TMS School Counseling Program

Tappan has a Comprehensive Guidance and Counseling Program which provides the complete support all students need to overcome obstacles and achieve their academic, personal/social and career development objectives. The program includes four unique but inter-connected components - Guidance Curriculum, Responsive Services, Individual Student Planning, and Systems Support.

Programs/Services/Supports

Guidance Curriculum
- Academic and career planning
- Anti-bullying and conflict resolution
- Transition planning

Responsive
- Crisis counseling
- Peer programs
- Dropout prevention
- Individual and small group counseling
- Consultation with parents, school staff, administrators and community agencies
- Achievement Team process
- 504 Planning
- Community referrals

Individual
- Curriculum planning
- Educational Development Plan (EDP)/career exploration
- Self-advocacy
- Social connection

System Support
- Guidance needs assessments
- Ongoing professional development
- Community outreach
- Business partnerships
- Parent education
TMS - School Counseling

PROGRAMMING AT A GLANCE

- **Naviance**— Career Education offered all three years in which all students participate in exploring their strengths, interests and connecting those to careers. They also begin their EDP which will follow them through high school.

- **Bullying Prevention Month**— All students participate in activities with guest speakers and through Advisory weekly sessions to learn more about the impact of bullying, how to address it and how to keep themselves safe when using technology.

- **Digital Citizenship**— In partnership with the University of Michigan School of Education, our 6th graders learn about their digital footprint, media literacy, and digital citizenship and safety.

- **Career Day**— This is a culminating event for our 8th graders in which learn about many different careers, as they relate to Career Pathways, from professionals in our community.

- **P2P Depression Awareness**— Students work in collaboration with the University of Michigan Depression Center. The goal of the P2P Depression Awareness Campaign is to educate students about depression, and support them in conveying this knowledge to their peers in order to reduce stigma, raise awareness, encourage help-seeking when needed, and ultimately help to promote the early detection of depression and related illnesses.

- **ABC Group**— TMS Counseling department in partnership with the Washtenaw Area Council for Children (W.A.C.C.) offers the Anti Bullying Club. Members learn to become student leaders, work on leadership projects and have a voice that stands against bullying.

- **TRAILS Group**— A group that uses Cognitive Behavior Therapy to help our students better understand and learn coping strategies to deal with their anxiety and/or depression.

- **Girls Group**— A community run organization that comes to Tappan weekly to work with girls in 7th and 8th grades to support them in their academics, as well as socially. This group will follow them through high school and support their transition to college.

- **Winner's Circle Group**— Accountability, influence and mentorship group for 7th & 8th grade students to increase citizenship, learn life skills and ultimately increase academics. Students have daily interaction with the group facilitator/leader, participating in group counseling and receive support for their personal/social and academic domains.

- **Student Equity Team**— Help lead a group of students in grades 6-8 to discuss and address equity concerns in our building.

- **Magic of Christmas**— Identify families in need and coordinate them getting Christmas gifts for all of their children 18 years old and younger.

- **Anna's Kindness**— Community volunteer opportunities for middle school students.