

Ages: 18 - Adult. Forest Hill Cemetery is the final resting place for many famous (James Angell, Fielding Yost, Bo Schembechler) and not so famous Ann Arborites. Join local historian and storyteller Patti Smith as she takes you for a leisurely (1-1.5 mile) walk and shares stories of some of the people who graced our little city throughout the years. Sunday - 1 class.

ID# 1655.801 8/4 2:00pm to 4:00pm Sunday - Rain Date 8/11 Fee: $25

Walking Downtonw's History

Ages: 18 - Adult. Have you ever looked around beautiful downtown Ann Arbor and wondered, "What was there?" Find out by joining local historian Patti Smith for a dynamic history walk. Learn about the "red light district" on Fourth Avenue, the first courthouses, the old fire station, the businesses that lined Main Street and so much more! Bring your walking shoes and be prepared to walk 1-2 miles. Instructor: Patti Smith is an Ann Arbor townie, special education teacher, storyteller and author of Images of America: Downtown Ann Arbor and co-author of the forthcoming Forgotten Ann Arbor. Sunday - 1 class.

ID# 1654.802 7/7 10:00am to Noon Sunday - Rain date 7/14 Fee: $25

NEW! Secrets To Maintaining A Clean & Organized Home

Ages: 18 - Adult. Are you tired of the vicious cycle of marathon cleaning for guests and stashing piles of clutter? Do you want your home to feel peaceful and welcoming? Learn the secrets for maintaining a clean and organized home. Maintaining a tidy home does not need to take a lot of time or effort. It is mostly about daily small actions that add up to big results. Learn how to set your household up for positive daily routines to keep clutter and dirt at a minimum, while still having time to enjoy life. Instructor: Carolyn Anderson-Fermann, Simply Organized Life. Friday - 1 class.

ID# 1613.801 7/26 10:00am to Noon Friday Rec & Ed Conference Room Fee: $25

If you want to find ways to have a more balanced, healthy and organized life, this class is a great place to start.

Secrets To Maintaining A Clean & Organized Home

Become a Master Rain Gardener: Online Class

Ages: 18 - Adult. Train to become a Master Rain Gardener! Take the class from your own computer or phone. A link to join the online class will be sent via e-mail before class starts. Learn to design your own rain garden step-by-step and get expert feedback on designing, digging and planting. Then, share your knowledge and become your neighborhood’s expert on rain gardens. Rain Gardens capture and soak in the rainwater that runs off hard surfaces like roofs and driveways. This rainwater runoff picks up dirt and is the #1 source of pollution in rivers. Anyone can plant a rain garden in their own yard. You must attend all 5 online classes, and build a rain garden to earn the Master Rain Gardener certification. Field trip TBD. Hosted by Washtenaw County Water Resources Commissioner’s Office. Instructors: Susan Bryan, Rain Garden Coordinator; Harry Sheehan, Deputy Water Resources Commissioner; Shannan Gibb-Randall, Principal at InSite Design Studio, Inc. Wednesdays - 5 classes.

ID# 1640.801 7/24 - 8/21 Noon to 1:30pm Wednesdays Online Fee: $40
NEW! Beginning French: 1 Week Bootcamp

Grades: 10th - Adult. In this one week immersive course, flex all of your linguistic muscles designed to train and drill all major areas: grammar, speaking, listening comprehension and reading comprehension. Materials are included in registration fee. There is an optional field trip on Saturday with the group to Detroit for a bike tour of the French history of the city, with a francophone guide (about $20/person). Instructor: Towela Okwudire, French Immersion teacher at The Roeper School. **Monday - Friday - 5 classes in 1 week.**

**ID# 1517.801**
6/24 - 6/28
1:00pm to 2:55pm
Fee: $209
Monday - Friday
Pioneer, Room C211

NEW! Intermediate French Pronunciation: 1 Week Bootcamp

Grades: 10th - Adult. This course is geared towards intermediate to advanced learners. The better you say it, the easier it is to understand! This course is designed to help French learners improve standard pronunciation of the language. Materials are included in registration fee. There is an optional field trip on Saturday with the group to Detroit for a bike tour of the French history of the city, with a francophone guide (about $20/person). Instructor: Towela Okwudire, French Immersion teacher at The Roeper School. **Monday - Friday - 5 classes in 1 week.**

**ID# 1518.801**
6/24 - 6/28
3:00pm to 4:55pm
Fee: $209
Monday - Friday
Pioneer, Room C211

Spanish For Travel

Ages: 18 - Adult. Traveling abroad soon? Interested in learning some conversational Spanish to help you get around? This is the class for you! In this four week introduction to Spanish, learn common phrases used in restaurants, airports, hotels, markets, and taxis. We go over basic pronunciation guides for Spanish, introduce how verbs are conjugated, and then focus our time on commonly used words and phrases to help you get the most out of your adventures!

Instructor: Sarah Kairis, Ann Arbor Public Schools Spanish teacher. **Mondays - 4 classes.**

**ID# 1509.801**
6/24 - 7/15
6:00pm to 7:30pm
Fee: $89
Mondays
Pioneer, Room D203

Private Lessons

For more information, call 734-994-2300, ext. 53234

<table>
<thead>
<tr>
<th>LANGUAGE</th>
<th>COST</th>
<th>INSTRUCTOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chinese</td>
<td>$59/hour</td>
<td>Alice Chang</td>
</tr>
<tr>
<td>Japanese</td>
<td>$59/hour</td>
<td>Kiyoe Ise</td>
</tr>
<tr>
<td>(ESL) English</td>
<td>$59/hour</td>
<td>Marla Metler</td>
</tr>
<tr>
<td>German</td>
<td>$59/hour</td>
<td>George Hinman</td>
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</table>

NEW! Mobile Camera Photography

Grades: 10th - Adult. Photography can become adventurous with mobile devices. During this short class learn about the possibilities with your mobile devices through lecture and in-class activities. Topics covered include: editing with the basic gallery set up on your device, when to use flash, softwares available for editing on your mobile device, devices available to help enhance your mobile photography experience and different creative techniques. Please bring your camera phone or a tablet device with camera, charged and ready to use. Instructor: Katelend Rosaen is a fine art photographer who has exhibited her art work in multiple countries and has a Masters of Art; Katelend changes people's perspective one photo at a time. **Wednesdays - 2 classes.**

**ID# 1254.801**
6/19 - 6/26
6:00pm to 8:00pm
Fee: $75
Wednesdays
Pioneer, C211
Estate Planning Basics
Ages: 18 - Adult. Probate, long term care and tax laws are constantly changing. Find out how to prevent your assets from going through probate, how to protect unnecessary taxation, how to retain control of your affairs and how to protect yourself against the costs of long term care. Discover the dangers of using joint accounts and quit claim deeds as estate planning tools. Learn about medical and financial powers of attorney, wills, "Ladybird" deeds and living trusts. Understand how "gifting" can affect you and the recipient, including gift tax laws, capital gains tax laws, as well as eligibility for Medicaid and Veterans benefits. The class will cover recent changes in Michigan’s real estate laws, which prevent the reassessment of the taxable value of the property for transfers to family members. Learn about Michigan’s “Estate Recovery” law, whereby the State can seek repayment from a person’s estate for governmental benefits paid, and ways to prevent that from happening. Attendees receive a Personal Affairs Organizer.
Instructor: Christopher Lindsay, Elder Law attorney.
Wednesday - 1 class.
ID# 1915.801  8/7  6:00pm to 8:00pm
Fee: $25  Pioneer, Room D203

The High Cost Of Long Term Care
Ages: 18 - Adult. Did you know that 50% of people 65 years or older will spend some time in a nursing home and that it costs $8,000 a month for such care? Because neither health insurance nor Medicare covers these costs, losing your life savings in these situations is a natural fear. Learn about ways to avoid the nursing home, in-home care options, payment options, long term care insurance, life insurance conversions and hybrids, Veteran’s and Medicaid benefits, special needs trusts and more. There have been significant changes to the Medicaid and VA rules. Learn how to prevent Medicaid’s estate recovery process from impacting your family. Instructor: Christopher Lindsay, Elder Law attorney.
Wednesday - 1 class.
ID# 1916.801  8/7  6:00pm to 8:00pm
Fee: $25  Pioneer, Room D203

Retiring From U Of M
Ages: 18 - Adult. Discuss strategies for drawing income from your retirement plans. Understand benefits, including recent changes and tips to help guide you to a successful and rewarding retirement.
CRN202103-245242. Thursday - 1 class.
ID# 1926.801  8/8  7:00pm to 9:00pm
Fee: $25  Thursday  Pioneer, Room D205

Allocating Your 401K, 403b Or 457 For Retirement
Ages: 18 - Adult. If you are a retiree or soon-to-be retiree, learn how to make the most of your 401K, 403b and 457 in retirement. Discover the advantages and disadvantages of different types of retirement plans. Gain insights on distributing income from your retirement plan smartly and efficiently. Understand what to watch out for when Required Minimum Distributions are approaching and what the impact of inheriting a 401K versus an IRA has on beneficiaries.
Instructor: Patrick Shope, CWS®, Sigma Planning Corporation, a financial advisor serving the needs of retired and soon-to-be retired investors.
Wednesday - 1 class.
ID# 1920.801  6/25  6:00pm to 8:00pm
Fee: $25  Wednesday  Pioneer, Room D205

Required Minimum Distributions
Ages: 18 - Adult. The decisions you make today can have a tremendous impact on your retirement income plan, the sustainability of your investment portfolio and the amount of taxes you will pay over your lifetime. Develop an understanding of the three distribution options to consider when deciding how to meet your RMDs. Learn why it is important to calculate your RMDs correctly, how to coordinate distributions with your overall asset allocation, how to manage the impact RMDs will have on your taxes and how to structure your investments to help simplify the management of RMDs.
Instructor: Patrick Shope, CWS®, Sigma Planning Corporation, a registered investment advisor.
Tuesday - 1 class.
ID# 1921.801  7/23  6:00pm to 8:00pm
Fee: $25  Tuesday  Pioneer, Room D205

Registration begins May 29, 2019
Look for this symbol to register an additional person for only $10!
Basic Insight Meditation For Mindful Living
Grades: 9th - Adult. Mindfulness is a gateway to lasting personal transformation. Learn about mindfulness, concentration, compassion, and kindness in a gentle, kind and supportive environment, as you take the first steps toward establishing your own meditation practice. There is a strong emphasis on cultivating the open heart as a support to experiencing the full benefits of mindfulness. Class activities include meditation instruction, practice and discussion. All are welcome; suitable for beginners and anyone seeking a refresher. Instructor: Karen Mori, Still Mountain Meditation Center.
ID# 1837.801  6/18 - 7/9  6:30pm to 8:00pm  Tuesdays  Pioneer, Media Center
Fee: $49

Introduction to Tai Chi: Level 1
Ages: 18 - Adult. Through movement, meditation and breathwork, you learn to cultivate energy. Regular practice can improve balance, coordination and confidence. These sessions are designed as an introduction for beginning students. The studio is located one flight downstairs and there is no elevator available.
Instructor: Master Wasentha Young. Mondays - 6 classes.
ID# 1821.801  6/17 - 7/29  10:00am to 11:15am  Mondays - No class 7/1  Peaceful Dragon
Fee: $95

Introduction to Tai Chi: Level 2
Ages: 18 - Adult. If you have completed Level 1 or have instructor permission, complete the first/third of the Yang Style Tai Chi form. Once enrolled you may attend all sessions each week as desired at no extra cost. The studio is located one flight downstairs and there is no elevator available. Prerequisite: Level 1 or instructor permission.
Instructors: Master Wasentha Young and Sifu Jim Carey. Mondays, Tuesdays or Thursdays - 6 classes.
ID# 1823.801  6/17 - 7/29  10:00am to 11:15am  Mondays - No class 7/1  Peaceful Dragon
Fee: $95
ID# 1823.802  6/18 - 7/30  7:15pm to 8:30pm  Tuesdays - No class 7/2  Peaceful Dragon
Fee: $95
ID# 1823.803  6/20 - 8/1  7:15pm to 8:30pm  Thursdays - No class 7/4  Peaceful Dragon
Fee: $95

Building Your Self-Care Toolbox - Introduction to Qigong: Energy Work
Ages: 18 - Adult. Use self-care techniques to give you an energy cleanse and revitalize your sense of well-being. Learn basic stretches, breathing, meditations, as well as self-massage techniques to reduce muscle tension. These sessions, based in traditional Chinese medicine, introduce you to practices that can be easily added to your self-care tool box and can be used daily. The studio is located one flight downstairs and there is no elevator available.
Instructor: Master Wasentha Young. Thursdays - 6 classes.
ID# 1822.801  6/20 - 8/1  10:00am to 11:15am  Thursdays - No class 7/4  Peaceful Dragon
Fee: $95

Introduction To Hypnotherapy For Weight Loss
Ages: 18 - Adult. Group hypnotherapy may be just the thing to finally give you the success you seek. Develop an understanding of what hypnotherapy is and how it works. Banish exaggerated movie and stage portrayals. Participate in a group hypnosis session (7/11) designed to change your behaviors. Follow up with a one hour session the next week (7/18) to reinforce the first session.
Instructor: Marjorie Wells Farnsworth is a certified Hypnotherapist.
Thursdays - 2 classes.
ID# 1818.801  7/11 - 7/18  6:00pm to 8:00pm  Thursdays  Pioneer, Media Center
Fee: $39

Fun Night Out
Grades: 9th - Adult. Socialize with your friends and enjoy a variety of fun activities each week including table and Wii games, music and sing-a-longs, cooking, crafts and movies. Don't miss the fun, sign up now. This is an adapted program for young adults and adults with mental or physical challenges. Instructor: Nan Nelson. Thursdays - 4 classes.
ID# 6118.801  7/11 - 8/1  6:30pm to 8:30pm  Thursdays  High Point Center, Y.A. Kitchen
Fee: $65  Scholarship recipients: $15

NEW! SNAG: Starting New at Golf (for Special Needs)
Ages: 5-10. Does "Pick up your launcher and aim for that bullseye!" sound like a golf class? It does to us. The Starting New at Golf (SNAG) program for players with special needs is designed to teach the fundamentals of golf using kid-friendly games and modified equipment. Give your child the gift of a lifetime love for golf. Equipment provided.
Instructor: Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player. Mondays - 5 sessions.
ID# 3481.801  6/24 - 7/22  2:00pm to 3:00pm  Mondays  Mitchell, Gym
Fee: $75

12 SUMMER 2019 Register online at AARECED.COM
**Feldenkrais Method®:** Get Your Back Back Series

**Grades:** 10th - Adult. A 2-part series of Feldenkrais classes focused on reducing pain and tension in your back, neck, shoulders and hips and aligning your spine for better posture and more efficient movement. Registration includes Lower Back & Hips and Upper Back, Neck & Shoulders. No experience necessary. Please note, all workshops involve lying on mats on the floor. If you cannot easily lay on the floor, a few elevated tables are available but must be requested in advance. Please bring a yoga mat and 3 towels.

Instructor: Dale Jensen, Guild Certified Feldenkrais Practitioner.

**Saturdays - 2 classes.**

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<th>ID#</th>
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<tr>
<td>1850.801</td>
<td>7/27  - 8/3</td>
<td>10:00am to Noon</td>
<td>Pioneer, Fitness Room</td>
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<tr>
<td>1851.801</td>
<td>8/3</td>
<td>10:00am to Noon</td>
<td>Pioneer, Fitness Room</td>
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</table>

Fee: $75

**Feldenkrais Method®:** Lower Back & Hips

**Grades:** 10th - Adult. Part of the Get Your Back Back series. Get your hips and lower back playing together nicely again. Restore that connection and bring harmony to your hips and back. You learn to use functional movement patterns, your attention and simple props to effortlessly bring significant change. Leave class with better posture, a spring in your step and an overall feeling of well-being. Receive an audio recording to help you with your home practice. Please note, all classes involve lying on mats on the floor. If you cannot easily lay on the floor, a few elevated tables are available but must be requested in advance. Please bring a yoga mat and 3 towels.

Instructor: Dale Jensen, Guild Certified Feldenkrais Practitioner.

**Saturday - 1 class.**

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<th>ID#</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>1851.801</td>
<td>7/27</td>
<td>10:00am to Noon</td>
<td>Pioneer, Fitness Room</td>
</tr>
</tbody>
</table>

Fee: $45

**Feldenkrais Method®:** Upper Back, Neck & Shoulders

**Grades:** 10th - Adult. Part of the Get Your Back Back series. Get rid of that pain in your neck and tension in your shoulders. Your neck, shoulders and upper back can become immobilized with tension. When you learn to move your body so its various parts work together rather than in opposition, the movement itself becomes the antidote to immobility. Leave class with relaxed neck and shoulders, a light and free head and a more upright and effortless posture. Receive an audio recording to help you with your home practice. Please note, all classes involve lying on mats on the floor. If you cannot easily lay on the floor, a few elevated tables are available but must be requested in advance. Please bring a yoga mat and 3 towels. Instructor: Dale Jensen, Guild Certified Feldenkrais Practitioner.

**Saturday - 1 class.**

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<thead>
<tr>
<th>ID#</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>1852.801</td>
<td>8/3</td>
<td>10:00am to Noon</td>
<td>Pioneer, Fitness Room</td>
</tr>
</tbody>
</table>

Fee: $45

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**MARTIAL ARTS**

**QUESTIONS? Call 734-994-2300, ext. 53234**

**Adult Self-Defense**

**Ages:** 16 - Adult. Are you looking for an exciting and informative self-defense class that prepares you for almost anything? Learn how to defend yourself and your family from bare hands attacks, guns and knives. Men and women welcome, no experience necessary. Wear comfortable clothes. Instructor: Lynda Gronlund-Naeem and Jibril Naeem, 3rd Degree Black Belt, certified instructors.

**Wednesdays - 8 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>3314.801</td>
<td>6/26 - 8/14</td>
<td>7:50pm to 8:50pm</td>
<td>PKSA Karate Dojang</td>
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</table>

Fee: $89

**Sanchin-Ryu Karate: Family**

**FAMILY. Ages:** 4 & up with parent. This program is set in a non-competitive and informative atmosphere that allows parents and children to learn together. Through Sanchin-Ryu Karate, you and your child build self-confidence, understand stress management and increase composure and self-defense awareness. Physical techniques are taught with drills and exercises for a positive self-defense education. You learn to use your whole body, so size is not important. Instructor: Sensei Michael Newberry, 2nd Degree Black Belt with over 30 years martial arts experience.

**Thursdays - 7 classes.**

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<th>ID#</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>3318.801</td>
<td>6/20 - 8/8</td>
<td>8:15pm to 9:00pm</td>
<td>Tappan, Gym</td>
</tr>
</tbody>
</table>

Fee: $85

**Sanchin-Ryu Karate**

**INDIVIDUAL. Grades:** 9th - Adult. Training is designed to empower you with the knowledge that can save your life. You learn a broad range of techniques, strikes, how to get out of grabs and more. Courses can be repeated to increase your knowledge and technique.

**Thursdays - 7 classes.**

<table>
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<tr>
<th>ID#</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3316.801</td>
<td>6/20 - 8/8</td>
<td>8:15pm to 9:00pm</td>
<td>Tappan, Gym</td>
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</table>

Fee: $49

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**Register for the Get Your Back Back Series and SAVE $15**
Rec & Ed Tennis offers a rewarding Adult Recreational Pathway allowing players to develop skills in a fun social environment. Classes at Varsity Tennis Center, participants must wear tennis court shoes with non-marking soles. For all classes, no running shoes please. Registered participants may check out a loaner tennis racquet from the Rec & Ed office one week prior to start of class. Rec & Ed Tennis follows the USTA Code of Conduct. Visit our homepage: [a2schools.org/recedtennis](http://a2schools.org/recedtennis) to learn more about NTRP ratings and our program. Rec & Ed Tennis is “PTR Proud” with 80% or more of our instructors PTR Certified.

