

Dear Parent/Guardian:

Thank you for applying to enroll with Ann Arbor Public Schools Early Childhood Programs! As part of your child's participation in Preschool, it is necessary for your child to have a:

1. **Complete Physical Exam/Health Appraisal completed every year.**
2. **Physical Exam/Health Appraisal within 12 months prior to the first day of school.**

Please share with your doctor what the Preschool requires as part of the Physical Exam/Health Appraisal.

- Immunizations-Must be up-to date** or an immunization waiver must be completed and signed by the Washtenaw County Health Department.
- Health Appraisal/Physical Exam**-Must be completed, signed, and dated and must list any restrictions or limitations to your child's participation. If your child has any health conditions which require special directions for school personnel or which require medication at school, please discuss this with your doctor and request an Individual Child Health Plan be completed and medication orders be provided specifically to be kept at school.
- Hearing and Vision Screening**-Must be completed at time of Physical Exam/Health Appraisal and the results recorded.
- Blood Pressure, Height, and Weight**-Should be done at time of Physical Exam/Health Appraisal and the results recorded.
- Hemoglobin/Hematocrit**- Blood test done **every 12 months** for Anemia. If you participate in WIC, please call them so they can FAX those results to us at 734-994-2895.
- Initial Blood Lead Test**-Must have occurred **at 24 months or later**.

We understand that this process can be complicated, especially if your child has had a physical exam recently and these tests were not performed. If that is the case, please let us know and we can discuss what options may be best for obtaining the necessary information.

If you or your doctor's office have questions or concerns about any of this, please call the school nurse at (734) 997-1245 Extension 56206.