



Rec & Ed Daily Pre-Screening for COVID-19 Symptoms and Exposure

Fall 2021
Updated 9/17/2021



Rec & Ed follows the [Ann Arbor Public School district's COVID-19 protocols](#), which are based on recommendations from the Centers for Disease Control, American Academy of Pediatrics, and the Washtenaw County Health Department. The protocols aim to reduce the risk of coronavirus transmission during Rec & Ed activities but do not guarantee that it will not occur. AAPS Rec & Ed encourages participants ages 12+ to get vaccinated, as this is the most effective step that individuals can take to protect themselves and others.

I agree to adhere to all COVID-19 safety protocols as currently required by the Ann Arbor Public Schools/Rec & Ed. These include:

- Pre Screening before coming onto AAPS property (see next side)
- Maintaining appropriate physical distance from others while on school property
- Wearing a mask at all times while **within** an AAPS facility (even for those individuals who are fully vaccinated)

I agree that if I or any household member who was present at any Rec & Ed activity is diagnosed with COVID-19 during the same time frame as my class(es), I will contact the appropriate Rec & Ed staff member listed below:

- Adult enrichment, fitness and yoga classes: Holly Klotz at klotzh@aaps.k12.mi.us or Seema Jolly at jollys@aaps.k12.mi.us
- Adult Team Sports: Karen Draves at draves@aaps.k12.mi.us
- Adult/Youth Tennis: Seth Dodson at dodsons@aaps.k12.mi.us



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PRE-SCREENING QUESTIONS

You are responsible for reviewing and responding to the questions below each day that you attend an in-person Rec & Ed program.

1. In the past 24 hours, have you experienced any of the following NEW or UNEXPECTED symptoms:

- | | | |
|--|---|--|
| <input type="checkbox"/> Fever of 100.4 or higher or feeling feverish (chills, sweating) | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> New onset of severe headache, especially with a fever |
| <input type="checkbox"/> New cough | <input type="checkbox"/> Sore throat | |
| | <input type="checkbox"/> Vomiting or diarrhea | |
| | <input type="checkbox"/> New loss of taste or smell | |

If YES → Stay home, contact your health care provider, and seek a COVID-19 test.

2. In the past week, has anyone in your household been diagnosed with COVID-19?

If YES, you are considered a household close contact. Keep the infected person isolated from others. Follow the directions below depending on your vaccination status:

- If you are vaccinated: Continue regular activities if asymptomatic. Get a PCR test 3-5 days after exposure and mask up in all indoor spaces for 10 days from last exposure.
- If you are unvaccinated: Quarantine for 10 days from the date of last close contact with the infected individual. Get tested at least once during the quarantine period.

3. In the past week, have you been in close contact with anyone outside the home who has a confirmed or probable case of COVID-19? The WCHD defines a

community "Close contact" as someone who spends 15+ minutes within 6 feet of an infected person.

If YES → Follow instructions in number 2, above.

Washtenaw County COVID-19 Free Testing Resources: washtenaw.org/3158/Testing