**Start/Restart Beginner Tennis**

**LEVEL:** Beginner - NTRP 2.0. Tennis is not just a sport, it’s a passion! Rec & Ed Tennis is part of the USTA’s Start/Restart program, the perfect program for adults looking to start playing tennis for the first time or wanting to get back on the court after a period away from the game. **Mondays/Wednesdays, Tuesdays/Thursdays or Saturdays - 4, 5 or 6 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
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<th>Location</th>
<th>Fee</th>
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</thead>
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<tr>
<td>3610.821</td>
<td>6/10 - 6/19</td>
<td>7:30pm to 9:00pm</td>
<td>Forsythe</td>
<td>$65 - 4 classes</td>
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<td>$99 - 6 classes</td>
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<td>Tappan</td>
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<td>3610.862</td>
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<td>9:00am to 10:30am</td>
<td>Tappan</td>
<td>$85 - 5 classes</td>
</tr>
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</table>

**Drill And Play**

**LEVEL:** NTRP 2.5-3.0 (Advanced Beginner) and NTRP 3.5-4.0 (Intermediate). Develop your strokes and competitive skills in this combination of intensive drilling and instruction along with plenty of supervised live ball games. **Tuesdays or Saturdays - 4 or 5 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
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<tr>
<td>3604.861</td>
<td>6/15 - 7/13</td>
<td>10:30am to Noon</td>
<td>Tappan</td>
<td>$85 - 5 classes</td>
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<td>3604.862</td>
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<tr>
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<td>$109 - 5 classes</td>
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</tr>
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**Coed 2-Hour Clinics**

Classes are held outdoors at UM Varsity, and include level-specific skill development, play-based games, and match play. Instructor: Fode Camara

**LEVEL:** Advanced Beginner NTRP 2.5 - 3.0

<table>
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<td>8/5 - 8/21</td>
<td>6:30pm to 8:30pm</td>
<td>UM Varsity</td>
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**LEVEL:** Intermediate NTRP 3.5 - 4.0

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<tr>
<td>3602.825</td>
<td>8/6 - 8/22</td>
<td>6:30pm to 8:30pm</td>
<td>UM Varsity</td>
<td>$165</td>
<td>UM Varsity</td>
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</table>
2019 Ann Arbor City Tournament 100th Anniversary!

This summer classic is played at Varsity Tennis Center, commencing in June with Mixed Doubles and Singles events, and concluding in July with Doubles, the Junior Tournament and Town Tennis celebration featuring free food, kids clinic, and doubles final.

Visit aaacta.org

Cardio Tennis Blast!

Visit cardiotennis.com for more information.

**LEVEL: Beginner - Advanced.** Have a blast getting fit, moving and grooving to music, and hitting hundreds of balls! Using Cardio balls (orange tennis balls) equalizes the playing field and ensures a great workout. In classes of 6-8 people most women burn 300 to 500 calories per hour and men burn between 500 to 1,000. Not only are you getting a great workout, but you are also learning/improving a whole range of tennis skills. Classes held outdoors.

**Mondays or Thursdays - 4 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
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<th>Location</th>
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<tbody>
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<td>6/10 - 7/8</td>
<td>7:30pm to 8:30pm</td>
<td>Pioneer</td>
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<tr>
<td>3606.841</td>
<td>6/13 - 7/11</td>
<td>7:30pm to 8:30pm</td>
<td>UM Palmer Field</td>
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<tr>
<td>3606.843</td>
<td>6/13 - 7/11</td>
<td>8:30pm to 9:30pm</td>
<td>UM Palmer Field</td>
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<tr>
<td>3606.842</td>
<td>8/1-8/22</td>
<td>8:00am to 9:00am</td>
<td>UM Varsity</td>
</tr>
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</table>

Fee: $59

Social Leagues

Meet new players, build match play skills, and gain confidence in a fun, low key, social setting. Fast four, team scoring, and timed match formats create a fun and social play environment. Outdoors.

**Wednesdays - 6 sessions.**

**Beginner Social League**

**LEVEL: NTRP 2.0 - 2.5**

Great for recent Start/Restart players and players seeking doubles match play experience.

<table>
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<th>Location</th>
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<td>3622.831</td>
<td>6/26 - 8/7</td>
<td>6:00pm - 7:30pm</td>
<td>Pioneer H.S.</td>
</tr>
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Fee: $59

**Social League**

**LEVEL: NTRP 3.0-5.0**

Experienced players meet new players in a fun and social setting.

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
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<tbody>
<tr>
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<td>6/26 - 8/7</td>
<td>7:30pm to 9:00pm</td>
<td>Pioneer H.S.</td>
</tr>
</tbody>
</table>

Fee: $59

Want to captain? Contact adulttennis@a2schools.org

NEW!

**World Team Tennis**

Join the fun and excitement!

**Coed, LEVEL: NTRP 3.5 and below; and LEVEL: NTRP 3.0 and below.**

WTT matches consist of six no-ad sets: two men’s and women’s singles and doubles sets, and two mixed doubles sets. Play features no-ad scoring, substitutions, and coaching is allowed! Team level is determined by averaging the ratings of your 2 best male and 2 best female players. Team size ranges from 4 -10 players. USTA membership required. Fees include $16 team registration fee and $10 - $15 match fee. Flight winners can advance to national competition. For more information visit a2schools.org/recedtennis.  

Want to captain? Contact adulttennis@a2schools.org

Registration begins May 29, 2019
**First Swing Golf Class: Level 2**

**Ages: 18 to Adult.** You've got the basics down and headed out to the golf course. Perhaps now is the time to try our Level 2 First Swing Golf Class. The aim of this course is to make players feel more comfortable and confident playing the game of golf. Participants will continue working on skills from Level 1 but this class is open to all "new" golfers. Instructor: Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player. Thursdays - 5 classes.

**ID# 3484.801**  
Fee: $189  
6/27 - 8/1  
6:00pm to 7:30pm  
Thursdays - No class 7/4  
Brookside Golf Course

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**NEW! LPGA 2 For 1 (#InviteHER)**

**Fun Ladies’ Golf Event**

**Ages: 18 to Adult.** Do you have a female friend or family member you want to introduce to the game of golf? Well, if you bring her to this event, you will get a 2 for 1 deal! Participants will enjoy putting and chipping events as well as learn basic golf skills. Participants will also learn how to get started in the game, how to select equipment, and much more! Only one of you needs to register. Instructor: Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player. Sunday - 1 class.

**ID# 3485.801**  
Fee: $75 for Two  
6/9  
Noon to 3:00pm  
Brookside Golf Course

**ID# 3485.802**  
Fee: $75 for Two  
7/14  
Noon to 3:00pm  
Brookside Golf Course

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**LPGA Golf 101 - Golf For Women**

**Ages: 18 to Adult.** Bring together a group of girlfriends for this quick intro to golf course. You’ll learn the basics of putting, chipping and full swing then be ready to enjoy the links all summer. Price of the course includes the book ‘Golf 101 - Getting Started in the Great Game of Golf’ You don’t need a full set of clubs but a driver, iron, sand or pitching wedge and putter are recommended. Instructor: Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player. Saturdays - 2 classes.

**ID# 3483.801**  
Fee: $189  
6/22 - 6/29  
10:00am to 1:00pm  
Saturdays  
Brookside Golf Course

**NEW! Short Game Golf Class**

**Ages: 14 to Adult.** Your short game is where many shots can be saved and where scores can be lowered. This class will cover putting, chipping, pitching (50 yards in) and bunker shots to improve the finesse-related skills needed for short game accuracy. Instructor: Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player. Wednesdays - 4 classes.

**ID# 3487.801**  
Fee: $149  
7/10 - 8/7  
6:00pm to 7:30pm  
Wednesdays  
No class 7/31  
Brookside Golf Course
Fitness classes are for men and women, grade 10 to adult.

If you are new to working out or haven’t worked out in a long time, you should choose a class that includes LEVEL 1 or 2.

If you want a moderate form of exercise, choose a class that includes a LEVEL 3.

If you are looking for a challenging workout, select LEVEL 4 or 5.

Your fitness instructor will help you meet your personal needs.

It is recommended that you have a physical examination by a physician before beginning an exercise program if you are pregnant, have any health concerns or are over 35 and have not been physically active for the past several months.

All fitness instructors are certified and experienced.

PERSONAL FITNESS LEVELS

| Level 1 | Beginning |
| Level 2 | Advanced Beginning |
| Level 3 | Intermediate |
| Level 4 | Intermediate Advanced |
| Level 5 | Advanced |

Yoga Pilates*

Grades: 10th - Adult. LEVEL 2-5. Looking for a mind body practice done to music that will challenge your whole body while calming your mind? Weight training through the use of your own body weight will increase your lean body mass while improving your stamina, strength, flexibility, balance and body alignment. Various level options will be demonstrated, so you can easily create your own practice. Any yoga or Pilates experience is recommended. Practiced in bare feet. Please bring your own mat and water bottle.

Instructor: Victoria Cendrowski, M.Ed, over 45 years experience.

Mondays, Wednesdays or Fridays - 8, 9 or 10 classes.

| ID# 3110.801 | 6/17 - 8/19 | 9:15am to 10:30am |
| ID# 3110.802 | 6/19 - 8/14 | 9:15am to 10:30am |
| ID# 3110.803 | 6/21 - 8/9 | 9:15am to 10:30am |

Cardio Dance & Pilates*


Thursdays - 7 classes.

| ID# 3108.801 | 6/20 - 8/8 | 6:00pm to 7:00pm |

Weights & Yoga*

Grades: 10th - Adult. LEVEL 1-4. You’ll get 2 workouts in 1. Circuit training using weight machines and free weights for cardio and strength, followed by flow yoga to enhance stamina, strength, flexibility and relaxation. Please bring a yoga mat, water bottle and fitness shoes.

Instructor: Carl Gunderson, CPT, over 10 years experience.

Wednesdays - 8 classes.

| ID# 3126.801 | 6/19 - 8/7 | 6:00pm to 7:00pm |

Outdoor Hiit Fit*

Grades: 10th - Adult. LEVEL 1-5. High energy and fun! Challenge your speed, strength and stamina. Circuits include strength work and bursts of high intensity interval training (Hiit). Modifications are offered so all levels are welcome! Please bring your own mat, water bottle and light hand weights. Instructors: Donna Kujat, CPT, over 25 year experience.

Tuesdays/Thursdays - 6 classes.

| ID# 3106.801 | 8/6 - 8/22 | 6:00pm to 7:00pm |

BellyFit*

Adult. LEVEL 1-4. Bellydance for fitness! Everything you love about Bellydance with a core focus on strengthening and toning the abs in a highly effective way. Experience an enjoyable workout that fuses international music with the fluidity of Middle Eastern belly dancing. No experience necessary, come join us!

Instructor: Abby Humphrey. Tuesdays - 7 classes.

| ID# 3193.801 | 6/18 - 8/6 | 9:30am to 10:30am |

* If you have to miss any classes, ask your instructor for a make up slip that can be used in designated Fitness or Yoga classes during the current term.

(Excludes Spinning, Nordic Walking and Paddleboard.)

Enroll in any 2 fitness or yoga classes, improve your well-being and save $5!
**Adult Fitness**

QUESTIONS? Call 734-994-2300, ext. 53234

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**Weight Training***

**Grades: 12th - Adult. LEVEL 1-5.** You'll tone up, trim down and build strength while learning basic weight training principles using weight machines. Flexibility and core work included. Please bring a water bottle and fitness shoes. Instructor: Geraldine Powell, CPT.

**Tuesdays or Thursdays - 7 or 8 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3124.801</td>
<td>6/18 - 8/6</td>
<td>7:00pm to 8:00pm</td>
<td>Pioneer, Fitness Room</td>
</tr>
<tr>
<td>3124.802</td>
<td>6/20 - 8/8</td>
<td>6:00pm to 7:00pm</td>
<td>Pioneer, Fitness Room</td>
</tr>
</tbody>
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**H2O Circuits***

**Grades: 10th - Adult. LEVEL 1-5.** You'll get a great workout at your own pace! Timed circuits will include strength work and bursts of high intensity interval training. Modifications are offered so all levels are welcome! For swimmers and non-swimmers, but must be comfortable in deep water. Please bring a water noodle.

Instructor: Nancy Herlocher. **Tuesdays - 4 classes.**

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<tr>
<th>ID#</th>
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<th>Times</th>
<th>Location</th>
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<tbody>
<tr>
<td>3163.801</td>
<td>7/9 - 7/30</td>
<td>7:15pm to 8:15pm</td>
<td>Slauson, Pool</td>
</tr>
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</table>

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**Zumba® Gold***

Adult. LEVEL 1-3. Join the high energy party! For beginners or active older adults. Easy to follow dance steps that focus on balance, cardio, range of motion and fun. No street shoes. Bring clean fitness shoes and a water bottle. Certified Zumba® Gold Instructor: Geraldine Powell.

**Fridays - 7 classes.**

<table>
<thead>
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<th>Times</th>
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<td>3142.801</td>
<td>6/21 - 8/2</td>
<td>11:00am to Noon</td>
<td>CAB, Dance Studio</td>
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</tbody>
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**Family Capoeira***

Ages: 4 to Adult. Jump, kick, flip, tumble and roll. Capoeira is music, movement, dance, culture, self-defense and more. Train your body while strengthening your mind. Learn how to have a conversation without the use of words. Capoeira offers a non-competitive and non-combative way of training the body to move more efficiently, hone reflexes and be stronger. Instructor: Marika Smith, CPT.

**Saturdays - 4 classes.**

<table>
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<th>Times</th>
<th>Location</th>
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<tr>
<td>3116.801</td>
<td>6/22 - 7/20</td>
<td>9:30am to 10:30am</td>
<td>Pioneer, Fitness Room</td>
</tr>
</tbody>
</table>

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**Cardio Tennis Blast!**

QUESTIONS? Email adulttennis@a2schools.org

Visit cardiотennis.com for more information.

**All Levels: Beginner - Advanced.** Have a blast getting fit, moving and grooving to music, and hitting hundreds of balls! Using Cardio balls (orange tennis balls) equalizes the playing field and ensures a great workout. In classes of 6-8 people most women burn 300 to 500 calories per hour and men burn between 500 to 1,000. Not only are you getting a great workout, but you are also learning/improving a whole range of tennis skills. Classes held outdoors.

**Mondays or Thursdays - 4 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
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<tbody>
<tr>
<td>3606.811</td>
<td>6/10 - 7/8</td>
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</tr>
<tr>
<td>3606.812</td>
<td>6/10 - 7/8</td>
<td>7:30pm to 8:30pm</td>
<td>Pioneer</td>
</tr>
<tr>
<td>3606.841</td>
<td>6/13 - 7/11</td>
<td>7:30pm to 8:30pm</td>
<td>UM Palmer Field</td>
</tr>
<tr>
<td>3606.843</td>
<td>6/13 - 7/11</td>
<td>8:30pm to 9:30pm</td>
<td>UM Palmer Field</td>
</tr>
</tbody>
</table>

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**Cardio Drumming***

**Grades: 10th - Adult. LEVEL 1-4.** Enter a new dimension of fitness! Feel and experience the pulsating rhythms, dynamic movements, and powerful percussions of this new high energy workout. Drums Alive® Power Beats combines cardio movement with powerful drum beats. Wear fitness shoes and bring a water bottle.

Certified Drums Alive® Instructor: Geraldine Powell.

**Tuesdays or Thursdays - 7 or 8 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>3171.801</td>
<td>6/18 - 8/6</td>
<td>6:00pm to 6:55pm</td>
<td>Pioneer, Fitness Room</td>
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<tr>
<td>3171.802</td>
<td>6/20 - 8/8</td>
<td>7:05pm to 8:00pm</td>
<td>Pioneer, Fitness Room</td>
</tr>
</tbody>
</table>

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See pages 14 - 15 for more Adult Tennis Classes
Nordic Walking

Adult. LEVEL 1-4. Burn calories and build cardiovascular fitness! This activity is based on cross-country skiing, but without the snow. Learn and experience proper technique while engaging both upper and lower body muscles, stretching techniques included. For all ages and levels of ability. Bring a water bottle. Training poles are provided or bring your own. Instructor: Inge Gaiser. Saturdays - 4 classes.

ID# 3131.801  7/13 - 8/3  9:00am to 10:00am  Fee: $45  Saturdays - Rain date 8/10  County Farm Park

Paddleboard Pilates

Grades: 10th - Adult. LEVEL 1-5. Enjoy the outdoors while doing Pilates on a stand up paddleboard! Challenge your core and balance while floating. Strengthen, lengthen, stretch and tone your whole body. Any paddleboarding or Pilates experience is helpful, but all levels are welcome. Paddleboards are provided, just bring a good sense of humor! Instructor: Stephanie Riegle, over 25 years experience. Wednesdays - 4 classes.

ID# 3135.801  6/19 - 7/17  6:00pm to 7:15pm  Fee: $105  Wednesdays - No class 7/3  Argo Park Livery  Rain date 7/24

ID# 3135.802  Fee: $45 - Bring your own paddleboard

Paddleboard Yoga

Grades: 10th - Adult. LEVEL 1-5. Discover the healing power of yoga on a stand up paddleboard! Relieve stress and relax as you unwind on the water. Improve your balance, strength and flexibility. Any paddleboarding or yoga experience is helpful, but all levels are welcome. Paddleboards are provided, just bring a good sense of humor! Instructor: Nancy Herlocher, CYI. Mondays - 6 classes.

ID# 3133.801  7/1 - 8/5  6:00pm to 7:15pm  Fee: $155  Mondays - Rain date 8/12  Argo Park Livery

ID# 3133.802  Fee: $65 - Bring your own paddleboard

Spinning® @ Bodies in Balance Studio

Ages: 13 - Adult. Sit while getting a great workout! Spinning® is cardiovascular exercise on specially designed stationary bikes. A certified instructor uses music, imagery and goal setting to simulate a ride on the open road and guides you through changing terrain. Instructors: Elmo Morales (801, 803, 806, 808), Michael Abner (802, 805), Jeannette Figurel (804, 807). Sundays, Mondays, Tuesdays, Wednesdays, Thursdays, or Saturdays - 9 or 10 classes.

ID# 3115.801  6/16 - 8/18  LEVEL 1-5  Fee: $99 - 10 classes  9:30am to 10:15am  Sundays  Bodies in Balance Studio

ID# 3115.802  6/17 - 8/19  LEVEL 3-5  Fee: $99 - 10 classes  5:45pm to 6:45pm  Mondays  Bodies in Balance Studio

ID# 3115.803  6/18 - 8/20  LEVEL 1-5  Fee: $99 - 10 classes  9:30am to 10:15am  Tuesdays  Bodies in Balance Studio

ID# 3115.804  6/18 - 8/20  LEVEL 1-5  Fee: $99 - 10 classes  5:45pm to 6:30pm  Tuesdays  Bodies in Balance Studio

ID# 3115.805  6/19 - 8/21  LEVEL 3-5  Fee: $99 - 10 classes  5:45pm to 6:45pm  Wednesdays  Bodies in Balance Studio

ID# 3115.806  6/20 - 8/22  LEVEL 1-5  No class 7/4  Fee: $89 - 9 classes  9:30am to 10:15am  Thursdays  Bodies in Balance Studio

ID# 3115.807  6/20 - 8/22  LEVEL 1-5  No class 7/4  Fee: $89 - 9 classes  5:45pm to 6:30pm  Thursdays  Bodies in Balance Studio

ID# 3115.808  6/22 - 8/24  LEVEL 1-5  Fee: $99 - 10 classes  9:30am to 10:15am  Saturdays  Bodies in Balance Studio

Enroll in any 2 fitness or yoga classes, improve your well-being and save $5!
Yoga classes are for adult men and women.

Yoga helps you become more aware of your body’s alignment and patterns of movement while increasing your range of motion.

One of the foremost reasons people want to start a yoga practice is to relax and help alleviate the stresses of daily life.

Attend a yoga class to feel better, be more energetic, happier and peaceful.

It is recommended that you have permission from your physician to do yoga if you are pregnant or have a potential health condition.

All yoga instructors are certified, and ready and willing to meet your personal needs.

