

December 2022

Preschool - All Locations (Allen, Bryant, Mitchell, Thurston, Westerman)

Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				Main Entrees <ul style="list-style-type: none"> • Whole Grain Waffle • Buttermilk Pancakes • Vanilla Yogurt • Maple-Flavored Syrup Alternate Entrees <ul style="list-style-type: none"> • Gardenburger on Whole Grain Sides for All Meals <ul style="list-style-type: none"> • Fresh Banana • Hash Brown Patty Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	No Service	
4	5	6	7	8	9	10
	Main Entrees <ul style="list-style-type: none"> • Chicken Nuggets Alternate Entrees <ul style="list-style-type: none"> • Vegan Chic'n Nuggets • Breadstick Sides for All Meals <ul style="list-style-type: none"> • Unsweetened Applesauce • Seasoned Carrots Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Grilled Chicken Breast • Brown Rice Alternate Entrees <ul style="list-style-type: none"> • Gardenburger on Whole Grain Sides for All Meals <ul style="list-style-type: none"> • Pineapple Tidbits • Savory Green Beans Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Cheesy Italian Pull Apart • Creamy Tomato Soup Alternate Entrees <ul style="list-style-type: none"> • Turkey and Cheese Sandwich Sides for All Meals <ul style="list-style-type: none"> • Unsweetened Applesauce • Fresh Broccoli Florets Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain Waffle • Buttermilk Pancakes • Vanilla Yogurt • Maple-Flavored Syrup Alternate Entrees <ul style="list-style-type: none"> • Sunbutter & Banana Roll Up Sides for All Meals <ul style="list-style-type: none"> • Fresh Banana • Tater Tots Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Penne Pasta • Marinara Sauce • Shredded Mozzarella Cheese • Beef Meatballs Alternate Entrees <ul style="list-style-type: none"> • Sunbutter & Banana Roll Up Sides for All Meals <ul style="list-style-type: none"> • Fresh Whole Fruit • Fresh Celery Sticks Milk & Condiments <ul style="list-style-type: none"> • Low Fat Lactose-Free Milk • Skim Milk 	
11	12	13	14	15	16	17
	Main Entrees <ul style="list-style-type: none"> • Crispy Chicken Patty Sandwich Alternate Entrees <ul style="list-style-type: none"> • Vegan Chic'n Nuggets • Whole Grain Dinner Roll Sides for All Meals <ul style="list-style-type: none"> • Sliced Fresh Apples • Seasoned Corn Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Sunbutter & Strawberry Jelly Sandwich Alternate Entrees <ul style="list-style-type: none"> • Sunbutter & Banana Roll Up Sides for All Meals <ul style="list-style-type: none"> • Chilled Peaches • Seasoned Broccoli Florets Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Cheese Pizza Alternate Entrees <ul style="list-style-type: none"> • Turkey and Cheese Sandwich Sides for All Meals <ul style="list-style-type: none"> • California Mixed Fruit in 100% Juice • Savory Green Beans Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Classic American Cheeseburger • Vanilla Yogurt • Syrup Alternate Entrees <ul style="list-style-type: none"> • Gardenburger on Whole Grain Sides for All Meals <ul style="list-style-type: none"> • Unsweetened Applesauce • Smile Potatoes Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	No Service	
18	19	20	21	22	23	24
	Main Entrees <ul style="list-style-type: none"> • Cheese Pizza Alternate Entrees <ul style="list-style-type: none"> • Gardenburger on Whole Grain Sides for All Meals <ul style="list-style-type: none"> • Chilled Peaches • Steamed Broccoli Florets Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Seasoned Turkey Taco Meat • Soft Flour Tortilla • Shredded Cheddar Cheese • Salsa • Low Fat Sour Cream Alternate Entrees <ul style="list-style-type: none"> • Soft Flour Tortilla • Mexican Style Refried Beans Sides for All Meals <ul style="list-style-type: none"> • Sliced Fresh Apples • Seasoned Corn Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Diced Chicken • BBQ Sauce • Whole Grain Dinner Roll Alternate Entrees <ul style="list-style-type: none"> • Cheesy Italian Pull Apart • Marinara Sauce Sides for All Meals <ul style="list-style-type: none"> • Chilled Diced Pears • Savory Green Beans Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Main Entrees <ul style="list-style-type: none"> • Roasted Turkey • Chicken Gravy • Whole Grain Dinner Roll Alternate Entrees <ul style="list-style-type: none"> • Vegan Chic'n Nuggets • Breadstick Sides for All Meals <ul style="list-style-type: none"> • Unsweetened Applesauce • Mashed Potatoes Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk • Skim Milk 	Closed for Winter Break	Closed for Winter Break
25	26	27	28	29	30	31
Closed for Winter Break	Closed for Winter Break	Closed for Winter Break	Closed for Winter Break	Closed for Winter Break	Closed for Winter Break	Closed for Winter Break

Price List Breakfast Price: \$1.75, Reduced Breakfast: \$0.30, Lunch Price: \$2.75, Reduced Lunch: \$0.40, Just a Milk: \$0.60

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.