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**CLASS PHYSICAL ACTIVITY LEVELS**

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 1</td>
<td>Low</td>
</tr>
<tr>
<td>Level 2</td>
<td>Moderately Low</td>
</tr>
<tr>
<td>Level 3</td>
<td>Moderate</td>
</tr>
<tr>
<td>Level 4</td>
<td>Moderately High</td>
</tr>
<tr>
<td>Level 5</td>
<td>High</td>
</tr>
</tbody>
</table>

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**Intro To Yoga**

**Grades:** 10th - Adult. **LEVEL 1.** Balance your body and increase energy through yoga. Standing and seated poses along with breath work will release physical and mental tension. Improve your balance, body alignment and range of motion. Must be able to get down and up from the floor. Please bring a water bottle, yoga mat and blanket or towel. Instructor: Cinda Hocking, CYI. **Mondays - 8 classes.**

**ID# 3701.801**

Fee: $89  
6/17 - 8/5  
6:00pm to 7:00pm  
Pioneer, Fitness Room

**Yoga Flow**

**Grades:** 10th - Adult. **LEVEL 2-5.** Unwind after a long day. Balance your whole body, calm your mind and lift your spirit with this mind-body practice done to soothing music. Flowing poses improve stamina, strength, flexibility, balance and body alignment. Various level options will be demonstrated so you can easily create your own practice. Any yoga experience is recommended. Please bring a yoga mat and water bottle. Practiced barefoot. Instructor: Chelsea Cendrowski, RYT 200. **Tuesdays - 9 classes.**

**ID# 3711.801**

Fee: $109  
6/18 - 8/13  
6:00pm to 7:15pm  
CAB, Dance Studio

**Prenatal Yoga**

**Grades:** 10th - Adult. **LEVEL 1-3.** Support your body, mind, and well-being during pregnancy. Practice postures to improve balance, circulation, strengthen muscles and ease into the changes that are taking place. Learn breathing techniques and relaxation, empowering yourself with useful tools to stay focused and calm during labor and into motherhood. Please consult your physician or midwife before taking prenatal yoga. Please bring a mat, water bottle and 2 pillows. Instructor: Chelsea Cendrowski, RN, Doula, RYT 200. **Sundays - 8 classes.**

**ID# 3770.801**

Fee: $95  
6/23 - 8/11  
5:00pm to 6:00pm  
CAB, Dance Studio

**Yoga For Anxiety & Depression**

**Grades:** 9th - Adult. **LEVEL 1-3.** Are you feeling anxious or depressed? Integrate the healing use of breath, yoga postures and meditation to relieve depressed or anxious moods. Bring a sense of calm, peace and happiness into your life. Please bring a yoga mat and water bottle. Instructor: Carl Gunderson, CYI, over 10 years experience. **Sundays - 8 classes.**

**ID# 3725.801**

Fee: $95  
6/23 - 8/11  
11:00am to Noon  
CAB, Dance Studio

**Yoga For Emotional Healing**

**Grades:** 9th - Adult. **LEVEL 1-3.** Find your own healing path in a safe place. If you are experiencing any form of trauma, such as dealing with a loss, sexual assault, domestic violence or PTSD, you are welcome in this class. Find peace in doing this mind-body practice as we integrate breathing techniques, yoga postures, relaxation, mindfulness and meditation. Please bring your own mat, blanket and water bottle. Instructors: Vicki Schmitz, RYT 200 and Chelsea Cendrowski, RYT 200. **Sundays - 8 classes.**

**ID# 3726.801**

Fee: $95  
6/23 - 8/11  
3:30pm to 4:30pm  
CAB, Dance Studio

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*If you have to miss any classes, ask your instructor for a make up slip that can be used in designated Fitness or Yoga classes during the current term. (Excludes Spinning, Nordic Walking and Paddleboard.)*
Registration begins May 29, 2019

ADULT YOGA

QUESTIONS? Call 734-994-2300, ext. 53234

Enroll in any 2 fitness or yoga classes, improve your well-being and save $5!

Iyengar Yoga*

Grades: 10th - Adult. LEVEL 1-4. Experience invigorating yoga postures using the methods of BKS Iyengar to strengthen the body, create a feeling of well-being, reduce stress and release tension through physical activity and meditation. The use of yoga props and individualized teaching are emphasized so students of varying experience, ages, flexibility and strength can participate together. You need to be able to get down to and up from the floor. Please bring your own yoga mat and water bottle. Instructor: David Rosenberg, CYI, over 25 years experience. Sundays, Mondays, Thursdays or Saturdays - 8, 9 or 10 classes.

<table>
<thead>
<tr>
<th>ID#</th>
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<tr>
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<td>6/16 - 8/4</td>
<td>10:00am to 11:30am</td>
<td>Preschool Family Room</td>
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<tr>
<td>3706.802</td>
<td>6/17 - 8/19</td>
<td>6:00pm to 7:30pm</td>
<td>CAB, Dance Studio</td>
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<tr>
<td>3706.803</td>
<td>6/20 - 8/22</td>
<td>7:00pm to 8:30pm</td>
<td>CAB, Dance Studio</td>
</tr>
<tr>
<td>3706.804</td>
<td>6/22 - 8/10</td>
<td>10:00am to 11:30am</td>
<td>Preschool Family Room</td>
</tr>
</tbody>
</table>

Restorative Yoga*

Grades: 10th - Adult. LEVEL 1-3. Explore mindful breathing, stress reduction and deeper holds in poses. Restore the nervous system and help release deeply held tensions from the body and mind while improving a sense of well-being. Must be able to get down and up from the floor. All levels welcome. Please bring your own mat, blanket and water bottle. Instructor: Shay Maxwell, CYI, over 20 years experience. Mondays - 7 classes.

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<tr>
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<th>Times</th>
<th>Location</th>
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<tbody>
<tr>
<td>3755.801</td>
<td>6/17 - 7/29</td>
<td>7:15pm to 8:15pm</td>
<td>Pioneer, Fitness Room</td>
</tr>
</tbody>
</table>

Yoga For Runners*

Grades: 10th - Adult. LEVEL 1-5. Are you looking to enhance your stride and find more joy every time you run? Gain supportive strength and promote flexibility designed with running in mind. Cyclists also welcome. Please bring your own yoga mat and water bottle. Instructor: Nancy Herlocher, Marathoner, RYT 200. Tuesdays - 4 classes.

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<thead>
<tr>
<th>ID#</th>
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<th>Times</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>3730.801</td>
<td>7/9 - 7/30</td>
<td>6:00pm to 7:00pm</td>
<td>Slauson, Lower Gym</td>
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</table>

Hatha Yoga*

Grades: 10th - Adult. LEVEL 2-3. Do you prefer a mellow yoga practice that seeks to unify body and mind? This balanced form of yoga will use a combination of asanas, breathing techniques and relaxation to increase your balance, strength, flexibility and steady your mind. Please bring a water bottle, yoga mat and blanket or towel. Instructor: Jeanne Hagadone, RYT 200. Wednesdays - 7 classes.

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<thead>
<tr>
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<th>Times</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
<td>3718.801</td>
<td>6/19 - 8/7</td>
<td>6:00pm to 7:00pm</td>
<td>Slauson, Lower Gym</td>
</tr>
</tbody>
</table>
Therapeutic Yoga*

**Adult. LEVEL 1-2.** Start your journey toward better health and wellness! If you are recovering from or living with an illness or injury, this soothing practice is for you. Experience restorative yoga poses, breathwork and guided meditation. Must be able to get down and up from the floor. Please bring your own mat, blanket and water bottle.
Instructor: Carl Gunderson, CYI, over 10 years experience. **Thursdays - 7 classes.**

**ID# 3750.801**
6/20 - 8/8
Fee: $85
Thursdays - No class 7/4
CAB, Dance Studio

Healthy Back Yoga*

**Grades: 10th - Adult. LEVEL 1-3.** Soothe tension throughout your body and develop a healthy spine using classic yoga postures and techniques. Increase your flexibility in restricted muscles and joints that inhibit the use of the spine and strengthen muscles that support the back. Please bring a yoga mat and water bottle.
Instructor: Carl Gunderson, CYI, over 10 years experience. **Fridays - 9 classes.**

**ID# 3724.801**
6/21 - 8/16
5:30pm to 6:30pm
Fee: $109
Fridays
CAB, Dance Studio

Chair Yoga*

**Adult. LEVEL 1-2.** Gently stretch your body and bring a sense of calm to your mind. Learn how to practice yoga sitting in a chair and how to use the chair as support in standing poses. Your focus is on breathwork, stretching, strengthening, gentle movement of the joints, relaxation and meditation. Open to all ages and abilities. Please bring a yoga mat.
Instructors: Carl Gunderson, CYI (801), Jeanne Hagadone, RYT 200 (802).
**Tuesdays or Fridays - 8 classes.**

**ID# 3719.801**
6/18 - 8/6
6:00pm to 7:00pm
Tuesdays
Preschool & Family Center, Room D108
Fee: $99

**ID# 3719.802**
6/21 - 8/16
9:30am to 10:30am
Fridays - No class 7/5
Ann Arbor Senior Center
Fee: $99

Family Yoga*

**Ages: 2 - Adult.** Bring your whole family! Have fun with interactive and partner poses for kids and adults to do together. You will do age appropriate yoga poses, breathing, movement games, and relaxation. No yoga experience required. Please bring your own mat and water bottle.
Instructor: Natalie Berry, CYI.
**Mondays - 7 classes.**

**ID# 3790.801**
Mondays, 6/17 - 7/29
6:00pm to 6:45pm
Preschool, Family Room
Fee: $85 for 2
Add: $15 per additional family member

*If you have to miss any classes, ask your instructor for a make up slip that can be used in designated Fitness or Yoga classes during the current term. (Excludes Spinning, Nordic Walking and Paddleboard.)

*Look for the big/little hand symbol throughout this book for activities you can do with a toddler, child or teen!
First Steps is an early childhood program for babies, toddlers, preschoolers, and their adults. With enriching and fun classes, monthly family gatherings, parent education events and a newsletter, First Steps offers a community experience for parents/guardians and their 0-5 year olds. Classes are held at the Westerman Preschool & Family Center or Eberbach Cultural Arts Building.

First Steps provides the information, support and encouragement parents need to help their children develop optimally during the crucial early years of life. All families with children from birth until kindergarten entry are welcome!

Please note: Families pay a fee for each participating child, unless they are a sibling under 6 months. Partial and full scholarships are available through Rec & Ed. Download the application at bit.ly/recedscholarships. All qualified scholarship children pay a small fee - see class description. If you work for AAPS, you may use your BOE/Staff Pass to take any class with us this Summer!

3 EASY WAYS TO JOIN!

1. Attend an Open House to meet us. Sign up.
   If you are wondering what a First Steps class is like, bring your children and join us for a

   FREE VISIT TO OUR CLASSROOM
   W. Scott Westerman Preschool & Family Center
   2775 Boardwalk Drive (North of Eisenhower Parkway)
   Thursday, May 30, 3:00pm - 4:00pm or
   Tuesday, June 11, 3:00pm - 4:00pm
   firststeps@a2schools.org

   Feel free to invite a friend with children to come too!

2. Fill out paperwork and come to our office to register.

3. Register online for your Summer 2019 class.
   Go to: bit.ly/NewFirstStepsAA and choose SUMMER Class Schedule

Want to Meet Us First? We think meeting us is a great way to begin. If you don’t have time for an Open House, you may visit us at our office or simply register yourself online.
First Steps Classes For Babies, Toddlers, Preschoolers … and their Adults!

Curious WiggleWorms
Ages: 3 - 11 months & an Adult. 1 hour class. Come have fun with your baby and meet new friends! Encourage your baby’s natural curiosity and practice emerging skills together with fun-filled explorations of tunnels, toys, balls and each other. Then make music with interactive songs while clapping, moving and playing with the parachute. Class includes discussions covering a variety of developmental topics determined by all of you. Instructor: Susanna Brown. **Wednesdays - 7 classes.**

<table>
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<th>Dates</th>
<th>Times</th>
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<td>12:30pm to 1:30pm</td>
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</tr>
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</table>

Scholarship recipients: $10

Marvelous Mazes
Ages: Walking to 5 years & an Adult. 1 hour class. What’s the best way to start a Saturday? That’s right, with movement! Join us in the fun-filled gym at Westerman Preschool where children can run, jump and climb their way through a series of obstacle courses and mazes! Each week a new course or maze gives children the chance to explore what their bodies can do. A short warm up and a quick cool down starts and ends this class with music and movement and fun with friends. Water bottles are encouraged. Instructor: Brittnie Johnson. **Saturdays - 7 classes.**

<table>
<thead>
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<tr>
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<td>9:30am to 10:30am</td>
<td>Preschool &amp; Family Center, Gym B-108</td>
</tr>
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</table>

Scholarship recipients: $10

Music Together
Ages: Birth - 5 & an Adult. 45 minute class. This is the original Music Together® class and children may attend from birth through age five through 3 years of different song collections. Child development researchers recommend mixed-age groupings because they foster natural, family-style learning. In our classes, your child interacts with peers of different ages and participates at their own level in singing, moving, listening, observing, chanting or exploring musical instruments. Younger children enjoy watching and imitating older ones and older children learn by leading younger ones. Children attend with their caregivers for a rich, community-music experience for all. Fee includes a CD, access to download music plus a newly revised music book. Instructor: Yvette Daniels. **Tuesdays or Wednesdays - 6 classes.**

<table>
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Scholarship recipients: $50 • Additional recipient siblings: $10

Fun At One
Ages: 13 - 24 months & an Adult. 1 hour class. One year olds are on the move! This class supports gross motor development with free-play activities to try out new ways to explore and develop. Tunnels, ride-on toys, and other active options are offered each week. This is followed by teacher-led musical activities with bubbles, songs, movement and a short book. Class always ends with a hand stamp. Instructor: Susanna Brown. **Fridays - 7 classes.**

<table>
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<th>Times</th>
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Scholarship recipients: $50

Jump Into Speech
Ages: 15 - 24 months & an Adult. 1 hour class. Between 15 and 24 months toddlers develop their vocabulary at an amazing rate. In this class, parents practice strategies that enhance language learning with their children through dramatic play, making choices and social interactions. Each class has 2 circle times. The first one includes songs and activities and the second concludes the class with “What's in the Box” Instructor: Susanna Brown. **Thursdays - 7 classes.**

<table>
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</table>
**FIRST STEPS**

QUESTIONS? Call 734-994-2300, ext. 53186

**NEW!** Thursday Lunch Bunch ExZone ... Bring a nut-free lunch for your family!

**Exploration Zone**

*Ages: Birth - 5 years & an Adult. 1 1/2 hour class.* Our fabulous playroom has a wide variety of free-play activity centers to explore: art projects, dramatic play, puzzles, blocks, climbing and plenty of time to work on social skills. Adults help children find interesting choices each week. A simple snack is offered and it ends with a circle time of songs, rotating props and a story. Wonderful practice for preschool. This class works well for all ages! **Mondays, Tuesdays, Wednesdays, Thursdays or Fridays - 7 classes.**

<table>
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Scholarship recipients: $10

**NEW DAY! Make Believe With Me**

*Ages: 2 - 5 years & an Adult. 1 hour class.* This amazing class is all about role playing and dramatic experiences centered around realistic activities (airport, doctor’s office, ice cream shoppe, etc.) and fairy tales. The room transforms into something new every two weeks to delve more deeply into the roles. You’re even welcome to bring your own contributing props and/or costumes! Classes include a variety of imagination-led scenarios, puppet shows, stories, and songs. Imagination is FUN! Instructor: Susanna Brown. **Mondays - 7 classes.**

<table>
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<td>Mon. - no class 7/1</td>
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</table>

Scholarship recipients: $10

**Play, Learn, Grow!**

*Ages: 1 - 3 year olds & an Adult. 1 hour class.* This class has it all! Each week offers a different combination of play-based learning centers to encourage social interactions, gross and fine motor development and making choices around the room. Our beginning circle time includes singing, moving and using rotating props. Then grownups follow their children’s lead and play together. We end with a short story, goodbye song and handout highlighting a child development topic. Instructor: Susanna Brown. **Tuesdays - 7 classes.**

<table>
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<th>DATES</th>
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<td>Preschool &amp; Family Center, D107</td>
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Scholarship recipients: $10

Registration begins May 29, 2019
**FIRST STEPS**

QUESTIONS? Call 734-994-2300, ext. 53186

**SPECIAL FIRST STEPS SUMMER CLASSES!**

### Little Tykes Sports City

**Ages: 2 - 5 years & an Adult. 1 hour class.** Does your child love physical activity? Each week we have a different sports theme from basketball to soccer to running. Practice skills of each week’s sport in a non-competitive, enjoyable class held in the gym. Class ends with a musical circle time and a short story. Instructor: Yvette Daniels (802, 803), Noureen Vaid (804).

**Mondays or Saturdays - 6 classes.**

<table>
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<tr>
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<td>6/22 - 8/3</td>
<td>Saturdays - No class 6/29</td>
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Scholarship recipients: $10

### In & Out With A Twist

**Ages: Walking - 5 & an Adult. 1 hour class.** Imaginative and fine motor activities await you at the start of each class followed by a musical circle time. Weather permitting, the class moves outside for a planned group activity. Jumping, climbing, throwing balls and water play are options. Join us for the perfect blend of indoor and outdoor summer fun with Instructor, Susanna Brown! **Wednesdays - 7 classes.**

<table>
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<td>6/19 - 8/7</td>
<td>Wednesdays - No class 7/3</td>
</tr>
</tbody>
</table>

Scholarship recipients: $10

### Movers & Shakers

**Ages: Birth - 5 & an Adult. 1 hour class.** Join our musical movement class that works for all ages. It begins with 20 minutes of free play for social opportunities. The last 35 minutes, Ms. Yvette leads you through a variety of musical activities. Be prepared for lots of action while you help your child practice listening, following directions and taking turns in this fun-filled class. Instructor: Yvette Daniels. **Thursdays - 6 classes.**

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<tr>
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<td>6/20 - 8/1</td>
<td>No class 7/4 10:45am to 11:45am</td>
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</table>

Scholarship recipients: $10

Look for the big/little hand symbol throughout this book for activities you can do with a toddler, child or teen!
NEW! Little Bouncy Boppers

Ages: 6 - 24 months & an Adult. This NEW class focuses on fun movements for building your baby's body and brain. Class begins with welcoming songs in the middle of the dance floor. Then you're introduced to a variety of dance and movement activities with lots of repetition. We end with parachute and the freeze dance. Give your baby bonding time with you through the joys of song, dance and movement! Instructor: Lisa Bandemer.

Tuesdays - 7 classes.

ID# 2215.802  6/18 - 8/6  10:45am to 11:30am
Fee: $89  Tuesdays - No class 7/2  CAB, Dance Studio
Scholarship recipients: $10

Dance It Out!

Ages: 2 - 4 & an Adult. You and your child explore a variety of creative movement activities designed to develop gross motor skills! Music provides the medium for jumping, hopping, stepping sideways and lots of balancing. Children use their imaginations as they move to the beat. Lots of amazing props and parachute time add to your child's enjoyment. Instructors: Lisa Bandemer (801), Sam Snell (802), or Gina Danene Thompson (803).

Mondays, Thursdays, or Saturdays - 5, 7, or 8 classes.

ID# 2209.802  6/17 - 8/5  10:45am to 11:30am
Fee: $79  Mondays - No class 7/1  CAB, Dance Studio
Add’l child $49
ID# 2209.803  6/22 - 8/10  9:00am to 9:45am
Fee: $89  Saturdays  CAB, Dance Studio
Add’l child $79
Scholarship recipients: $10

Toe Tappers

Ages: 3 - 5. Sam Snell, our wonderful Dance It Out! teacher, is also skilled at teaching tap! This form of dance focuses on rhythm and feeling the beat with your whole body. Children learn about balance using both sides of the body as they switch feet. Sam introduces children to basic tap steps as well as ways to move through space like skipping, sliding, jumping and hopping. Students participate in Parent Observation Weeks. Tap shoes are required.
Instructor: Sam Snell. Mondays - 5 classes.

ID# 2214.801  7/8 - 8/5  11:45am to 12:30pm
Fee: $65  Mondays  CAB, Dance Studio
Scholarship recipients: $10

Hello Toes Ballet

Ages: 3. Does your child pretend to be a ballet dancer? Then he or she will love this class designed for our newest ballet students. The instructor uses props and musical activities to teach balance, rhythm, movement and coordination, along with basic ballet steps. They’ll learn the French words for the ballet movements too. The main purpose is to gently encourage our youngest dancers so they gain confidence. Students participate in Parent Observation Weeks. Ballet attire is recommended. Instructor: Tyra Johnson (802), Dianna Edmonson (801).

Tuesdays or Saturdays - 6 or 7 classes.

ID# 2213.802  6/18 - 7/30  1:00pm to 1:45pm
Fee: $79  Tuesdays - No class 7/2  CAB, Dance Studio
ID# 2213.801  6/22 - 8/3  11:00am to 11:45am
Fee: $89  Saturdays  CAB, Dance Studio
Scholarship recipients: $10

PreBallet

Ages: 3 - 4. If your children have taken Hello Toes and are comfortably independent, they’re ready for PreBallet. Students build on skills already learned or it could be your older preschooler’s first ballet class. Basic ballet skills, terminology, rhythm, and coordination are taught, practiced, and developed through movement and music in a supportive environment. Students participate in Parent Observation Weeks. Ballet attire recommended. Instructors: Tyra Johnson.

Tuesdays - 6 classes.

ID# 2212.802  6/18 - 7/30  2:00pm to 2:45pm
Fee: $79  Tuesdays - No class 7/2  CAB, Dance Studio
Scholarship recipients: $10

Introduction To Ballet/Cecchetti Primary 1&2

Ages: 4 - 6. Ballet is an excellent foundation for all forms of dance. In this traditional style class created for the older preschooler, students work on strength, stretching and balance along with beginning ballet movements. Our hope is to instill a love of ballet that lasts for years and encourage your children to continue their ballet education. Students participate in Parent Observation Weeks. Ballet attire recommended. Instructor: Dianna Edmonson. Saturdays - 7 classes.

ID# 2211.801  6/22 - 8/3  12:45pm to 1:30pm
Fee: $89  Saturdays  CAB, Dance Studio
Scholarship recipients: $10

More Early Childhood Dance Classes On Page 28!
Creative Dancer

Ages: 3 - 6. This high energy class teaches rhythm, coordination and balance through age-appropriate movements set to upbeat music. Your young dancer develops muscle memory in this independent class while having lots of fun. The dancing style is great for girls and boys who like to move and aren't as interested in traditional dance classes. Monday afternoon section too! Instructor: Gina Danene Thompson. Mondays or Saturdays - 8 classes.

ID# 2210.801 6/22 - 8/10 9:50am to 10:35am Fee: $99 Saturdays CAB, Dance Studio
ID# 2210.802 6/17 - 8/5 4:30pm to 5:15pm Fee: $99 Mondays CAB, Dance Studio
Scholarship recipients: $10

NEW! Dance Explorations

Ages: 3.5 - 5.5. Miss Dianna is excited to bring back this special class where she introduces children to a variety of dance styles. Some of these include the Lindy Hop, Folk, Ballet, Afro Lyrical, Disco Party Dancing and Partnering. Children develop freedom of movement while strengthening balance, endurance & coordination. There is a gentle structure with a variety of music for dancing, skipping, hopping, twirling and leaping that provides lots of learning about dance. Ballet or jazz attire and shoes recommended. Instructor: Dianna Edmonson. Saturdays - 7 classes.

ID# 2213.810 6/22 - 8/3 11:50am to 12:35pm Fee: $89 Saturdays CAB, Dance Studio
Scholarship recipients: $10

NEW! Creation Station:

1-time Workshop for Summer

Ages: 3 - 8 & an Adult. From the teacher of My First Art Class comes a special Makerspace-style workshop. You and your child have the opportunity to meet, think, tinker, create, craft, build, invent and discover with no stress or mess for you! The class is set up with a wide variety of materials and resources to encourage open-ended exploration for all. Join us and let your child's curiosity and imagination come to life. Instructor: Shannon Pedersen. Wednesday - 1 class.

ID# 2165.801 8/7 9:30am to 10:45am Fee: $39 Wednesday CAB, Room B & C
Scholarship recipients: $10 for materials

Exploratory Art

Ages: 2 - 4 & an Adult. This class is all about sharing the excitement of art with young children. A variety of mediums are presented each week that involve paint, glue, collage, as well as practice with scissors and other art tools. Projects will focus on the process of creating as well as some emphasis on building skills. Each week offers a new exciting theme to stimulate your child's imagination no matter their developmental level. Instructor: Sarah Conner. Tuesdays - 6 classes.

ID# 2154.801 6/18 - 7/23 9:30am to 10:15am Fee: $99 Tuesdays CAB, Room B & C
ID# 2154.802 6/18 - 7/23 10:45am to 11:30am Fee: $99 Tuesdays CAB, Room B
Scholarship recipients: $10
Preschool Sports Sampler

Ages: 4 - 5 & an Adult. Here's a summer opportunity for 4 and 5 year olds to try out different sports all in one week of fun! Each day focuses on a different sport. Children try out flag football, soccer, t-ball and basketball with the help of Coach Noureen and all of you. We begin in the gym every day, moving outside for some activities depending on the sport. Our goal is to build confidence as the children learn new physical skills and gain some mastery. Everyone is welcome. Instructor: Noureen Vaid.

Monday - Thursday - 4 classes in 1 week.

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<td>6/24 - 6/27</td>
<td>Monday - Thursday</td>
<td>Allen, Gym/Fields</td>
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Scholarship recipients: $10

Lil Sluggers T-Ball Ages 3-4

Ages: 3-4 with an Adult. You don't have to wait to play t-ball in Ann Arbor. We've crafted an awesome new t-ball experience for 3-4 year olds. This class and league combo makes baseball easy to learn by getting parents involved teaching the fundamental skills of base running, batting, catching and throwing. Experienced coaches help kids and their grown-ups complete drills together. The last two weeks are full games. Uniform t-shirts are provided for players. Instructor: Rec & Ed staff. Tuesdays or Thursdays - 6 classes.

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<td>Thursday - No class 7/4</td>
<td>Allen, Gym/Fields</td>
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Scholarship recipients: $10

Lil Sluggers T-Ball Ages 4-5

Ages: 4 - 5 with an Adult. Summer is time for baseball fun! Lil' Sluggers for 4 & 5 year olds is the next step in our instructional baseball series. Parents are still involved on the field helping players develop the fundamental skills of base running, batting, catching and throwing. Skill work is more complex to meet the next developmental level and there is more teamwork. Players work on understanding rules of the game too (fair/foul, safe/out). Experienced coaches help kids and their grown-ups complete drills together. First 4 weeks are practice/scrimmage combos. The last two weeks are full games. Instructors: Rec & Ed staff. Tuesdays or Thursdays - 6 classes.

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<td>Allen, Gym/Fields</td>
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Scholarship recipients: $10
Exploring Clay Together

**Grades: K - 6 & an Adult.** Parents and children learn classical techniques of tile making, slab construction, sculpture, press molding, coiling and glazes. Fee includes glazing and firing of 3-6 medium to large pieces and material costs. Fee is per pair. Instructor: William Schultz. Sundays - 10 classes.

**ID# 2199.801** 7/7 - 9/8 10:00am to Noon
Fee: $235 for two Sundays CAB, Room A $199/add'l child
Scholarship recipients: $55/child 50% Scholarship recipients: $145/child

Ballet Beginner

**Grades: K - 4th.** Ballet techniques help students to better perform any style of dance they choose to try. Students explore the fundamentals of this traditional-style dance. Instructor: Dianna Edmonson, qualified teacher member of the Cecchetti Council of America.

**Saturdays - 7 classes.**

**ID# 2223.801** 6/22 - 8/3 1:40pm to 2:35pm
Fee: $89 Saturdays CAB, Dance Studio

Break Dance

**Grades: K - 5th.** Join Maurice Archer as he teaches America's popular...Break Dance! Students build self-confidence, listening skills and self-awareness. They express themselves through movement in a safe, fun, disciplined and friendly environment. Students also learn about hip hop culture and what it means to be a Bboy or Bgirl.

**Wednesdays - 8 classes.**

**ID# 2253.801** 6/26 - 8/14 6:00pm to 6:45pm
Fee: $105 Wednesdays CAB, Dance Studio

NEW! Mindful Superpowers Workshops

**Ages: 4 - 10 + 1 or more Adults.** Mindfulness is the practice of paying attention to your present-moment experience with kindness and curiosity. It has been shown to improve attention, emotional self-regulation and empathy in both adults and children. This workshop series will introduce basic mindfulness skills that can benefit the whole family. Cultivate specific mindful superpowers by choosing your favorite workshop or attend both! Instructor: Grace Helms Kotre.

**Tuesdays - 1 class.**

**Strengthening Attention**

**ID# 2102.801** 7/16 4:00pm to 5:00pm Preschool & Family Center, Room D108
Fee: $25/Add'l child $15 Tuesday

**Handling Big Emotions**

**ID# 2102.802** 7/23 4:00pm to 5:00pm Preschool & Family Center, Room D108
Fee: $25/Add'l child $15 Tuesday

Scholarship Recipients: $10

Kids Power Karate

**Grades: 1st - 6th.** Students learn self-defense, physical fitness and coordination, teamwork, anti-kidnapping techniques, self-discipline, respect for parents and teachers, and self-confidence in a positive, fun environment with experienced professional martial arts instructors. At the end of the course they will have completed the introductory curriculum of the Korean martial art of Tang Soo Do and will receive their yellow belt, the first of many steps toward a black belt if they wish to pursue it. (There is now no fee for the belt) Class size is now strictly capped to ensure each student receives personal attention and correction. Parents may participate with their children if they wish (this is optional). Last class includes a martial arts demonstration and each child will break a board under the safe supervision of instructors. A responsible adult must remain in attendance for this 45-minute class.

**Instructor: PKSA Karate instructors. Mondays or Fridays - 6 classes.**

**ID# 3312.801** 6/24 - 7/29 6:45pm to 7:30pm
Fee: $59 Mondays Logan, Gym

**ID# 3312.802** 6/28 - 8/2 7:00pm to 7:45pm
Fee: $59 Fridays PKSA Karate Dojang

Little Ninjas Karate

**Ages: 4 - K.** Little Ninjas teaches introductory martial arts skills to young children ages 4 and 5. The class is catered to the abilities and attention span of this age group. Children will learn discipline, self-control, respect for teachers, parents and classmates, physical fitness and coordination, balance, memory and focus. Learning is done through fun games and activities, and experienced, professional martial arts instructors keep the children moving and engaged. Class size is now strictly capped in order to ensure a focused learning environment. Each child will complete the introductory curriculum of Little Ninjas and receive their first Ninja belt (no additional fee). A responsible adult must remain in attendance for this half-hour class.

**Instructor: PKSA Karate instructors. Mondays or Fridays - 6 classes.**

**ID# 3313.801** 6/24 - 7/29 6:00pm to 6:30pm
Fee: $59 Mondays Logan, Gym

**ID# 3313.802** 6/28 – 8/2 6:15pm to 6:45pm
Fee: $59 Fridays PKSA Karate Dojang

Sanchin-Ryu Karate

**Grades: K - 8th.** Students are trained with proven, age-appropriate techniques that are necessary to protect themselves from attackers using Sanchin-Ryu Karate. Class is set in a fun, yet structured environment that focuses on healthy attitudes rather than perfection! It is an ongoing course for students to work at their own pace. Students achieve great self-confidence and leadership skills through step-by-step instructions, drills and exercises. Instructor: Michael Newberry, certified instructor with 2nd Degree Black Belt.

**Thursdays - 7 classes.**

**ID# 3319.801** 6/20 – 8/8 6:45pm to 7:30pm
Fee: $55 Thursdays - No class 7/4 Tappan, Gym
G-Powers Private Basketball Training

**Grades: 2nd - 8th.** Take advantage of this fantastic opportunity to move your child’s game to the next level. Coach Grek and staff will work one-on-one with your child in a private training setting. Focus is on becoming a better dribbler, shooter and defender while increasing knowledge of the game. Written analysis of your child’s skills will be provided along with take home drills to practice.

**Instructors:** G-Powers Training staff. **Saturdays or Sundays - 4 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>3428.801</strong></td>
<td>6/29 - 7/20</td>
<td>11:00am to Noon</td>
<td>A2 STEAM, Gym</td>
</tr>
<tr>
<td><strong>3428.802</strong></td>
<td>6/29 - 7/20</td>
<td>Noon to 1:00pm</td>
<td>A2 STEAM, Gym</td>
</tr>
<tr>
<td><strong>3428.803</strong></td>
<td>6/29 - 7/20</td>
<td>1:00pm to 2:00pm</td>
<td>A2 STEAM, Gym</td>
</tr>
<tr>
<td><strong>3428.804</strong></td>
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<td>2:00pm to 3:00pm</td>
<td>A2 STEAM, Gym</td>
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<td>A2 STEAM, Gym</td>
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<td>A2 STEAM, Gym</td>
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<tr>
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<td>6/30 - 7/21</td>
<td>2:00pm to 3:00pm</td>
<td>A2 STEAM, Gym</td>
</tr>
</tbody>
</table>

**Reschedules will not be provided for this program.**

Olympic Style Weightlifting

**Ages: 6 - 18.** Do you want to have a blast while getting stronger, faster, more coordinated and more explosive? Olympic style weightlifting is the answer. The sport of Olympic weightlifting contains two main lifts: snatch, and clean & jerk. These lifts are utilized by most major sports training to help athletes develop higher bone density, become faster and have greater muscle mass, all of which lead to fewer sport-related injuries. And Olympic weightlifting has one of the lowest rates of injury across all sports. Our experts will teach Olympic style weightlifting in a completely safe and responsible manner, focusing on proper technique for these lifts as well as squatting and accessory movements.

**Instructors:** Joelle Emery and Jeff Pillars. **Tuesdays or Fridays - 6 classes.**

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<tr>
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<th>Time</th>
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</thead>
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<td>Lily Weightlifting</td>
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<td>Ages: 6 - 9</td>
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<tr>
<td><strong>3427.802</strong></td>
<td>6/18 - 7/23</td>
<td>11:00am to Noon</td>
<td>Lily Weightlifting</td>
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<tr>
<td>Ages: 10 - 13</td>
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<tr>
<td><strong>3427.803</strong></td>
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<td>Ages: 14 - 18</td>
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</table>

Intro to Fencing

**Ages: 6 - 12.** Fencing is a physically and mentally demanding sport that improves speed, agility and reflexes. Join us to learn how to apply problem solving skills under pressure and shake hands to show respect regardless of the result. Use your mind and body to overcome your adversary. Equipment is included. Dress in sports clothing including sneakers and sports pants.

**Instructor:** Tony Kosla, North American Cup medalist with more than 10 years coaching experience. **Saturdays - 6 classes.**

<table>
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<tr>
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<th>Dates</th>
<th>Time</th>
<th>Location</th>
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<tr>
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<td>6/22 - 7/27</td>
<td>10:00am to 11:00am</td>
<td>AA Open @ Mack, Gym</td>
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</table>

NEW! Junior Golf Academy

**Ages: 11 - 15.** Are you a SERIOUS junior golfer who either wants to compete or who is currently competing in golf tournaments? This program takes you through course management, range work, short game, how to practice, skills challenges, Titleist Performance Institute (TPI) fitness screen, mental game, and much more! Instructor: Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player. **Fridays - 6 classes.**

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
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</thead>
<tbody>
<tr>
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<td>6/21 - 7/26</td>
<td>9:00am to Noon</td>
<td>Brookside Golf Course</td>
</tr>
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</table>

NEW! SNAG: Starting New at Golf (for Special Needs)

**Ages: 5-10.** Does "Pick up your launcher and aim for that bullseye!" sound like a golf class? It does to us. The Starting New at Golf (SNAG) program for players with special needs is designed to teach the fundamentals of golf using kid-friendly games and modified equipment. Give your child the gift of a lifetime love for golf. Equipment provided.

**Instructor:** Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player. **Mondays - 5 sessions.**

<table>
<thead>
<tr>
<th>ID#</th>
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<th>Time</th>
<th>Location</th>
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</thead>
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<td><strong>3481.801</strong></td>
<td>6/24 - 7/22</td>
<td>2:00pm to 3:00pm</td>
<td>Mitchell, Gym</td>
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</table>

Registration begins May 29, 2019
YOUTH TENNIS

QUESTIONS? Email youthtennis@a2schools.org

Join us as part of the NET Generation!
Get your kids active early learning tennis FUNdamentals with scaled-down court sizes and age-appropriate equipment. Visit Netgeneration.com to learn more.
All Rec & Ed youth tennis instructors are certified.
All youth classes held outdoors with indoor backup when possible.
For more information, visit: a2schools.org/recedtennis

RED, Ages: 5 - 7
36’ Court, Red Ball, Racquet size 19", 21", 23". Kids get excited learning their tennis ABC's (agility, balance, coordination skills), ball tracking, receiving, hitting, and playing fun games! Classes accommodate Level 1 (new/inexperienced) and Level 2 players (experienced).
Mondays/Wednesdays, or Saturdays - 5 or 6 classes.

<table>
<thead>
<tr>
<th>ID#</th>
<th>LOCATION</th>
<th>DAYS</th>
<th>TIME</th>
<th>DATES</th>
<th>FEE</th>
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<tr>
<td>3603.861</td>
<td>Forsythe</td>
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<td>$69 - 5 classes</td>
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<td>7/20 - 8/17</td>
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<td>3603.811</td>
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<td>6/17 - 7/1</td>
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<td>3603.812</td>
<td>Clague</td>
<td>Mondays/Wednesdays</td>
<td>6:10pm to 7:00pm</td>
<td>7/8 - 7/24</td>
<td>$85 - 6 classes</td>
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<td>3603.813</td>
<td>Clague</td>
<td>Mondays/Wednesdays</td>
<td>6:10pm to 7:00pm</td>
<td>7/29 - 8/14</td>
<td>$85 - 6 classes</td>
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</tbody>
</table>

ORANGE 1+2, Ages: 8 - 11
60’ Court, Orange Ball, Racquet size 23” or 25”.
LEVEL 1: Beginner/Advanced Beginner; LEVEL 2: Intermediate (Instructor Recommendation). Orange balls fly faster and kids move faster, cover more distance, and use a wider selection of shots. Players love the Orange court! Levels 1 + 2 are combined during summer sessions.
Mondays/Wednesdays, or Saturdays - 5 or 6 classes. Sign up separately for Orange Ball Team Challenges 8/2 & 8/23. See below.

<table>
<thead>
<tr>
<th>ID#</th>
<th>LOCATION</th>
<th>DAYS</th>
<th>TIME</th>
<th>DATES</th>
<th>FEE</th>
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<td>Forsythe</td>
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<td>$85 - 5 classes</td>
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<tr>
<td>3601.862</td>
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<td>Saturdays</td>
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<td>$85 - 5 classes</td>
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<tr>
<td>3601.811</td>
<td>Clague</td>
<td>Mondays/Wednesdays</td>
<td>7:00pm to 8:15pm</td>
<td>6/17 - 7/1</td>
<td>$85 - 5 classes</td>
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<tr>
<td>3601.812</td>
<td>Clague</td>
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<td>7:00pm to 8:15pm</td>
<td>7/8 - 7/24</td>
<td>$99 - 6 classes</td>
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<td>3601.813</td>
<td>Tappan</td>
<td>Mondays/Wednesdays</td>
<td>7:00pm to 8:15pm</td>
<td>7/29 - 8/14</td>
<td>$99 - 6 classes</td>
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</table>

Orange Ball Team Challenges A fun and friendly introduction to tennis competition, Orange Ball Team Challenges offer a low-pressure environment for players to improve their skills through level-based play without an emphasis on instruction or results. Players sign up individually but compete in a team format.

<table>
<thead>
<tr>
<th>ID#</th>
<th>AGES</th>
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<td>Friday</td>
<td>9:00am to 10:30am</td>
<td>8/2</td>
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<tr>
<td>3601.852</td>
<td>8 - 11</td>
<td>UM Varsity</td>
<td>Friday</td>
<td>9:00am to 10:30am</td>
<td>8/23</td>
<td>$19</td>
</tr>
</tbody>
</table>
YOUTH TENNIS
QUESTIONS? Email youthtennis@a2schools.org

GREEN, Ages: 9-13
Green Ball, 78” (Full) Court, Racquet size 26”-27”. LEVEL: Intermediate.
Prerequisite: Orange Level 2 or equivalent with instructor permission. The green “dot” ball is pivotal in developing comfort and success with the full court. Players continue to work on consistency, stroke technique, and movement while learning singles and doubles strategy and match play skills. Precursor to Junior Team Tennis. Sundays - 5 classes.
Register separately for Green Ball Team Challenge 8/9.

<table>
<thead>
<tr>
<th>ID#</th>
<th>LOCATION</th>
<th>DAYS</th>
<th>TIME</th>
<th>DATES</th>
<th>FEE</th>
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<tbody>
<tr>
<td>3609.871</td>
<td>Pioneer</td>
<td>Sundays</td>
<td>5:30pm to 7:00pm</td>
<td>6/16 - 7/14</td>
<td>$89</td>
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<td>3609.872</td>
<td>Pioneer</td>
<td>Sundays</td>
<td>5:30pm to 7:00pm</td>
<td>7/21 - 8/18</td>
<td>$89</td>
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</tbody>
</table>

Team Challenge A fun and friendly introduction to tennis competition, Team Challenges offer a low-pressure environment for players to improve their skills through level-based play without an emphasis on instruction or results. Players sign up individually but compete in a team format.

<table>
<thead>
<tr>
<th>ID#</th>
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<th>DAY</th>
<th>TIME</th>
<th>DATE</th>
<th>FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>3609.851</td>
<td>UM Varsity</td>
<td>Friday</td>
<td>9:00am to 10:30am</td>
<td>8/9</td>
<td>$19</td>
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</table>

FAST TRACK TENNIS, Ages: 12 - 15
Various Court Sizes/Ball Sizes, Racquet size 25” - 27”.
New/Inexperienced Players. It’s not too late to start playing tennis! Instructors “fast track” learning essential tennis skills in a fun, yet relaxed environment. Players repeat Fast Track until they are comfortable playing full court with green “dot” ball. Players progress to Green or Junior Team Tennis with instructor’s permission, and with practice, will play JV high school tennis.
Tuesdays/Thursdays - 6 classes.
Register separately for Fast Track/Green Ball Team Challenge 8/9.

<table>
<thead>
<tr>
<th>ID#</th>
<th>LOCATION</th>
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<th>TIME</th>
<th>DATES</th>
<th>FEE</th>
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<tbody>
<tr>
<td>3607.822</td>
<td>Tappan</td>
<td>Tuesdays/Thursdays</td>
<td>6:00pm to 7:30pm</td>
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<tr>
<td>3607.823</td>
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<td>Tuesdays/Thursdays</td>
<td>6:00pm to 7:30pm</td>
<td>7/30 - 8/15</td>
<td>$115</td>
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Team Challenge A fun and friendly introduction to tennis competition, Team Challenges offer a low-pressure environment for players to improve their skills through level-based play without an emphasis on instruction or results. Players sign up individually but compete in a team format.

<table>
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</tr>
</thead>
<tbody>
<tr>
<td>3609.851</td>
<td>UM Varsity</td>
<td>Friday</td>
<td>9:00am to 10:30am</td>
<td>8/9</td>
<td>$19</td>
</tr>
</tbody>
</table>

JUNIOR TEAM TENNIS (JTT), Ages: 11 - 18
JTT Skill Development Practice, Ages 11 -18, Middle/High School (Intermediate).
Yellow Ball, Full 78’ Court. Players improve consistency, stroke technique, and mental toughness through instruction, drilling, live ball games, and match play. Prerequisite: Green, Middle or High School JTT, JV High School tennis experience or equivalent. Sundays - 5 classes.

<table>
<thead>
<tr>
<th>ID#</th>
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<th>DAYS</th>
<th>TIME</th>
<th>DATES</th>
<th>FEE</th>
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<tr>
<td>3608.872</td>
<td>Pioneer</td>
<td>Sundays</td>
<td>7:00pm to 8:30pm</td>
<td>7/21 - 8/18</td>
<td>$89</td>
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</tbody>
</table>

REGISTRATION begins May 29, 2019
Rec & Ed offers many opportunities for family time while growing up, getting fit, learning, or just having fun. Check out these Summer 2019 classes where you can explore, create and grow - together!

**FIRST STEPS**

- 24 Curious Wiggleworms • Jump Into Speech
- 25 Marvelous Mazes • Fun At One • Music Together

**FIT & PHYSICAL**

- 13 Sanchin-Ryu Karate
- 18 Family Capoeira
- 22 Family Yoga

**ENRICHMENT**

- 30 Mindful Superpowers

**LITTLE SPORTS FANS**

- 29 Li' Sluggers T-Ball
- Preschool Sports Sampler

**CAN'T SLOW DOWN!**

- 26 In & Out With A Twist • Movers & Shakers
- Little Tykes Sports City

**DANCE!**

- 27 Dance It Out
- Little Bouncy Boppers

**ART**

- Creation Station
- Exploratory Art
- Exploring Clay Together
SUMMER CAMP 2019

CHOOSE YOUR CAMP ADVENTURE!

Ann Arbor Public Schools

Rec & Ed
Community Education & Recreation

AARECEDCAMPSCOM
### CLASS/CAMP SELECTIONS

<table>
<thead>
<tr>
<th>Class/Camp ID#</th>
<th>Class/Camp Title</th>
<th>Fee</th>
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</tbody>
</table>

### PARTICIPANT INFORMATION

**NOTE:** Registering a child for camp includes permission for that child to participate in camp field trips.

- First Name ____________________________   Last Name _____________________________________________________
- Address _________________________________ City __________________ Zip __________________
- Phone ( _____ ) __________________________ Email __________________________
- Birth Date ____________  Gender M F Grade _____ School __________________

**SELECT CHILD’S SHIRT SIZE**  Child: S M L  Adult: S M L XL  2XL

### PHOTO POLICY

I understand and agree that the Ann Arbor Public School’s Rec & Ed Department may take pictures or videos of youth and adult participants in any Rec & Ed activity, including camps, classes, team sports, and childcare. Images may be used in Rec & Ed or school district promotional materials, (brochures, catalog, website, social media). For your safety, names will never be used. My (or my child’s) enrollment in an activity with Rec & Ed indicates my approval. I may opt out by emailing dishman@a2schools.org.

### PLEASE COMPLETE ALL OF THE FOLLOWING.

- Is your primary residence within the Ann Arbor Public School District?  Yes No
- How did you hear about this class/camp/activity?  Catalog Rec & Ed e-Newsletter Website Other

Please update child's address/phone #/email address if it has changed since your last registration with us. If your information has not changed, just write: NC

___ ________________

Write the name and phone number of an emergency contact person (other than parent/guardian) who can immediately pick your child up in case of an emergency:

Emergency Contact Name ______________________

Emergency Contact Phone Number ( _____ ) ________________

Please list first and last names of all adults who have permission to pick up your child from camp. (If someone is not on this list, please send a note in advance giving that person permission to pick up your child. That person will need to show ID).

Write the name and phone number of an emergency contact person (other than parent/guardian) who can immediately pick your child up in case of an emergency:

Emergency Contact Name ______________________

Emergency Contact Phone Number ( _____ ) ________________

Please list any allergies, medical, or emotional conditions, additional information or any special accommodations needed to help increase your child’s enjoyment and success in this program or write NONE. Please note, some accommodations may require registration at least 3 weeks in advance of the class/camp/activity.

Please call 734-994-2300, ext. 53179, or write “None” ______________________

---

**PAYOR INFO**

(Person paying for class(es) activities)

- First Name ____________________________   Last Name _____________________________________________________
- Address _________________________________ City __________________ State __________ Zip __________
- Home Phone ( _____ ) __________________ Work Phone ( _____ ) __________________
- Email __________________________   Birth Date ____________ Gender M F

**Payment Method:**  Check   Credit Card   Scholarship ID#   Credit on Rec & Ed Account

**CREDIT CARDS**

Name (exactly as it appears on the card) ____________________________

\[ \begin{array}{l}
\text{VISA} \quad \text{MasterCard} \quad \text{AMEX} \\
\text{(Sorry we cannot accept debit cards at this time)}
\end{array} \]

Total Fee (Required) $________

Card # __________________________ Exp. Date ____________ CVV# __________

Cardholder Signature (Required) __________________________

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**1. Make check payable to:**

AAPS (Ann Arbor Public Schools). Do not send cash.

**2. Include payment:**

- Credit from Rec & Ed account: $________
- $1 donation to the Rec & Ed Scholarship Fund Amount Paid: $________

**3. Mail entire form to:**

Rec & Ed Summer Camp 2019
1515 S. Seventh St.
Ann Arbor, MI 48103

Register online at aarecedcamps.com
PRESCHOOL ENRICHMENT CAMPS

NEW!

Eric Carle Goes to Camp

Ages: 3 - 5. Let’s jump into the wonderful world of Eric Carle! This beloved author guides us through our days as we read his books and set off on a morning of indoor and outdoor activities and art based upon them. With books like The Very Hungry Caterpillar, Have You Seen My Cat? The Grouchy Ladybug, and The Tiny Seed, we explore animals, insects, feelings, gardening, colors and more. We’ll also create our very own Eric Carle-like book! Each child contributes to our shared writing project (using the thought process involved in writing) to write and illustrate our new version of pattern book that they take home on Friday. Please send a healthy snack and water to drink. Instructor: Bonnie Kerber. Monday - Friday.

ID# 9712.803
8/5 - 8/9
8:45am to 11:45am
Preschool & Family Center, A100
Fee: $159

NEW!

Explore, Invent, Discover Camp

Ages: 3 - 6. Laura Emmer creates a different kind of preschool camp experience with a new theme to explore each day. This camp offers stations for art, music, science experiments, books and play around farm, dinosaurs, planes/trains/automobiles, space and bugs/great outdoors/camping! Play-based choices are a wonderful way to support your child’s love of learning while building skills and experience. What a great confidence builder before your child heads to preschool or kindergarten! Children need to be toilet trained to attend. Instructor: Laura Emmer. Monday - Friday.

ID# 2108.806
6/24 - 6/28
9:00am to 11:30am
Preschool & Family Center, A100
Fee: $149

NEW!

Launch Into Literacy Camp

Ages: 4 - 6. This unique camp, similar to our class, combines independent literacy activities, small group learning, and one-on-one reading support and then adds a whole camp experience, too. There are free-choice opportunities as well as time to go outside. Laura Emmer, who has a masters in early literacy development, strives to create an environment that helps to develop your child’s love for literacy and identity as a ‘reader’. With teacher support, the students learn to retell familiar stories as well as experience some of the basic fundamentals of reading all in a social setting. Please send a healthy snack and water to drink. Instructor: Laura Emmer. Monday - Friday.

ID# 2108.812
7/22 - 7/26
8:45am to 11:45am
Preschool & Family Center, A100
Fee: $165

Register online at aarecedcamps.com
SAFETY TOWN
QUESTIONS? Call 734-994-2300, ext. 0

For more information visit: bit.ly/2SafetyTown2019

Safety Town is one of Rec & Ed’s most popular summer educational programs!

For Incoming Young 5’s, Kindergarten or First Graders.
Safety Town is one of Rec & Ed’s most popular summer educational programs. Your child learns safety awareness in a fun and entertaining way using a child-sized mock Ann Arbor “town” explored on bikes. Kids learn how to evaluate safe from unsafe when confronted with potentially dangerous situations.

Guest speakers include:
• Police officers
• Firefighters
• Water safety specialists
• “Buster the Bus,” AAPS’ own talking school bus.

Songs, games, stories and art projects reinforce lessons about:
• Bike and vehicle safety
• Fire and electricity safety
• Riding a school bus
• Water and pedestrian safety
• And more!

Safety Town is even more fun with Fall 2019 classmates!
We try to place children with others attending their school. This gives them a chance to meet students from their class before school begins this fall. We also make every effort to place students with friends as long as a special request is included when you register.

NEW! Online registration includes all emergency information and permissions.

Will your child benefit from extra support? Let us know so everyone succeeds! There’s a Special Needs Planning form to fill out.

All participants receive a t-shirt and bike helmet (thank you, Ann Arbor Bicycle Touring Society!)

Scholarships are available for those who qualify financially.

All children bring their own fruit/veggie snacks and water bottle.

Fridays offer a short classroom demonstration so children can share what they learned. Please arrive at about 11:30am to participate. Safety Town concludes at 11:45am for the week.

Please note NEW START TIME!

FULL DAY SAFETY TOWN CAMP
This exciting camp held at Dicken Elementary School is designed for working families to complement the Safety Town program. This combination of a day camp and the morning Safety Town program provides full day care from 7:30am to 5:30pm Monday - Friday.

Campers bring their own lunch and beverage plus a morning fruit/veggie snack for the Safety Town morning.

FULL DAY Summer Camp Benefits:
• Held at the same location as Safety Town at Dicken Elementary
• Drop off as early as at 7:30 and pick up as late as 5:30
• Provides your child with a fun-filled educational experience
• Directed by enthusiastic, experienced, CPR and First Aid certified child care staff
• Gives your child opportunities for structured outdoor play, safety-themed arts and imaginative play
• Breakfast and afternoon snacks are provided
• Every child receives a FREE t-shirt and bike helmet
• Children bring their own nut-free morning snack, lunch, and beverage

DAILY CAMP SCHEDULE
7:30am - 8:30am Arrival and Choice Time
8:30am - 8:40am Prepare for Safety Town & Classroom Drop off
8:45am - 11:45am Safety Town in a different classroom
11:45am - 12:30pm Lunch (Campers bring their own lunch and beverage - no nuts please)
12:30pm - 2:00pm Choice Time, Outside
2:00pm - 3:45pm Story Time, Rest, Music & Movement
3:45pm - 5:30pm Planned Crafts/Activities & Outside and/or Gym

Planned activities might include tie-dying a t-shirt or making play dough.
Each day is different!

Saftey Town Morning Program

<table>
<thead>
<tr>
<th>ID#</th>
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<th>DATES</th>
<th>TIME</th>
<th>FEE</th>
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Safety Town Full Day Summer Camp

<table>
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<tr>
<th>ID#</th>
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<th>TIME</th>
<th>FEE</th>
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<td>8802.802</td>
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<td>7:30am - 5:30pm</td>
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<tr>
<td>8802.803</td>
<td>Dicken</td>
<td>7/22 - 7/26</td>
<td>7:30am - 5:30pm</td>
<td>$265</td>
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<tr>
<td>8802.804</td>
<td>Dicken</td>
<td>7/29 - 8/2</td>
<td>7:30am - 5:30pm</td>
<td>$265</td>
</tr>
</tbody>
</table>

*Fee includes both Safety Town and the Safety Town Camp
SCIENCE CAMPS

Fairytale S.T.E.A.M. Preschool Camp
Ages: 3 - 5. Join the Nutty Scientists as we enter the pages of famous fairy tales and explore S.T.E.A.M. (Science, Technology, Engineering, Art and Math). Using art, theater, science, and a lot of inspiration, we spark everyone's imaginations. We may encounter the big bad wolf, save Humpty Dumpty from falling, witness the power of the snow queen, and so much more. An exciting mix of awesome science, games and activities! We can't wait to share the fun with you. Please send a healthy snack and water to drink.
Instructor: Nutty Science Staff. Monday-Friday.
ID# 1319.808 6/17 - 6/21 8:45am to 11:45am
Fee: $165  Preschool & Family Center, C105
ID# 1319.809 8/5 - 8/9 8:45am to 11:45am
Fee: $165  Preschool & Family Center, C105

Wacky Preschool Nutty Scientists Camps
Ages: 3 - 5. Two unique weeks of wacky fun that focus on the “WOW-factor” specially tailored for our young aspiring scientists. Each week features lots of fun and exciting science! Throughout these awesome weeks, we discover that science is all around us. Each day is filled with hands-on science experiments, exciting group games, outdoor activities, and fun projects that center around a different scientific theme. An amazing and NUTTY week designed to inspire excitement for learning and science! Please send a healthy snack and water to drink. Instructor: Nutty Science Staff. Monday-Friday.
The Wonders of Science
ID# 1318.808 7/8 - 7/12 8:45am to 11:45am
Fee: $165  Preschool & Family Center, C105
Earth, Moon & Beyond
ID# 1318.809 7/15 - 7/19 8:45am to 11:45am
Fee: $165  Preschool & Family Center, C105

OUTDOOR FAMILY CAMP

Preschool Bike Riding Camp
Ages: 2 - 5 + an Adult. Develop your child’s love for biking through obstacle courses, bike/car-wash stations and riding with friends. The skills for learning to ride a bike are complex and this camp gives you a week to practice together. We work on balancing, riding in a straight line, steering and braking safely on our bike-riding course. We also play special games to support all these skills. *Children bring their own riding vehicle, helmet and a water bottle.* Please contact us if you do not have a balance bike or trike to bring.
Instructor: Kelly Bauer. Monday-Friday.
ID# 1322.801 6/17 - 6/21 9:15am to 10:00am
Fee: $79  Dicken
ID# 1322.802 6/17 - 6/21 10:15am to 11:00am
Fee: $79  Dicken
ID# 1322.803 8/5 - 8/9 9:15am to 10:00am
Fee: $79  Dicken
ID# 1322.804 8/5 - 8/9 10:15am to 11:00am
Fee: $79  Dicken

Register online at aarecedcamps.com
A2 STEAM Extended Care
7:30am - 9:00am & 4:00pm - 6:00pm

Ages: 5 - 13. Extended camp care for students enrolled in summer camps at Northside/STEAM. Join our counselors for structured activities or independent wind down time. Group crafts, gym/outside time, books, puzzles and games are available for children to choose from each day. It’s all about student choice! Flat fee covers whole week or use on individual days. Snacks are not provided. Please pack an extra snack. Fees will not be prorated. Instructors: Rec & Ed staff. Monday - Friday, except 7/4.

ID# 2401.801  6/17 – 6/21  Fee: $69
ID# 2401.802  6/24 – 6/28  Fee: $69
ID# 2401.803  7/1 – 7/5  Fee: $59
Except July 4
ID# 2401.804  7/8 – 7/12  Fee: $69
ID# 2401.805  7/15 – 7/19  Fee: $69
ID# 2401.806  7/22 – 7/26  Fee: $69
ID# 2401.807  7/29 – 8/2  Fee: $69

Zion Extended Care
7:30am - 9:00am & 4:00pm - 6:00pm

Ages: 5 - 13. Extended camp care is for students enrolled in summer camps at Zion Lutheran Church. Join our counselors for structured activities or independent wind down time. Group crafts, gym/outside time, books, puzzles and games are available for children to choose from each day. It’s all about student choice! Flat fee covers whole week or use on individual days. Snacks are not provided. Please pack an extra snack. Fees will not be prorated. Instructors: Rec & Ed staff. Monday - Friday.

ID# 2402.801  8/5 – 8/9  Fee: $69
ID# 2402.802  8/12 – 8/16  Fee: $69
ID# 2402.803  8/19 – 8/23  Fee: $69
ID# 2402.804  8/26 – 8/30  Fee: $69

Extended camp care is available for students enrolled in the summer camps at A2 STEAM or Zion Lutheran Church.
**Youth Drama & Dance Camps**

**QUESTIONS? Call 734-994-2300, ext. 53235**

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**Playmakers**

**Ages: 7 - 10.** Have you ever wanted to write your own play? That’s what we will do over the course of this very popular camp. You and your friends will write, rehearse and perform a play. In the process, we will learn about movement, improvisation, voice and diction and how sound works. Gain self-confidence and develop your teamwork skills. Instructors: Theater Nova staff. **Monday - Friday.**

**ID# 2303.801**  6/24 - 6/28  9:00am to 4:00pm  Slauson Auditorium  Fee: $299

**ID# 2303.802**  7/15 - 7/19  9:00am to 4:00pm  Slauson Auditorium  Fee: $299

Extended Care available for Playmakers Camp attendees at A2Sports Extended Care at Slauson (see page 57).

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**Musical Theater Dance Camp**

**Ages: 5 - 10.** Dive into the world of dance for musical theater. Learn to express emotion and objective through movement while also learning choreography in the style of musical theater. Each day will consist of a full body warm-up, dance technique practice, theatre games and choreography rehearsal. The session will conclude with a performance on Friday. Camps are split by age. Instructors: Rachel Costantino and staff. **Monday - Friday.**

**ID# 2227.802**  7/22 - 7/26  9:00am to Noon  Pioneer, Fitness Room  Fee: $125

**ID# 2227.803**  8/12 - 8/16  9:00am to Noon  CAB, Dance Studio  Fee: $125

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**Dance Around the World Camp**

**Ages: 5 - 10.** Miss Lesley leads a week of interactive dance exploration celebrating art from around the world. Dancers learn about dance techniques from Europe, Asia, Pacific Islands, and Native American Tribes. Children also create daily performances and works of art inspired by the music and the artists from the region, listen to stories from the camp library of literature and poetry, and create their own collaborative poetry. They keep a daily journal of art during the week and bring home notes and photographs. Please send your child in clothes and shoes suitable for dancing and art-making along with a healthy snack and water bottle each day. Optional: Miss Lesley invites families to meet her at several locations around town to perform dances. Director: Lesley Kabza Criscenti, the creative arts specialist with over thirty years experience teaching multi-age arts classes. **Monday - Friday.**

**ID# 2239.802**  7/15 - 7/19  9:30am to Noon  Preschool & Family Center, C105  Fee: $155

**ID# 2240.802**  7/22 - 7/26  9:30am to Noon  Preschool & Family Center, C105  Fee: $155

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**Dance Around Ann Arbor Camp**

**Ages: 5 - 10.** Miss Lesley leads a week of interactive dance exploration for older children. Dancers learn about the art of dance techniques, including ballet, modern, tap and jazz, as well as choreography and improvisation. Children create daily performances and works of art inspired by the music and the artists reflecting each technique, listen to stories from the camp library of literature and poetry, and create their own collaborative poetry. They keep a daily journal of art during the week and bring home notes and photographs. Please send your child in clothes and shoes suitable for dancing and art-making along with a healthy snack and water bottle each day. Optional: Miss Lesley invites families to meet her at several locations around town to perform dances. Director: Lesley Kabza Criscenti, the creative arts specialist with over thirty years experience teaching multi-age arts classes. **Monday - Friday.**

**ID# 2239.802**  7/15 - 7/19  9:30am to Noon  Preschool & Family Center, C105  Fee: $155

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**NEW! Dancing Through Disney**

**Ages: 5 - 7.** Dancing through Disney explores your favorite Disney songs through dance! Dance to classics such as Cinderella and Peter Pan as well as newer releases including Mary Poppins, The Jungle Book, The Lion King and Aladdin. And we can’t forget favorites like Moana and Frozen. Suggestions from campers will be taken the first day so everyone dances to something they enjoy. We will also enjoy art activities, play games, and learn about the different movies. Campers will perform a showcase of dances at the end of the week. Instructors: Rachel Costantino and staff. **Monday - Friday.**

**ID# 2217.801**  7/29 - 8/2  9:00am to Noon  Pioneer, Fitness Room  Fee: $125

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Register online at aarecedcamps.com
FLIPSIDE ART CAMPS 11 WEEKS OF ART. SOMETHING NEW EVERY WEEK!

NEW! Flipside In Space Art Camp
Ages: 5 - 10. Come to a galaxy far, far away and join us in a multitude of fun and exciting sci-fi themed activities and games. You'll make light-sabers, craft a solar system, create a puffy paint moon and we'll head outside to make constellations from rocks and sidewalk chalk. This camp is going to be out of this world!
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1241.801
Fee: $269
7/8 - 7/12, Ages 5 - 7
9:00am to 4:00pm
ID# 1241.802
Fee: $269
7/8 - 7/12, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

NEW! Flipside Shipwrecked Art Camp
Ages: 5 - 10. Don't look now but we've been shipwrecked! What will we do to survive? You will find out as we build our own mini boats, create an ancient pirate's map, search for buried treasure, and participate in island themed games. Get ready for one wild island art adventure!
Instructors: Flipside Art Studio staff.
Monday - Friday.
ID# 1244.801
Fee: $269
7/15 - 7/19, Ages 5 - 7
9:00am to 4:00pm
ID# 1244.802
Fee: $269
7/15 - 7/19, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

Flipside Jurassic Park Art Camp
Ages: 5 - 10. Become a paleontologist this week. Learn how to excavate a dig site and build your very own “sand dig” to take home with you. Get out those magnifying glasses as you enter into a prehistoric week creating art that's all about dinosaurs, sea monsters, fossil, rocks and the ice age!
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1243.801
Fee: $269
7/22 - 7/26, Ages 5 - 7
9:00am to 4:00pm
ID# 1243.802
Fee: $269
7/22 - 7/26, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

NEW! Flipside Time Travel Art Camp
Ages: 5 - 10. Join us on this journey as we race against time! Check out the Wild West. What were the roaring 20s? Travel back with us to find out and explore the days of hippies and disco, too. We will go back in time, into the future and everywhere in between through art activities and games. Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1245.801
Fee: $269
7/29 - 8/2, Ages 5 - 7
9:00am to 4:00pm
ID# 1245.802
Fee: $269
7/29 - 8/2, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

NEW! Flipside In Space Art Camp
Ages: 5 - 10. Come to a galaxy far, far away and join us in a multitude of fun and exciting sci-fi themed activities and games. You’ll make light-sabers, craft a solar system, create a puffy paint moon and we'll head outside to make constellations from rocks and sidewalk chalk. This camp is going to be out of this world!
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1241.801
Fee: $269
7/8 - 7/12, Ages 5 - 7
9:00am to 4:00pm
ID# 1241.802
Fee: $269
7/8 - 7/12, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

NEW! Flipside Fine Arts Camp
Ages: 5 - 10. This week we are going to turn our room into a professional art studio! Over the week, you will work to create one major artwork focusing on your individual creativity and self-expression using a wide variety of professional level, high quality mediums. We will also study famous artists, such as Vincent van Gogh and Michelangelo and experiment with their unique styles. Campers will gain knowledge in the many layers of creating wall worthy art while gaining an understanding in what made each artist so famous!
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1240.802
Fee: $309
6/24 - 6/28, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

NEW! Flipside Party In The USA Art Camp
Ages: 5 - 10. Are you ready for a birthday party...for AMERICA! Learning about and celebrating this great country we live in will be so much fun, with patriotic-inspired art activities that celebrate the red, white, and blue.
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1242.801
Fee: $209
7/1 - 7/5, Ages 5 - 7
9:00am to 4:00pm
A2 STEAM
ID# 1242.802
Fee: $209
7/1 - 7/5, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

FLIPSIDE ART CAMPS 11 WEEKS OF ART. SOMETHING NEW EVERY WEEK!

Flipside Superhero Art Camp
Ages: 5 - 10. Learn to identify the superhero and artist that you already are! Make capes and masks and other superhero gadgets. Come with your secret identity under wraps and write to tell about it! We will become Spider-Man, Iron Man, Wonder Woman and other personas and spend the week developing our super powers and art skills.
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 2433.801
Fee: $269
6/17 - 6/21, Ages 5 - 7
9:00am to 4:00pm
A2 STEAM
ID# 2433.802
Fee: $269
6/17 - 6/21, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

NEW! Flipside Time Travel Art Camp
Ages: 5 - 10. Join us on this journey as we race against time! Check out the Wild West. What were the roaring 20s? Travel back with us to find out and explore the days of hippies and disco, too. We will go back in time, into the future and everywhere in between through art activities and games. Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1245.801
Fee: $269
7/29 - 8/2, Ages 5 - 7
9:00am to 4:00pm
A2 STEAM
ID# 1245.802
Fee: $269
7/29 - 8/2, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

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6/17 - 6/21, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

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Ages: 8 - 10. This week we are going to turn our room into a professional art studio! Over the week, you will work to create one major artwork focusing on your individual creativity and self-expression using a wide variety of professional level, high quality mediums. We will also study famous artists, such as Vincent van Gogh and Michelangelo and experiment with their unique styles. Campers will gain knowledge in the many layers of creating wall worthy art while gaining an understanding in what made each artist so famous!
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1240.802
Fee: $309
6/24 - 6/28, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

NEW! Flipside Party In The USA Art Camp
Ages: 5 - 10. Are you ready for a birthday party...for AMERICA! Learning about and celebrating this great country we live in will be so much fun, with patriotic-inspired art activities that celebrate the red, white, and blue.
Instructors: Flipside Art Studio staff. Monday - Friday.
ID# 1242.801
Fee: $209
7/1 - 7/5, Ages 5 - 7
9:00am to 4:00pm
A2 STEAM
ID# 1242.802
Fee: $209
7/1 - 7/5, Ages 8 - 10
9:00am to 4:00pm
A2 STEAM

42 SUMMER 2019 Register online at aarecedcamps.com
NEW! Flipside Fiesta Fun Art Camp
Ages: 5 - 10. This week we will play fiesta inspired games and dance to the Macarena! Have fun learning about Latin American cultures as we create brightly colored art, including your very own pinata! Cactus art, Mexican flowers and a lot more are on the horizon so get your dancing shoes ready and join us on this adventure! Instructors: Flipside Art Studio staff. Monday - Friday.

**Id# 1246.801** 8/5 - 8/9 9:00am to 4:00pm  Ages 5 - 7  Zion Lutheran
Fee: $269

**Id# 1246.802** 8/5 - 8/9 9:00am to 4:00pm  Ages 8 - 10  Zion Lutheran
Fee: $269

NEW! Flipside Natural Wonders Art Camp
Ages: 5 - 10. Take a trip around the world exploring some of the amazing things in it. Design and build a 3D Great Barrier Reef, paint the Victoria Falls in Zimbabwe, study the geology of Arizona to make a pint-sized Grand Canyon, and last but not least, dive into the beauty of the Northern Lights. Instructors: Flipside Art Studio staff. Monday - Friday.

**Id# 1247.801** 8/12 - 8/16 9:00am to 4:00pm  Ages 5 - 7  Zion Lutheran Church
Fee: $269

**Id# 1247.802** 8/12 - 8/16 9:00am to 4:00pm  Ages 8 - 10  Zion Lutheran Church
Fee: $269

NEW! Flipside Animal Planet Art Camp
Ages: 5 - 10. Let's get WILD this summer as we learn about different animals and critters, create animal themed art and play animal themed games. Be on the lookout for the furry, the feathered and the fantastic. Instructors: Flipside Art Studio staff. Monday - Friday.

**Id# 1248.801** 8/19 - 8/23 9:00am to 4:00pm  Ages 5 - 7  Zion Lutheran Church
Fee: $269

**Id# 1248.802** 8/19 - 8/23 9:00am to 4:00pm  Ages 8 - 10  Zion Lutheran Church
Fee: $269

NEW! Flipside Fairies & Wizards Art Camp
Ages: 8 - 10. Are you a fan of all things magical? Then this is the camp for you! Jump into constructing wands, concocting potions and inventing magical creatures. Unleash your imagination to make fairy crowns and wizard hats using a variety of mixed media. This camp has magical fairy dust sprinkled all over it! Instructors: Flipside Art Studio staff. Monday - Friday.

**Id# 1249.802** 8/26 - 8/30 9:00am to 4:00pm  Zion Lutheran Church
Fee: $269

MORE ART CAMPS

The Power of Drawing
Ages: 7 - 10. In the morning enjoy Pixel Block Characters from Favorite Apps and Video Games. Learn how fun it is to render animation and cartoon techniques to create your favorite pixel block characters and other icons of video games. We will study how exaggeration, facial expressions, and unique comic techniques are used to create action-packed graphic visuals. How exciting to understand the construction of pixel shapes as they form the building blocks used to render subjects and objects in this world of technology! In the afternoon, take on Nature's Majestic and Colorful Critters. From majestic to humble, the creatures of nature, both wild and domesticated are fun to draw! From the furry to the scaly, come explore the exciting world of animals as we examine the colorful, dynamic and unique ways that nature unfolds under our pencils! Pastels and colored pencils included in this workshop. Instructors: Young Rembrandts staff. Monday - Friday.

**Id# 2152.802** 7/8 - 7/12 9:00am to Noon  Ages 5 - 7  A2 STEAM
Fee: $159

**Id# 2153.801** 7/15 - 7/19 9:00am to Noon  Ages 8 - 10  A2 STEAM
Fee: $159

Register online at aarecedcamps.com

SUMMER 2019 43
THE FARM AT ST. JOE’S FOOD, ENVIRONMENT & HEALTH CAMPS

Farm, Field and Forest Camp
Ages: 8 - 11. Take part in an outdoor camp like no other as we explore our unique hospital-based vegetable farm, our native prairie and our woods by the Huron River. Share experiences and ideas, and spend plenty of time hiking as we investigate nature through hands-on activities and perform stewardship tasks. Discover the joy in caring for ourselves and caring for the environment around us! Children bring a snack, lunch and a water bottle every day.
Instructor: Laura Meisler. Monday-Friday.

ID# 1319.801 7/15 - 7/19
Fee: $279
The Farm at St. Joe's

ID# 1319.802 8/5 - 8/9
Fee: $279
The Farm at St. Joe's

Farm to Table I: The Science of Food! 🍎
Ages: 4 - 7 & an Adult. This unique camp takes you and your child on a culinary adventure at The Farm at St. Joe's! Together we harvest fresh produce and explore the science behind growing, eating and cooking food as we learn how to make good food choices. We also transform our locally-grown and freshly picked produce into nutritious snacks that are easy and fun to make. Each day includes hands-on activities and take-home recipes. Children attend with an adult. Please bring a water bottle for each participant.
Instructor: Laura Meisler. Monday-Friday.

ID# 1320.801 7/22 - 7/26
Fee: $159
The Farm at St. Joe's

ID# 1320.802 7/29 - 8/2
Fee: $159
The Farm at St. Joe's

Scholarship recipients pay $25

Farm to Table II: The Science of Food!
Ages: 5 - 9. Come to The Farm at St. Joe's for a fun exploration of delicious food and how it’s grown! Get your hands in the soil from seed, to harvest, to plate, to compost. We will expand our understanding of plants, nutrition and agriculture through fun activities, and prepare a fresh snack each day. Campers take home recipes and educational information. Please send a water bottle for each participant. Instructor: Laura Meisler. Monday-Friday.

ID# 1321.801 7/22 - 7/26
Fee: $159
The Farm at St. Joe's

ID# 1321.802 7/29 - 8/2
Fee: $159
The Farm at St. Joe's

Scholarship recipients pay $25

5557 MacAuley Drive, Ypsilanti, Michigan 48197
Check out The Farm here: stjoeshealth.org/thefarm
Youth Camps
QUESTIONS? Call 734-994-2300, ext. 53235

ENRICHMENT CAMPS

**Pokémon Camp**

**Ages: 5 - 13.** The best Pokémon trainers have to start somewhere. Learn how to play the card game, build a battle-ready deck and trade cards with fellow trainers. Show off your skills in our end-of-the-week tournament. Gotta catch 'em all! Hand-held game devices and Pokémon cards are allowed in this camp. Select age-appropriate video clips may be shown. Camps are split by age.

Instructors: Rec & Ed staff. **Monday - Friday.**

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**5 Continents In 5 Days**

**Ages: 5 - 10.** The feeling of belonging and making human connections is what this camp is all about. Each day we will explore one country on one continent. Dive into the life of a child from that country by learning a little of their language, the foods they eat, the way they dress, their beliefs, how and where they might live, and even how a school day might look for that child. Camps are split by age.

Instructors: Rec & Ed staff. **Monday-Friday.**

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**All About Animals (with More Animals!)**

**Ages: 8 - 10.** Join us to meet all kinds of animals, learn how they live and the important work they do. Animal visits confirmed from the Creature Conservancy (2 days) and the Humane Society of Huron Valley. Campers will love our animal trivia, games and crafts, too. Camps are split by age. Instructors: Rec & Ed staff. **Monday - Friday.**

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**G-Powers Chess Camp**

**Ages: 5 - 10.** Did you know more than 600 million people in the world know how to play chess? You can too! Join Coach Powers and his team to master the fundamentals of chess, explore openings and endings, learn new tactics and understand the rules. Play games every day, make new friends and compete in the camp tournament.

Instructors: G-Powers Training staff. **Monday-Friday.**

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<td>$249</td>
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Register online at aarecedcamps.com

SUMMER 2019 45
**ENRICHMENT CAMPS**

**NEW! Biz Kid Camp**

**Ages: 8 - 10.** Are you ready to run your own business? Find out this week. Join forces with another camper (aka business partner) and choose a business from a list of possibilities. Name your business, design your logo, develop your product and learn about inventory, budgets, and marketing. Meet local business owners too! On the last day of class you and your partner will show off your product or service to our "Minnow Tank" investors. Instructors: Rec & Ed staff. **Monday - Friday.**

**ID# 3157.801**  
Fee: $269  
7/15 - 7/19  
9:00am to 4:00pm  
A2 STEAM

**NEW! Flipside Adventure Camp**

**Ages: 5 - 12.** Make friends, get outside, exercise and explore a wide variety of activities in Flipside Adventure Camp. In this multi-activity day camp we will offer theme-based activities, group games, sports and fitness activities as well as hands-on arts and crafts, music and much more. Run, jump, skip and play indoors and out. Join us for a great summer adventure! Instructors: Flipside Art Studio staff. **Monday - Friday.**

**ID# 1250.801**  
Fee: $239  
7/1 - 7/5, No class 7/4  
9:00am to 4:00pm  
A2 STEAM

**ID# 1250.802**  
Fee: $239  
7/1 - 7/5, No class 7/4  
9:00am to 4:00pm  
A2 STEAM

**ID# 1250.804**  
Fee: $299  
8/19 - 8/23  
9:00am to 4:00pm  
Zion Lutheran Church

**ID# 1250.806**  
Fee: $299  
8/26 - 8/30  
9:00am to 4:00pm  
Zion Lutheran Church

**Harry Potter Camp**

**Ages: 5 - 13.** Ever wonder if you would be in Gryffindor, Ravenclaw, Hufflepuff, or Slytherin? Curious about your Patronus? Come join us in the wondrous world of Harry Potter. All week magic will come to life as we test our wand-waving, spell-casting and potion-making abilities. Climb aboard the Hogwarts express this summer to be transported to a world like no other! Select age-appropriate scenes from the movies may be shown to support activities. Camps are split by age. Instructors: Rec & Ed staff. **Monday-Friday.**

**ID# 2409.801**  
Fee: $289  
7/22 - 7/26  
Ages 5 - 7  
NEW! Ages 11 - 13  
9:00am to 4:00pm  
A2 STEAM

**ID# 2409.803**  
Fee: $289  
7/22 - 7/26  
Ages 5 - 7  
NEW! Ages 11 - 13  
9:00am to 4:00pm  
A2 STEAM

**ID# 2409.804**  
Fee: $289  
7/29 - 8/2  
Ages 5 - 7  
9:00am to 4:00pm  
A2 STEAM

**ID# 2409.805**  
Fee: $289  
7/29 - 8/2  
Ages 8 - 10  
9:00am to 4:00pm  
A2 STEAM

**ID# 2409.806**  
Fee: $289  
7/29 - 8/2  
NEW! Ages 11 - 13  
9:00am to 4:00pm  
A2 STEAM
ENRICHMENT CAMPS

NEW! Junior Detective Camp

Ages: 5 - 7. Recruits wanted for our 2019 Detective class. Meet real detectives, survey crime scenes, collect evidence and solve crimes all while participating in physical training. Only best of the best need apply. Remember, crime doesn't take summer vacation.
Instructors: Rec & Ed staff. Monday - Friday.
ID# 3158.801
7/15 - 7/19
9am to 4pm
A2 STEAM
Fee: $269

NEW! G-Powers My Little Pony

Ages: 5 - 7. Join Rarity, Twilight Sparkle, Pinky Pie, Rainbow Dash and many other ponies as we embark on a week long journey to discover the true importance of friendship. Become your favorite pony in make believe games, sing songs and help us create My Little Pony themed dances. Explore the Kingdom of Equestria with us while making friendship bracelets and a scrapbook too!
Instructors: G-Powers Training staff. Monday-Friday.
ID# 2160.801
8/5 - 8/9
9:00am to 4:00pm
Zion Lutheran Church
Fee: $269

NEW! Chinese Culture Camp

Ages: 5 - 10. Come experience Chinese culture first-hand with expert instructors! This camp features Chinese cultural activities such as Chinese music, calligraphy, painting, paper cutting/paper folding, martial arts and so much more. Take in a demo of traditional Chinese musical instruments including the Zheng, Erhu and Chinese flute. Dip your brush into the ink and learn how to paint a panda or write the Chinese character of “happiness.” Maybe Chinese chess or yo-yo is for you! The camp is designed with a clear goal/result orientation. That is, at the end of the camp, you will leave with something you have made to show off to your family and friends. And, even better, you’ll learn to appreciate and understand cultures of the world and its peoples. Instructors: Ann-Hua Chinese School staff. Monday - Friday.
Early Bird Discount: $20 off when you register before 4/1.
ID# 1458.801
7/22 - 7/26
Ages 5 - 7
9:00am to 4:00pm
A2 STEAM
Fee: $299

ID# 1458.802
7/22 - 7/26
Ages 8 - 10
9:00am to 4:00pm
A2 STEAM
Fee: $299

ID# 1458.803
7/29 - 8/2
Ages 5 - 7
9:00am to 4:00pm
A2 STEAM
Fee: $299

ID# 1458.804
7/29 - 8/2
Ages 8 - 10
9:00am to 4:00pm
A2 STEAM
Fee: $299

Campers are encouraged to bring their own Chinese yo-yo.

Star Wars: Jedi Training School

Ages: 8 - 10. Young Padawans, welcome to Jedi training. Learn lightsaber technique, test your knowledge of the force and explore Star Wars through arts, crafts and games. Playing camp favorite games such as pod racing and Death Star dodgeball are always favorites. Select age-appropriate scenes from the movies may be shown to support activities. Camps are split by age.
Instructors: Rec & Ed staff. Monday - Friday.
ID# 2413.802
8/12 - 8/16
9:00am to 4:00pm
Zion Lutheran Church
Fee: $289

Register online at aarecedcamps.com
ACADEMIC CAMPS

Beat the Summer Slide!

The “Summer Slide” happens when children are not engaged in reading or math over the summer months and have to re-learn concepts in the fall. Rec & Ed’s academic and “club” camps focus on retaining and building critical skills in fun, small group settings. Campers develop confidence while making friends -- and best of all, there’s no test at the end!

Jumpstart Math Explorers

Ages: 5 - 6. Math is fun! Our Math Explorers camp incorporates the highly successful Mathnasium First Steps curriculum to introduce young children to important math concepts, vocabularies and build numerical fluency in a fun and interactive way. Children build a “number sense” foundation and a critical step toward future success in mathematics. Prerequisite: students can recognize numbers 1-10 and count 1-10.

Instructors: Mathnasium Learning Center staff. Monday - Friday.

ID# 1311.801 8/5 - 8/9 9:15am to Noon
Fee: $199

A+ Math Bootcamp

Ages: 7 - 10. Build a solid foundation for future math success! Using the highly effective Mathnasium Power Math Workout program students develop understanding and fluency on important math concepts and skills: whole number addition, subtraction, multiplication, division, fraction concepts, decimal concepts, percent, problem solving and mental math. Fun math games are used for building number sense and logic thinking skills.

Instructors: Mathnasium Learning Center staff. Monday - Friday.

ID# 2311.801 8/12 - 8/16 9:15am to Noon
Fee: $199

Reading & Writing Club

Ages: 5 - 12. Develop your reading and writing skills in an informal learning setting. In small groups and individually, we’ll focus on decoding strategies and increasing comprehension. We will also practice journaling, writing stories, and reports. You will receive a journal with writing prompts and take home reading strategies at the end of the club that will assist you with your summer reading and writing goals. Camps are split by age. Instructors: Covert Educational Services staff. Monday - Friday.

ID# 2407.801 6/17 - 6/21 9:00am to 11:30am
Fee: $189

ID# 2407.802 6/24 - 6/28 9:00am to 11:30am
Fee: $189

ID# 2407.803 7/8 - 7/12 9:00am to 11:30am
Fee: $189
Little Medical School

**Ages: 6 - 10.** Explore the exciting world of medicine with real tools that doctors use. Learn the anatomy of a variety of body systems and create models of the brain, spine, eye, bone, lung and more. We will learn how to suture and role play a pretend surgery. You will graduate with a diploma at the end of the week and receive your own working stethoscope. Instructors: Little Medical School staff. **Monday - Friday.**

**ID# 1418.801**  
7/8 - 7/12  
9:00am to Noon  
Fee: $225  
A2 STEAM

**ID# 1418.802**  
8/19 - 8/23  
9:00am to Noon  
Fee: $225  
Zion Lutheran Church

Little Vet School

**Ages: 6 - 10.** Do you love animals? At Little Vet School we will learn how to take care of a pet and explore the exciting world of veterinarians. Using a stuffed animal dog, you will learn how to take an assessment, care for wounds, apply stitches, and give medication. We will also learn about cat anatomy and body language as well as how to reduce your cat’s stress and make a fun cat toy. You will graduate at the end of the week and receive a diploma. Instructors: Little Medical School staff. **Monday - Friday.**

**ID# 1419.801**  
7/15 - 7/19  
9:00am to Noon  
Fee: $225  
A2 STEAM

**ID# 1419.802**  
8/12 - 8/16  
9:00am to Noon  
Fee: $225  
Zion Lutheran Church

QUESTIONS?  
Call 734-994-2300, ext. 53235

Register online at aarecedcamps.com

SUMMER 2019 49
NEW! Nutty Brain Games

Ages: 5 - 10. Join the Nutty Scientists as we try to push the zany limits of our brains! Let's start by attempting to do the “impossible” … solve the Rubik's Cube! You will learn the steps necessary to solve this incredible puzzle. You will receive your own Rubik's Cube to keep for practicing and wowing friends and family, too. In addition to solving The Cube, Nutty Brain Games Camp will be filled with Scientific Mysteries, Secret Codes and even “Escape Room” challenges! Get ready for the challenge and excitement!

Instructors: Nutty Science staff. Monday - Friday.

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Fee: $299

QUESTIONS?
Call 734-994-2300, ext. 53235

TECHNOLOGY CAMPS

Engineering, inventions, robots, coding and so much more!
Rec & Ed is proud to offer new and cutting edge camps that dive into the exciting world of technology with our popular and respected partner, Nutty Scientists.

Nutty Tech Camp

Ages: 8 - 11. This camp is all about exploring many kinds of technology. Get a glimpse of how different aspects of science work together to create new, amazing inventions that are changing the world. Take part in engineering challenges, create inventions, train robots and build your coding skills.

Instructors: Nutty Science staff. Monday - Friday.

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Fee: $349

Nutty Coding Camp

Ages: 8 - 11. How do video games work? How do I design a website? What is controlling that robot? The answers to these questions are complicated, but they all have to do with one thing: coding. Learn to code with Nutty Scientists and become empowered to produce digital media. We will use coding to solve S.T.E.A.M. challenges, invent and design new technology, program robots and so much more.

Instructors: Nutty Science staff. Monday - Friday.

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Fee: $349

Nutty Robotics Camp

Ages: 8 - 11. Come experience the amazing science of robotics. The Nutty Scientists will help you design, build, and program robots with a purpose. Our robots will face unique challenges and it’s up to us to help them solve them. We will also learn how robots are being used on Earth and even in space. Each camper will receive their own robot building kit to keep to design and build even more robots at home.

Instructors: Nutty Science staff. Monday - Friday.

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Fee: $349

Register online at aarecedcamps.com
NEW! Nutty Science, Space & Star Wars

Ages: 5 - 10. Get ready for an intergalactic camp experience as the Nutty Scientists explore Science, Space & Star Wars. Investigate the amazing wonders of our galaxy, then travel to a galaxy "far, far away!" Explore the planets, soar through space, train to become a Jedi, levitate objects, survey volcanoes, program a droid to send on spy missions and create messy intergalactic substances. An amazing adventure awaits! Instructors: Nutty Science staff. Monday - Friday.

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NEW! Nutty Into The Wild

Ages: 5 - 10. Join the Nutty Scientists as we step out of the normal and into the wild. You will love this exciting week filled with hands-on and interactive activities bringing S.T.E.A.M. to the great outdoors. We will use creativity and ingenuity to become “Junior Survivalists” and gain crucial skills such as knot tying, shelter building, water purification, foraging and compass navigation. With each thrilling activity, you will gather your senses, put your new skills to the test and conquer every challenge Mother Nature throws our way! Instructors: Nutty Science staff. Monday - Friday.

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NEW! Nutty Magic & Mystery of Science

Ages: 5 - 10. Explore just how magical and mysterious science can be. Each day we will solve “magic tricks” and mysteries that can only be explained by science. Camps are split by age.

Instructors: Nutty Science staff. Monday - Friday.

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Nutty Science Fairytale S.T.E.A.M.

Ages: 5 - 10. Join the Nutty Scientists as we enter the pages of famous fairy tales and explore S.T.E.A.M. (Science, Technology, Engineering, Art and Math). Using art, theater, science, and a lot of inspiration, we will spark your imagination. Are you ready to encounter the big bad wolf, save Humpty Dumpty from falling, witness the power of the snow queen and so much more? We can’t wait to share this adventure with you. Camps are split by age.

Instructors: Nutty Science staff. Monday - Friday.

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<td>9:00am to 4:00pm</td>
<td>A2 STEAM</td>
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Nutty Inventions & Contraptions

Ages: 5 - 10. Join us as we put our knowledge and scientific curiosity to the test in a world of machines. Learn about the different concepts of physics and apply them to your own cool inventions and mighty machines. Camps are split by age.

Instructors: Nutty Science staff. Monday - Friday.

<table>
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<th>Time</th>
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<td>9:00am to 4:00pm</td>
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NEW! Camp Invention: Supercharged
Ages: 8 - 10. Instructors: Rec & Ed staff. Monday-Friday.
ID# 4299.802  7/29 - 8/2  9:00am to 4:00pm  A2 STEAM
Fee: $319

INNOVATION FORCE
Team up with the Innovation Force, a group of NIH Inductees who have been transformed into superheroes to battle the evil Plagiarizer, a supervillain who is out to steal the world’s ideas. Create a device to retrieve the stolen ideas and learn about the importance of collaboration and patents.

FARM TECH
Manage your own farm and learn the basics of running a business. With the assistance of Bot-ANN-E, a programmable robot, you can learn fundamental coding techniques to maximize your time and profits and perform mock DNA experiments to check the health of your cattle.

DIY ORBOT
Explore frequency, circuit boards, motors and gears as you use real tools to reverse engineer a remote-controlled DIY Orbot. Throughout the week, adapt your DIY Orbot to perform increasingly challenging tasks from sports to art.

DEEP SEA MYSTERY
Stranded on an island, you will work in teams to invent island survival tools and underwater equipment to navigate your way back home.

PLTW Vex BattleBots
Ages: 11 - 14. You will design a VEX Robot, learn to program using RobotC, and then construct a bot using Advanced VEX kits. Teams of two will battle their robots in the Ring of Power. The challenge: create a robot with the perfect combination of speed, power, and agility to dominate your opponents! Camp is aimed at incoming 7th and 8th graders. Last day will extend beyond noon to accommodate the competition. Instructors: AAPS Project Lead the Way staff. Monday - Friday.
ID# 3200.801  6/17 - 6/21  9:00am to Noon  A2 STEAM  Fee: $179

ID# 3200.802  6/24 - 6/28  9:00am to Noon  A2 STEAM  Fee: $179

QUESTIONS?
Call 734-994-2300, ext. 53235
CheCK It out!
For full summer youth tennis offerings (ages 5-15) with convenient weeknight and weekend classes, visit a2schools.org/recedtennis

Register online at aarecedcamps.com

**WEEKLY CAMPS**
a2schools.org/recedtennis

Small student/teacher ratio with PTR certified instructors.
All camps feature four days of instruction, and final day of fun games and match play.
All players must bring water and a snack daily.
Those participating at UM Varsity Tennis Center (VTC) must wear non-marking athletic shoes.
Camps will be held outdoors and will move indoors if raining, so camps will run rain or shine!

**Fast Track Camp (Ages 12-15)**

New/Inexperienced Players. It’s never too late to start playing tennis! Using a variety of tennis court equipment and techniques, our instructors “fast track” learning essential tennis skills, in a fun, yet relaxed environment. The goal is to progress to full court play by the end of session. Most players repeat FTT before moving to Junior Team Tennis (per instructor recommendation).
Instructor: Ann Arbor Rec & Ed PTR Certified Instructors.
Monday - Friday.

| ID# 3607.882 | 6/24 - 6/28 | Fee: $169 |
| ID# 3607.884 | 7/15 - 7/19 | Fee: $169 |
| ID# 3607.887 | 8/5 - 8/9  | Fee: $195 |

| ID# 3609.882 | 6/24 - 6/28 | Fee: $169 |
| ID# 3609.887 | 8/5 - 8/9  | Fee: $195 |

**Orange Camp Level 1+2 (Ages 8-11)**

Orange Ball, 60’ Court, Up to 25” racquet.
Level 1: New/Inexperienced Player
Level 2: Intermediate. Orange balls fly faster and kids move faster, cover more distance, and use a wider selection of shots. Players love the Orange court!
Instructor: Ann Arbor Rec & Ed PTR Certified Instructors.
Monday - Friday.

| ID# 3601.881 | 6/17 - 6/21 | Fee: $169 |
| ID# 3601.882 | 6/24 - 6/28 | Fee: $169 |
| ID# 3601.883 | 7/8 - 7/12  | Fee: $195 |
| ID# 3601.885 | 7/22 - 7/26 | Fee: $169 |
| ID# 3601.886 | 7/29 - 8/2  | Fee: $195 |
| ID# 3601.888 | 8/12 - 8/16 | Fee: $195 |
| ID# 3601.889 | 8/19 - 8/23 | Fee: $195 |

**Green Camp (Ages 9-12)**

Green Ball, 78’ (Full) Court, 25-27” racquet.
Level: Intermediate/Advanced. Prerequisite: Orange Level 2 or equivalent with instructor permission. The green “dot” ball is pivotal in developing comfort and success with the full court. Players continue to work on consistency, stroke technique, movement, learn singles and doubles strategy and match play skills.
Instructor: Ann Arbor Rec & Ed PTR Certified Instructors.
Monday - Friday.

| ID# 3609.882 | 6/24 - 6/28 | Fee: $169 |
| ID# 3609.884 | 7/15 - 7/19 | Fee: $169 |
| ID# 3609.887 | 8/5 - 8/9  | Fee: $195 |

**CHECK IT OUT!**

For full summer youth tennis offerings (ages 5-15) with convenient weeknight and weekend classes, visit a2schools.org/recedtennis

QUESTIONS? Email: youthtennis@a2schools.org
KidSport Morning: Ages 4-13
8:00am - Noon

Ages 4 - 13. This is a very active and action-packed morning! Grouped by age, campers rotate between different stations throughout the morning to enjoy a variety of team sports, individual sports, team building games, fitness, and other physical education activities, including swimming lessons. Please make sure campers wear gym shoes, and bring water and a morning snack.

Instructors: KidSport staff. **Monday - Friday, except 7/4.**

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KidSport Summer Fun Afternoon: Ages 4-6
1:00pm - 4:00pm

*Swimming is daily provided pools are operational*

Ages 4 - 6. Each week offers a different fun-filled theme for our younger campers. Kids will engage in different team sports, activities, swimming lessons/free swim and art projects relating to the theme. Please make sure campers wear gym shoes, and bring water and a snack. Instructors: KidSport staff. **Monday - Friday, except 7/4.**

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<td>Wacky &amp; Wild Week</td>
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</table>

KidSport Athletic Afternoon: Ages 7-13
1:00pm - 4:00pm

Ages 7 - 13. Each week features a different sport teaching basic fundamentals skills, rules, team building, sportsmanship and swimming lessons. Please make sure campers wear gym shoes, bring water, a snack and bring their sport specific gear (optional). Instructors: KidSport staff. **Monday - Friday, except 7/4.**

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<td>Football or Field Hockey</td>
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</table>
Play & Swim All Day!

KidSport Summer Fun Full Day Combo: Ages 4-6
8:00am - 4:00pm

Ages 4 - 6. Grouped by age, campers rotate between different stations in the morning to enjoy a variety of team sports, individual sports, team building games, fitness and other physical education activities. For the afternoons, each week will offer a different fun-filled theme. Kids will engage in different team sports, activities, and art projects relating to the theme. Campers also enjoy swimming lessons twice a day. This is an action-packed, fun-filled week. Please make sure to pack morning & afternoon snacks, lunch, and water. Instructors: KidSport staff. Monday - Friday, except 7/4.

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Id# 3472.806 7/22 - 7/26 Fee: $29
Id# 3472.807 7/29 - 8/2 Fee: $29
Id# 3472.808 8/5 - 8/9 Fee: $29

KidSport Summer Fun Full Day Combo: Ages 7-13
8:00am - 4:00pm

Ages 7 - 13. This is an action-packed, fun-filled week! Grouped by age, campers rotate between different stations in the morning to enjoy a variety of team sports, individual sports, team building games, fitness, and other physical education activities. For the afternoons, each week highlights a different sport. Campers will learn the basics of the sport as well as rules, teamwork and sportsmanship. Campers also enjoy swimming lessons twice a day. Please make sure to pack morning & afternoon snacks, lunch, and water. Instructors: KidSport staff. Monday - Friday, except 7/4.

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<td>8/5 - 8/9</td>
<td>Basketball or Cheer/Dance</td>
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KidSport Before Camp Care: 7:00am - 8:00am

Ages 4 - 13. Pre-camp activities and games, supervised by KidSport staff. Please make sure to select the session corresponding to the same week(s) as your child is in KidSport. Open to KidSport participants only.

<table>
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KidSport After Camp Care: 4:00pm - 6:00pm

Ages 4 - 13. Supervised by KidSport staff, campers can choose between quiet games, activities, or a movie. Games and activities offered will change daily. Free play is encouraged. Please make sure to select the session corresponding to the same week(s) as your child is in KidSport. Open to KidSport participants only.

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Register online at aarecedcamps.com
A2 SPORTS SUMMER CAMPS @ SLAUSON

**Ages: 4 - 13.** A2Sports offers exceptional youth multi-sports programming so your child can learn the fundamentals of various activities, participate in friendly competition and have fun every day. A daily rotating agenda will give your child an opportunity to experience traditional and non-traditional activities like:

- basketball
- capture the flag
- coverball
- dodgeball
- field hockey - NEW!
- floor hockey
- tennis
- soccer
- swooshball
- track & field - NEW!
- volleyball - NEW!
- swimming* and more!

Our campers thrive on our extremely successful reward system that is unique to our program encouraging each individual to succeed with sportsmanship and heart. In addition to all this awesomeness, we can’t forget to add team building and leadership to the A2Sports experience too! All participants will receive a A2Sports t-shirt, water-bottle and medal.

Instructors: A2Sports staff. **Monday - Friday, except 7/4.**

### A2Sports Full Day Camp
9:00am - 4:00pm
Swimming is daily provided pools are operational

<table>
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### NEW! A2Sports Half Day Camp
9:00am - Noon
Swimming is Friday only for Half Day program

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</table>
Youth sports Camps

Questions? Call 734-994-2300, ext. 53226

A2Sports Extended Care @ Slauson
7:30am - 9:00am & 4:00pm - 5:30pm

Ages: 4 - 13. Supervised care with activities and games led by A2Sports staff. Flat fee covers whole week or use on individual days. Please be careful to select the extended care option corresponding to the same week(s) your child is in A2Sports camp. Open to A2Sports participants only. Instructors: A2Sports staff. Monday - Friday, except 7/4.

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<td>7/29 – 8/2</td>
<td>$79</td>
</tr>
<tr>
<td>3424.808</td>
<td>8/5 – 8/9</td>
<td>$79</td>
</tr>
</tbody>
</table>

Playmakers Camp attendees are eligible for A2Sports Extended Care at Slauson the weeks of 6/24 and 7/15.

Baseball Camps

American Baseball Camp Co-Ed

Ages 6-12. Join us for daily hitting, fielding, pitching and outfield stations as well as daily trivia contests with prizes for everyone. Whether you are a new or experienced player you will learn in a safe, structured environment, have fun and gain confidence. Each day, we will work on basic to advanced skills and play baseball. T-shirts provided weekly. Softball players are very welcome. Participants are split by age and experience level for safety. Instructors: GVP Sports Staff. Monday - Friday.

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Time</th>
<th>Instructors</th>
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<tbody>
<tr>
<td>3405.801</td>
<td>6/17 – 6/21</td>
<td>9:45am to 12:30pm</td>
<td>Allmendinger 1</td>
</tr>
<tr>
<td>3405.802</td>
<td>6/24 – 6/28</td>
<td>9:45am to 12:30pm</td>
<td>Allmendinger 1</td>
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<td>3405.803</td>
<td>7/1 – 7/26</td>
<td>9:45am to 12:30pm</td>
<td>Allmendinger 1</td>
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<tr>
<td>3405.804</td>
<td>7/29 – 8/2</td>
<td>9:45am to 12:30pm</td>
<td>Allmendinger 1</td>
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<td>3405.805</td>
<td>8/5 – 8/9</td>
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<tr>
<td>3405.806</td>
<td>8/12 – 8/23</td>
<td>9:45am to 12:30pm</td>
<td>Allmendinger 1</td>
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</tbody>
</table>

American Baseball Camp: T-Ball Co-Ed

Ages 3-5. T-Ball camp uses stations to introduce players to the basic skills of baseball. Players will have a chance to bat, throw, catch and run the bases every day. Low player to coach ratios for better instruction and safety. Sessions are only 40 minutes to keep players interested and engaged. This is a skill building camp without actual game play. Instructors: GVP Sports Staff. Monday - Friday.

<table>
<thead>
<tr>
<th>ID#</th>
<th>Dates</th>
<th>Time</th>
<th>Fee</th>
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</thead>
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</tr>
<tr>
<td>3425.803</td>
<td>7/22 – 7/26</td>
<td>9:00am to 9:40am</td>
<td>$69</td>
</tr>
</tbody>
</table>

Register online at aarecedcamps.com
BASKETBALL CAMPS

Pioneer H.S. Basketball Academy  
Co-Ed: Full Day  
**Ages 9 - 14.** Are you passionate about basketball? Take your game to the next level with the Pioneer Boys Varsity coaches and players. Campers will work through stations, small-sided and full court game play, as well as individual contests. Camp is co-ed.  
Instructors: Pioneer High School boys varsity coaches and players.  
**Monday - Thursday.**  
**ID# 3451.801**  
Fee: $259  
6/17 - 6/20 9:00am to 4:00pm  
Pioneer Main Gym

Pioneer H.S. Basketball Academy  
Co-Ed: Half Day  
**Ages 9 - 14.** Looking to make a significant leap in your basketball skills and development? This camp was designed to do just that. Join Pioneer Girls Varsity coaches and players to improve your fundamentals. Challenge yourself with hands-on skill work through stations, small-sided and full court game play as well as individual contests. Camp is co-ed.  
Instructors: Pioneer High School girls varsity coaches and players.  
**Monday - Thursday.**  
**ID# 3450.801**  
Fee: $149  
7/22 - 7/25 9:00am to Noon  
Pioneer Main Gym

Pioneer H.S. Basketball Academy  
Co-Ed: Half Day  
**Ages 11 - 14.** Experience high school level basketball in this camp for players who have played competitively for at least two years. There will be a heavy emphasis on individual skills that need to be developed to give players a foundation in preparation for high school basketball. Additionally, players will be put through a scaled back version of a typical high school practice: teaching team concepts involving man-to-man defense, ball screen offense and the transition game. The goal of the camp will be to carry these concepts over to live 5-on-5 game action.  
Instructors: Pioneer High School boys varsity coaches and players.  
**Monday - Thursday.**  
**ID# 3452.801**  
Fee: $149  
8/5 - 8/8 9:00am to Noon  
Pioneer Main Gym

**Skyline High School Basketball Academy**  
Co-Ed: Half Day  
**Ages 7-14.** Join Skyline boys varsity coaches and players to improve your game by working on defense and offensive fundamentals. Improve your jump shot, make accurate passes and learn how to attack the basket from perimeter to post. Enjoy skill competitions and scrimmages with new friends. Players will receive a tour of the school as well as Gatorade and snack daily. Camps are split by age.  
Instructors: Skyline HS boys varsity coaches and players staff.  
**Monday - Friday.**  
**ID# 3475.801**  
Fee: $149  
6/24 - 6/28 9:00am to Noon  
Ages 7-10  
Skyline Main Gym

**ID# 3475.802**  
Fee: $149  
6/24 - 6/28 1:00pm to 4:00pm  
Ages 11-14  
Skyline Main Gym

Scholarships are available for all camps.
G-POWERS SPORTS CAMPS

QUESTIONS? Call 734-994-2300, ext. 53226

G-POWERS COMBO CAMPS

NEW! G-Powers Basketball/Soccer Combo

Ages 6 - 11. Why choose one sport when you can have two? Experience both basketball and soccer in this full day camp. In the morning, test your dribbling, shooting and defensive skills on the court. In the afternoon, sharpen your soccer skills with work on ball control, passing, shooting and defense. Coaches will lead skill-building drills and game play. Players will be split by age or ability for safety.

Instructors: G-Powers Training staff. **Monday - Friday.**

**ID# 3412.801** 7/8 - 7/12 9:00am to 4:00pm  
Fee: $299

**G-Powers Basketball/Flag Football Combo**

Ages 6 - 11. Are you an all-around athlete? Experience the best of basketball and flag football in this full day camp. In the morning, test your dribbling, shooting and defensive skills on the court. In the afternoon, step on the turf for some touchdown runs and Sportscenter catches. Appropriate for both beginners and more experienced boys and girls. Coaches will lead skill-building drills and game play. Players will be split by age or ability for safety.

Instructors: G-Powers Training staff. **Monday - Friday.**

**ID# 3413.801** 7/15 - 7/19 9:00am to 4:00pm  
Fee: $299

G-POWERS BASKETBALL CAMPS

G-Powers Basketball: Half Day

Ages 6 - 11. Learn the fast-paced and fun game of basketball in a camp setting. Master the fundamentals of ball control, passing, shooting and defense with engaging drills and small-sided games. Enjoy fun time with friends and challenging physical activity, too. Players will be split by age or ability for safety.

Instructors: G-Powers Training staff. **Monday - Friday.**

**ID# 3402.801** 7/8 - 7/12 9:00am to Noon  
Fee: $169  
CLAUGE GYM

**ID# 3402.802** 7/15 - 7/19 9:00am to Noon  
Fee: $169  
CLAUGE GYM

**ID# 3402.804** 7/29 - 8/2 9:00am to Noon  
Fee: $169  
CLAUGE GYM

**ID# 3402.805** 7/29 - 8/2 1:00pm to 4:00pm  
Fee: $169  
CLAUGE UPPER GYM

G-POWERS SOCCER CAMP

NEW! G-Powers Soccer: Half Day or Full Day

Ages 6 - 11. Did you know soccer is the most popular sport in the world? You can play, too. Learn the correct way to pass and shoot, trap the ball, and practice good defense. We will also review rules of the game. Improve your teamwork and gain game experience through scrimmages and various skill games and drills. Players will be split by age or ability for safety.

Instructors: G-Powers Training staff. **Monday - Friday.**

**ID# 3409.801** 6/24 - 6/28 9:00am to 4:00pm  
Fee: $299  
CLAUGE GYM

**ID# 3409.802** 6/24 - 6/28 9:00am to Noon  
Fee: $169  
CLAUGE GYM

**ID# 3409.803** 6/24 - 6/28 1:00pm to 4:00pm  
Fee: $169  
CLAUGE GYM

**ID# 3409.804** 6/24 - 6/28 9:00am to Noon  
Fee: $169  
CLAUGE GYM

**G-POWERS FLAG FOOTBALL CAMP**

G-Powers Flag Football: PM

Ages 6 - 11. Ready, set, hike! Flag football is fast-paced, high-scoring version of football played with little contact. Make new friends, learn the different positions and challenge yourself with small-sided games and skill-building drills. Appropriate for both beginners and more experienced boys and girls. Players will be split by age or ability for safety.

Instructors: G-Powers Training staff. **Monday - Friday.**

**ID# 3403.801** 7/15 - 7/19 1:00pm to 4:00pm  
Fee: $169  
CLAUGE GYM

Register online at aarecedcamps.com
FIELD HOCKEY CAMPS

Field Hockey Tune Up
Ages 8 - 14. Did you know that field hockey is the third most popular sport in the world with 2 billion fans? Join Coach Mumm and high school players to learn this fast-paced and exciting game. Work on dribbling, passing, shooting and stick skills through fun and creative drills. We will also learn about penalty strokes, penalty corners and team strategies. Camps are split by age.
Instructors: Marsha Mumm, Ann Arbor Rec & Ed official and middle school coach for Greenhills School and high school players.
Monday - Thursday.
Id# 3436.801 6/17 - 6/20 9:00am to 10:30am Fee: $99 Ages 8 - 9 Skyline Track
Id# 3436.802 6/17 - 6/20 10:30am to Noon Fee: $99 Ages 10 - 14 Skyline Track
Id# 3436.803 8/5 - 8/8 9:00am to 10:30am Fee: $99 Ages 8 - 9 Skyline Track
Id# 3436.804 8/5 - 8/8 10:30am to Noon Fee: $99 Ages 10 - 14 Skyline Track

Huron High School Field Hockey Academy
Ages 9-14. Calling all field hockey players to sign up today for our most popular summer camp. Join Huron High School field hockey coaches and players working on fundamentals and advanced field hockey skills. Participate in skill games and scrimmages daily. New and experienced players welcome.
Instructors: Huron High School varsity coaches and players.
Monday - Thursday.
Id# 3459.801 7/22 - 7/25 9:00am to Noon Fee: $169 Huron Turf Field

VOLLEYBALL CAMPS

NEW! Pioneer HS Volleyball Academy
Ages 8-13. Did you know the fastest volleyball serve was clocked at more than 82 miles per hour? You can learn this fast-paced, action-packed game with help from the Pioneer High School Varsity Volleyball team. We will cover the 5 fundamentals of the game (passing, setting, hitting, blocking and serving) and have opportunities to practice these skills in a variety of different creative drills and activities. If you want more personalized instruction, more touches and more fun, this is the camp for you.
Instructors: Pioneer High School varsity volleyball coaches and players.
Monday - Thursday.
Id# 3446.801 6/24 - 6/27 9:00am to Noon Fee: $149 Ages 8 - 10 Pioneer Gym
Id# 3446.802 6/24 - 6/27 1:00pm to 4:00pm Fee: $149 Ages 11 - 13 Pioneer Gym

Junior Golf Camp
Ages 8 - 15. Only two sports have ever been played on the moon, one is javelin throw and the other is golf. Learn the game of astronauts in this camp. Coach Debbie will teach basic golf skills including driving, chipping and putting so that you will feel comfortable on the course. Golf is a great game for kids of all abilities which develops concentration, fitness, emotion-management and etiquette through a fun outdoor activity. All campers will receive daily prizes, certificate and on course play. All levels welcome. Players split by age or ability.
Instructors: Debbie Williams-Hoak, Class A LPGA Teaching Professional, former LPGA Tour Player (Brookside) and Gabe Crowner, Lincoln HS Varsity Boys’ Golf coach (Georgetown).
Monday - Thursday.
Id# 3440.801 6/24 - 6/27 9:00am to Noon Fee: $199 Brookside Golf Course
Id# 3440.802 7/8 - 7/11 9:00am to Noon Fee: $199 Brookside Golf Course
Id# 3441.801 8/5 - 8/8 11:00am to 2:00pm Fee: $199 Georgetown Golf Club
MAIL-IN AND DROP-OFF REGISTRATION FORMS WILL BE RANDOMLY PROCESSED IN DAILY BATCHES BEGINNING MAY 29, 2019.

ONLINE OPTION NOT AVAILABLE FOR SCHOLARSHIPS, SENIOR DISCOUNTS, OR STAFF PASSES/BOEs.

Rec & Ed Policies and General Information

2019 Rec & Ed Cancellation/Withdrawal/Refund Policy for Classes
You will be issued a refund (as paid) minus a $10 processing fee* per class cancelled if:
• A written request of cancellation is received at least three business days prior to the start of the class/activity and sent by US mail, by e-mail to: cancel@aaps.k12.mi.us or received in person at the Rec & Ed office.
• Cancellation requests received less than three business days prior to the first day of a class/activity may be approved for non-refundable credit on your Rec & Ed account for extenuating circumstances.
• No refunds or credits issued after the first date for the class/activity.
*Option to waive processing fee is possible if refund is applied as a non-refundable credit to your Rec & Ed account for future use. See the complete refund policy at a2schools.org/Page/6638. Don’t let your class get cancelled. Please enroll early; classes with low enrollments may be cancelled 3-days before the start date!
• The Summer Camp credit/cancellation policy is available at aarecedcamps.com.

Wait List Policy Participants who register after a class/activity has reached its maximum enrollment will be placed on a wait list for that class.
• A wait list confirmation is mailed
• You will be contacted when an opening is available
• Please do not attend the class/activity for which you are wait-listed until our staff notifies you

If an opening does not occur, payment made with an individual check will be returned to the payer. Payment made with a single check for multiple registrations will be credited to the payer’s account. This credit may be used for future registrations or will be refunded upon receipt of a written request. Credit cards are not charged for class/activity registrations that are wait listed.

Weather & Facility Cancellation Hotlines Rec & Ed activities are cancelled when the Civil Preparedness office issues a severe weather or tornado warning. Rec & Ed activities for youth programs will be cancelled when the National Weather Service issues a tornado warning prior to the start of an activity. When a school is closed due to power loss or other facility problems, the Rec & Ed activities in that school are cancelled. Check our website aareced.com or dial 734-994-2300 followed by the extension.
• Department-wide, Ext. 53114
• Team Sports, Ext. 53115
• Fitness, Ext. 53132
• Tennis, Ext. 53117

Americans with Disabilities Act Access to programs and facilities is intended to be non-discriminatory. Please call at least three weeks in advance if you are requesting a special accommodation. For more information on special accommodations, call 734-994-2300, ext. 53234.

NEW! Scholarship Program (Online registration is not available for scholarship recipients). Fee waivers (scholarships) are available to individuals and families who are permanent residents of the Ann Arbor Public School District, and to families with children enrolled in AAPS. Scholarship application and detailed information are available at the Rec & Ed office, online at a2schools.org/recedscholarships, or you may email: scholarships@aaps.k12.mi.us. This discount may be limited in some classes and camps and additional fees may be assessed. All adults 18 years and older who are scholarship recipients are required to pay a minimum co-pay of $5.00 for each class plus any materials fee. Please read the guidelines you received with your approval letter. Additional information may be obtained by emailing scholarships@aaps.k12.mi.us.

Senior Adult Discount (Online registration is not available for this discount.) Residents of the Ann Arbor Public School District age 65 and older are eligible for a discount up to 25% on one class per term. The discount does not apply to co-sponsored classes, material and supply charges, field trips, golf, or tickets to performances. This discount may be limited/not available for some classes; additional fees may be assessed.

Allergies Our Rec & Ed staff follows the Ann Arbor Schools’ Nut Aware Snack and Nutrition policy. If your child has any allergies or medical conditions of which we should be aware, please indicate at registration.
If your child has an allergy action plan, please let us know at least three conditions of which we should be aware, please indicate at registration.
Snack and Nutrition policy. If your child has any allergies or medical conditions of which we should be aware, please indicate at registration.
Our Rec & Ed staff follows the Ann Arbor Schools’ Nut Aware Snack and Nutrition policy. If your child has any allergies or medical conditions of which we should be aware, please indicate at registration.
If your child has an allergy action plan, please let us know at least three weeks in advance of your child’s participation in a camp or class/activity. For more information call 734-994-2300 ext. 53234.

SAY CHEESE! Photo Policy I understand and agree that the Ann Arbor Public School’s Rec & Ed Department may take pictures or videos of youth and adult participants in any Rec & Ed activity, including camps, classes, team sports, and childcare. Images may be used in Rec & Ed or school district promotional materials (brochures, catalog, website, and social media). For your safety, names will never be used. Rec & Ed will not sell or authorize others to use such photographs for commercial purposes. Enrollment in an activity with Rec & Ed indicates approval.
To opt out, email dishman@a2schools.org.
Rec & Ed Locations
Rec & Ed Office/Conference Room, Classrooms & Lounge ... E-7.5
1515 S. Seventh, E. Wing, Pioneer
Enter at Pioneer High Drive (off 7th Street)

734-994-2300 • www.aareced.com
Hours: Monday-Friday, 8:00AM – 5:00PM
* See holiday hours below
Jenna Bacolor
Executive Director, Rec & Ed
Dr. Jeannce K. Swift
Superintendent, Ann Arbor Public Schools

Ann Arbor Preschool & Family Center ............................................ G-8.5
2775 Boardwalk

CAB – Eberbach Cultural Arts Building ........................................ G-7
1220 S. Forest Ave at corner of Wells Street

Freeman Environmental Education Center .................................. O-1.5
3540 Dixboro Lane, Ann Arbor, MI 48105

High Point 1735 S. Wagner Road .................................................. A-7.5
1819 S. Wagner Road

WISD – Washtenaw Intermediate School District ......................... B-8

Elementary Schools
Abbot 2670 Sequoia Parkway ..................................................... B-4
Allen 2560 Towner Boulevard .................................................. I-9
Angell 1608 S. University ......................................................... H-6
Bach 600 W. Jefferson .............................................................. F-5
Bryant 2150 Santa Rosa Drive ................................................... I-10
Burns Park 1414 Wells Street .................................................. H-7
Carpenter 4250 Central Boulevard ............................................ N-9
Dicken 2135 Runnymede .......................................................... C-7
Eberwhite 800 Soule ............................................................... E-6
Haisley 825 Duncan ................................................................. C-4
King 3800 Waldenwood Drive .................................................. M-5
Lakewood 344 Graalke .............................................................. B-5
Lawton 2550 S. Seventh Street .................................................. D-8
Logan 2685 Traver ................................................................. J-2
A2 Open@Mack 920 Miller ....................................................... F-4
Mitchell 3550 Pittsvview .......................................................... K-10
A2 STEAM@Northside 912 Barton Drive .................................. H-3
Pattengill 2100 Crestland Drive ............................................... I-8
Pittsfield 2543 Pittsfield Boulevard ......................................... L-9
Thurston 2300 Prairie .............................................................. K-2
Wines 1701 Newport Road ....................................................... E-3

Middle Schools
Claugue 2616 Nixon Road ........................................................ K-2
Forysyte 1655 Newport Road .................................................. E-3
Scarlett 3300 Lorraine ............................................................ K-10
Slauson 1019 W. Washington .................................................. D-5
Tappan 2251 E. Stadium Boulevard ......................................... I-7

High Schools
Community 401 N. Division ...................................................... F-5
Huron 2727 Fuller Road .......................................................... K-5
Pioneer 601 W. Stadium Boulevard ......................................... E-7
Skyline 2552 N. Maple Road .................................................. B-3
Pathways to Success 2800 Stone School Road ......................... I-9

Other Rec & Ed Class Sites
Argo Canoe Livery ................................................................. C H-4
1055 Longshore Drive

Allmendinger Park ................................................................. A F-7
On Pauline Street, between S. 7th & Main

Ann Arbor Senior Center ......................................................... B I-7
1220 Baldwin Avenue

Bodies in Balance Studio ....................................................... L D-6
2165 W. Stadium Boulevard

Brookside Golf Course .......................................................... E B-12
6451 Ann Arbor-Saline Road, Saline

Casa di Cesca ................................................................. D J-3.5
2525 Golfside Road

Chippewa Club ................................................................. L O-8.5

County Farm Park ............................................................... E K-8.5
2230 Platt Road

Dorian’s Studio ................................................................. H D-11

Flipside Art Studio, Ann Arbor ............................................ G-6
255 E. Liberty Street, Suite 213B

Forest Hill Cemetery ............................................................ F I-5.5
415 Observatory Street

Lily Weightlifting ................................................................. Z F-10.5
3660 Plaza Drive #1A, Ann Arbor

Mathnasium Learning Center ................................................ K I-8.5
605 East Liberty Street

UM Palmer Field Tennis Courts ............................................. M J-6
200 Observatory Street

Peaceful Dragon School ......................................................... R D-7
1945 Pauline Boulevard, Suite B

PKSA Karate Dojang .............................................................. S H-9.5
2841 Boardwalk

The Farm @ St. Joe’s ............................................................ J O-7
3557 McCauley Drive, Ypsilanti

UM Varsity Tennis Center ..................................................... X G-8.5
2250 S. State Street

Walgreens @ State Street & North University .......................... V H-6
317 S. State Street

Zion Lutheran Church .......................................................... Q E-6.5
1501 W. Liberty Street

Rec & Ed Summer Office Hours:
Monday - Friday, 8:00am - 4:30pm beginning June 17, 2019
Offices are closed May 27 & July 4

Registration begins May 29, 2019
Meet the AAPS Recreational Advisory Commission

Thank you RAC. We appreciate your service to the community!

The Recreational Advisory Commission (RAC) is a citizens’ advisory group that helps Rec & Ed deliver the best programs possible for our residents.

Tim Genyk
Angela Johnson
Chris King
Ruth Kraut, PAC Liaison
Santana Malnaik
Glenn Nelson
Patti Smith

Registration begins May 29, 2019
ANN ARBOR SUMMER FESTIVAL 2019 MAINSTAGE SERIES

SUMMER HAPPENS HERE
175+ CONCERTS & EVENTS, JUNE 14 - JULY 7, 2019
TICKETS ARE AVAILABLE IN PERSON, BY PHONE AT 734.764.2538, OR ONLINE AT A2SF.ORG

VISIT A2SF.ORG FOR EVENT DETAILS

BARBU ELECTRO TRAD CABARET
CIRQUE ALFONSE

THU & FRI
JUNE 20 & 21
8PM
POWER CENTER

EVOLUTION OF A SONERO
FLACO NAVAJA

WED
JUNE 26
8PM
POWER CENTER

WED
JULY 3
8PM
POWER CENTER

DAWES

DAWES

THU
JUNE 27
8PM
POWER CENTER

MELISSA ETHERIDGE

THU
JULY 4
4PM
POWER CENTER

MADELEINE PEYROUX

THE CAPITOL STEPS